

The Catskills Farm to Table Cookbook



A celebration of the rich culinary heritage and vibrant local produce of the Catskills region.

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“Regional ingredients are put to delicious use in this bright new farm-to-table cookbook.”

—*THE NEW YORK TIMES*

Fresh vegetables and fruit, meat, dairy, wild game, foraged produce—they all take center stage in **THE CATSKILLS FARM TO TABLE COOKBOOK**.

Capturing the true essence of not just the Catskills farm to table movement but also the people behind it, all the benefits of locally grown ingredients are brought to your kitchen table.

In this newly updated edition, which features new recipes, stunning full color photography and fresh looks at local restaurants and businesses committed to local ingredients, **THE CATSKILLS FARM TO TABLE COOKBOOK** is your guided tour to everything this amazing region has to offer!

On Sale: June 17, 2025

COURTNEY WADE (Author, Photographer) lives on a farm in the Catskills in upstate New York and has an intense passion for farm fresh food. Courtney has a degree in graphic design and agricultural business and co-wrote *Pancakes Make People Happy*. **ALEXIS DEBOSCHNEK** (Foreword Writer) is a cook and recipe developer based in the Catskills as well. She has written the cookbook *To the Last Bite*. Before going freelance Alexis was the Senior Test Kitchen Manager at BuzzFeed’s Tasty.

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