

# New Indian Basics

By Preena Chauhan and Arvinda Chauhan



The mother and daughter behind Arvinda's premium Indian spice blends share their decades of experience, vibrant recipes, and cooking wisdom with you in this timeless book that you will return to again and again.

In *New Indian Basics*, Preena Chauhan and Arvinda Chauhan present a collection of flavorful, accessible recipes and kitchen wisdom gained from a lifetime of personal and professional experience teaching Indian cooking, where spices take center stage.

There are hearty breakfasts, crave-worthy appetizers, vegetarian and meat mains, classic Indian favorites, celebratory feasts, and much more.

With their clear instructions and signature warmth, this mother-daughter duo will guide you to flawless renditions of Indian dishes, both traditional and modern, with absolute ease.

To learn more about *New Indian Basics*, visit [hyperurl.co/NewIndianBasics](https://hyperurl.co/NewIndianBasics)



**Street-Food Classic**  
Pav Bhaji (pp. 93-94)



**Editor's Pick:**  
Mapled Tandoori Salmon  
with Mint (pp. 194-195)



**Holiday Favorite:**  
Chocolate Orange & Vanilla  
Cardamom Barfi (pp. 236-238)

**appetite**  
by RANDOM HOUSE

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Connect with Preena and Arvinda on Instagram @arvindas  
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