



Penguin Random House

Bestselling Backlist & Fall 2021 Frontlist



Journals

Burn After Writing (Celestial)

Sharon Jones

ISBN 9780593189689

Trade Paperback

\$14.00 USA / \$19.00 Can

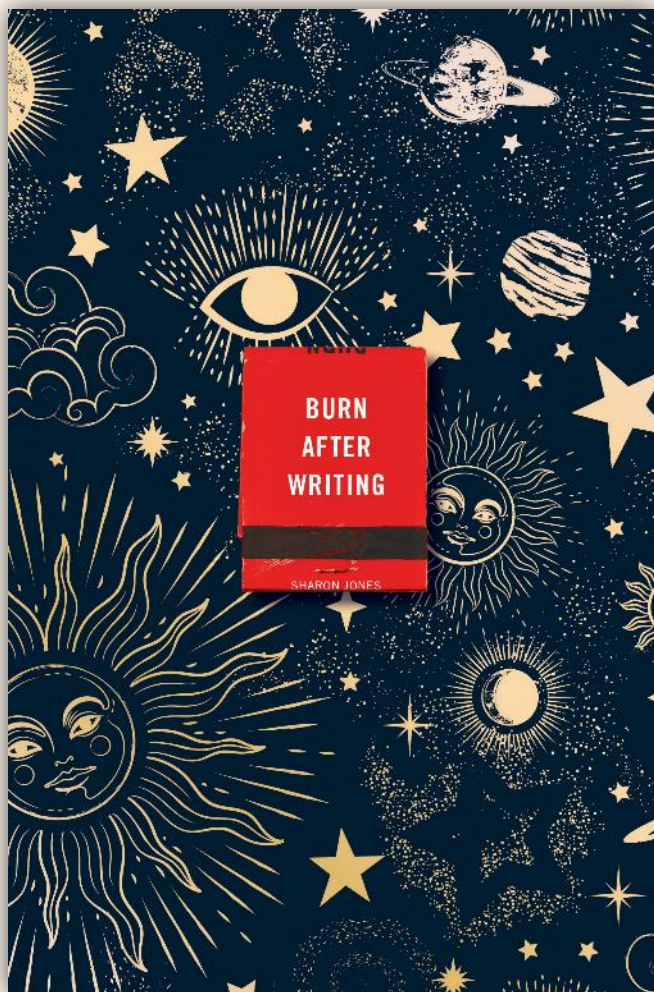
On-sale May 18, 2021

160 Pages

Penguin Adult HC/TR / TarcherPerigee

**New
Title**

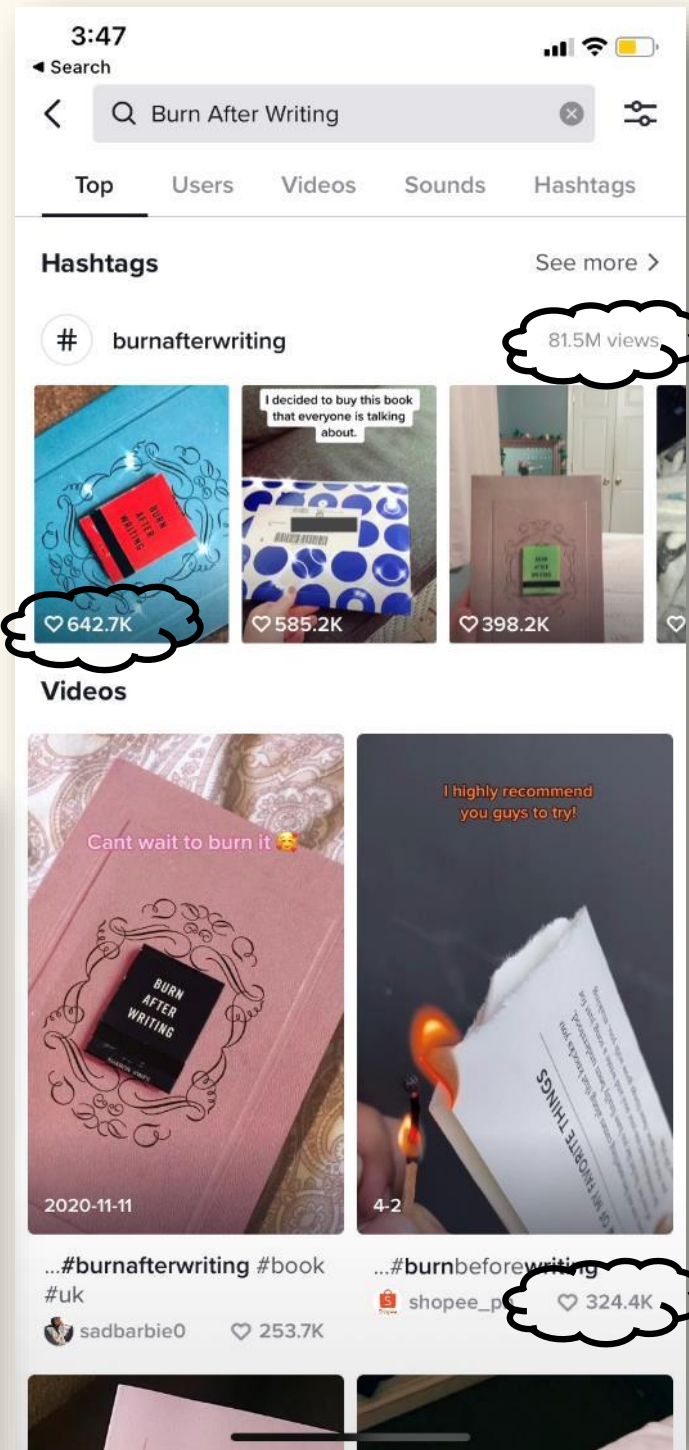
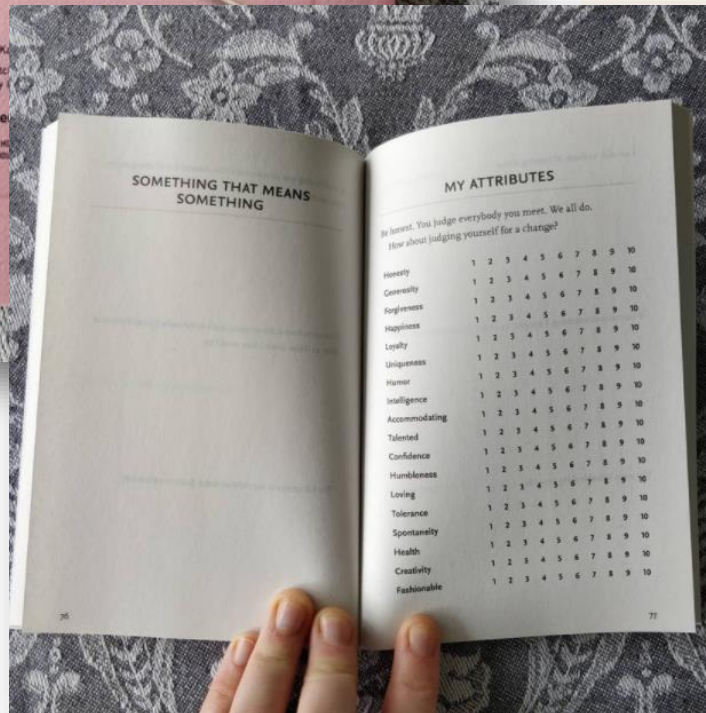
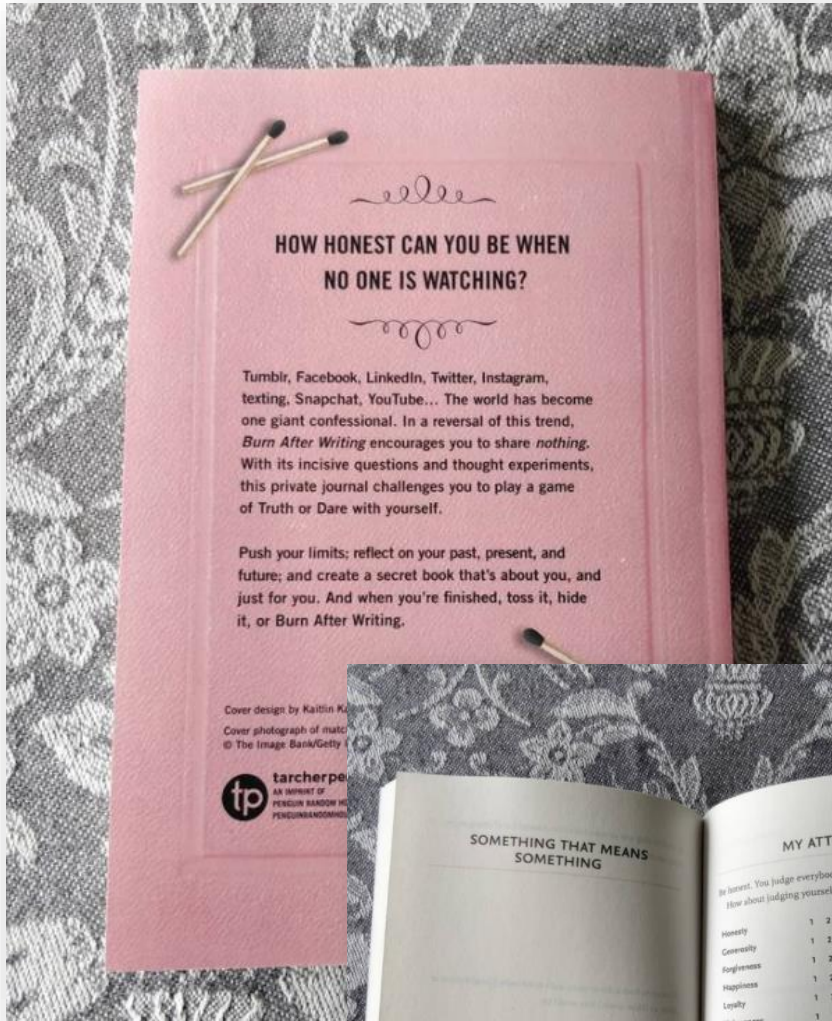
Instagram, WhatsApp, Snapchat, TikTok, VSCO, YouTube...the world has not only become one giant feed, but also one giant confessional. Burn After Writing allows you to spend less time scrolling and more time self-reflecting. **Through incisive questions and thought experiments**, this journal helps you learn new things while letting others go. Imagine instead of publicly declaring your feelings for others, you privately declared your feelings for yourself? **Help your heart** by turning off the comments and muting the accounts that drive you into jealousy for a few moments a night. Whether you are going through the ups and downs of growing up, or know a few young people who are, you will flourish by finding free expression--even if through a few tears! Push your limits, reflect on your past, present, and future, and create a secret book that's about you, and just for you. **This is not a diary, and there is no posting required.** And when you're finished, toss it, hide it, or Burn After Writing.



