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Nothing about losing a parent is easy.

The good news is you have someone on your side.

My Parents Are Dead: What Now? is an approachable guide to dealing with the legal, financial, and logistical hurdles of a parent's death written by death doula Becky Robison.

- **FOR PEOPLE EXPERIENCING (OR ANTICIPATING) THE INEVITABLE:** Whether they're in the throes of grief or trying to plan ahead, anyone with mortal parents and a sense of humor will have a use for this book.
- **A FRIENDLY VOICE WHEN YOU NEED IT:** Robison's writing style is friendly, candid, and funny without being flippant—the kind of voice Millennials and younger Gen X want to read at vulnerable times.
- **ADVICE FROM EXPERTS:** Robison has become a trained death doula since losing her parents and starting her website, and for this book she interviews experts from hospice workers to lawyers to morticians.
- **POPULAR WEBSITE:** Robison's website of the same name, which offers similar resources in less detail, has had nearly 50,000 visits to date. She recently started a newsletter and an associated Discord community where people navigating parent death can give each other real-time support.
- **THE PERFECT GIFT FOR CERTAIN OCCASIONS:** Not everyone wants to give or receive a book about death as a gift, but for those who do, this 2c hardcover is a beautiful as well as practical guide.

SELECTED WRITINGS ON DEATH BY BECKY ROBISON



- DeadParentsWhatNow.com - Becky's website that inspired *My Parents Are Dead: What Now?*
- [Laughing in the Face of Death: Joy as Coping Mechanism](#) - *The Conversation Project*
- [My parents are dead—can I afford avocado toast now?](#) - *Salon*
- [My parents are dead. Here are the 5 most important things I've learned as executor.](#) - *Business Insider*
- [Funerals, Meet Millennials](#) - *Connecting Directors*

ABOUT THE AUTHOR: Becky Robison is a writer living in Louisville, Kentucky. A graduate of UNLV's Creative Writing MFA program, she has been published in *Salon*, *Slate*, *Juked*, and elsewhere. After her parents died, she created *My Parents Are Dead: What Now?*—a website documenting her journey through the legal, financial, and bureaucratic aftermath in order to help others do the same. Now a certified death doula, she continues to educate others about death and dying through her writing and public speaking.



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