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208 Pages

## IT'S TIME TO EMBRACE YOUR INNER CRONE!

Tap into the wisdom of age and let this beautiful, giftable book teach you how to take up space, shake off expectations, and live life on your own terms.

Once you hit a certain age, it kind of feels like society expects you to move to a spooky cottage in the woods, grow warts, and intimidate children. But you know what? That sounds great! If you've been looking for permission and encouragement to stop clinging to youth and propriety, *The Crone Zone* is here to help you step into your full bog witch power.

Following in the footsteps of role models from Strega Nona to Baba Yaga, you'll learn to access your innate crone energy through rituals, meditations, inspiration, and relatable advice from your crone guide. You'll find tips for:

- Crone fashion, like picking the perfect caftan for every occasion
- Crone beauty, like embracing your gray hair—or dying it blue
- Crone home decor, like cultivating all-black houseplants
- Crone lifestyle, like making friends with a murder of crows
- And more!

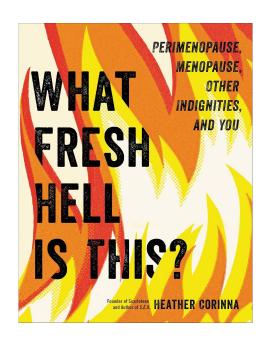
So put on your best black cloak, prepare a cauldron of your favorite beverage, and indulge in a good hearty cackle, because life in the Crone Zone is good—and about to get better.

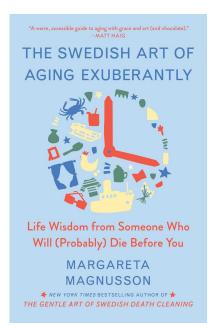
## THIS BOOK IS THE PERFECT GIFT OR SELF-PURCHASE FOR:

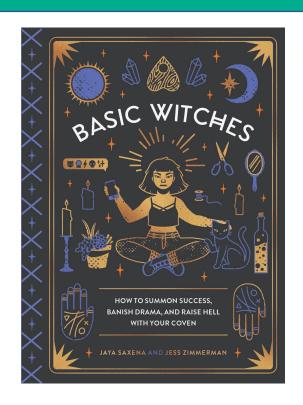
- Women in their mid-30s through 50s who are looking for ways to embrace aging
- Fans of books like Basic Witches and The Green Witch who are ready to graduate to a more mature vision of witchy power
- Gift for any birthday 30 and over, or for under-celebrated milestones like divorce and empty nesting

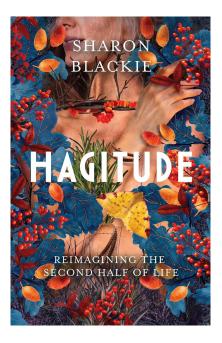
## The Crone Zone joins an array of books on living magically!













ABOUT THE AUTHOR: Nina Bargiel has spent most of her career writing for kids, even though she neither has one nor is one. She's best known for penning the bra episode of Lizzie McGuire, but has also written for The Grim Adventures of Billy and Mandy, Mao Mao: Adventures of Pure Heart, and whatever else her IMDB says. She owns a formerly feral tuxedo cat named Ron Swanson and drives a pink Mini Cooper which once made Angelyne jealous.

**ABOUT THE ILLUSTRATOR:** Pam Wishbow is an illustrator and printmaker living in Seattle. When they're not not hunched over their drawing table, you'll find Pam befriending crows and and other urban wildlife.

