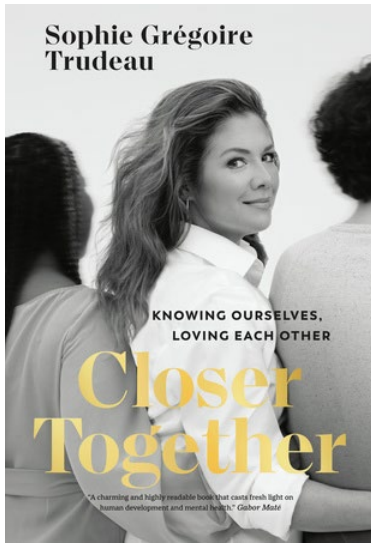




Penguin  
Random House  
Canada

# MENTAL HEALTH & SELF-HELP TITLES

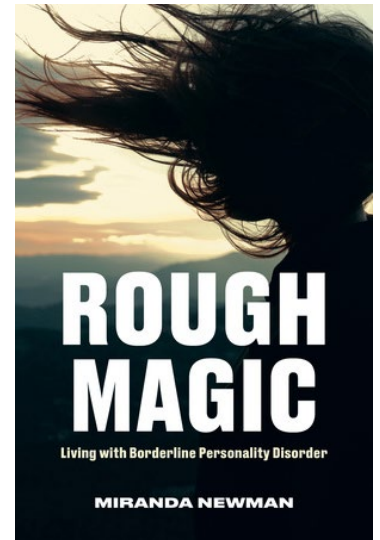
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ON SALE 4/23/2024  
HC: 9781039007444  
\$30.00 US



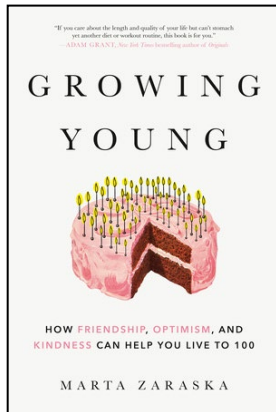
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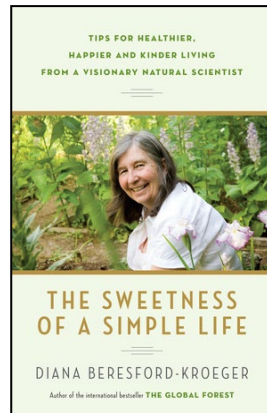
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## PERSONAL GROWTH ADVICE

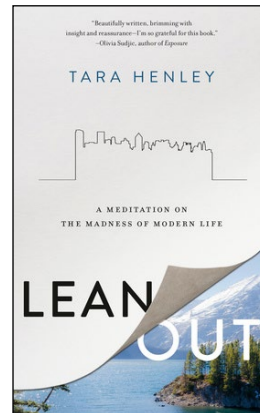
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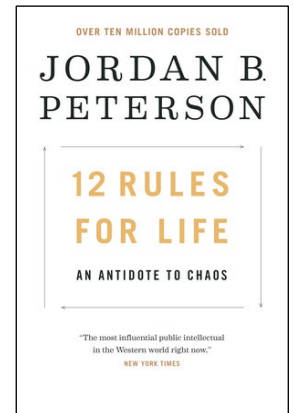
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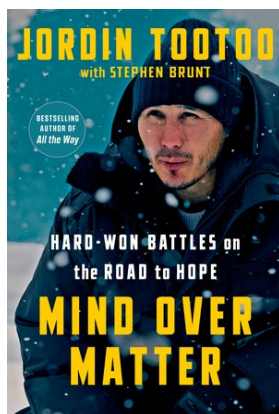


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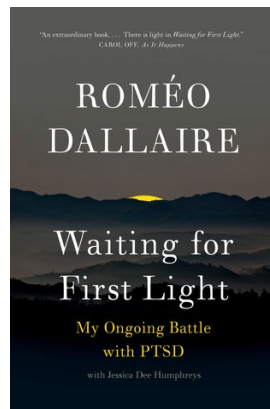


ON SALE 1/23/2018  
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## M E M O I R



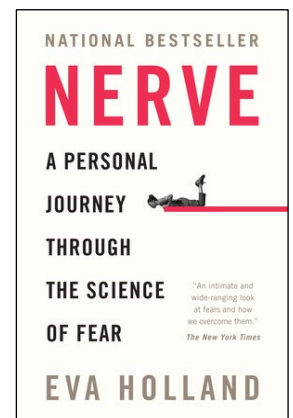
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ON SALE 1/8/2019  
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ON SALE 9/12/2023  
TR: 9780735244634  
\$18.95 US



ON SALE 4/6/2021  
TR: 9780735237353  
\$16.00 US