Other cover styles available



Burn After Writing



Celestial

A Colorable Zodiac Journal

Gabriel Picolo

ISBN 9781944515447

Trade Paperback

\$12.99 USA / \$12.99 Can

On-sale June 6, 2017

112 Pages

Blue Star / Blue Star Press

Practice mindfulness and explore what the stars have in store for you using this beautiful zodiac astrology journal designed by Internet sensation Gabriel Picolo!

Celestial: A Coloring Zodiac Journal features:

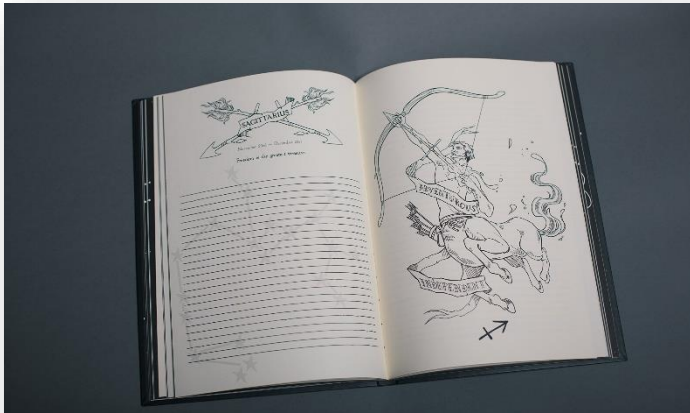
- 12 colorable zodiac symbols & constellations
- Whimsical prompts to inspire your imagination
- Heavy artist-grade paper for any medium
- Journaling pages for reflections and writing your deepest feelings

Psst! Know someone who loves astrology?
Celestial is the perfect Christmas gift idea for friends and family!



Celestial

A Colorable Zodiac Journal



Q&A a Day for the Soul

365 Questions, 5 Years, 1,825 Answers

Potter Gift

ISBN 9781984822734

Non-traditional book

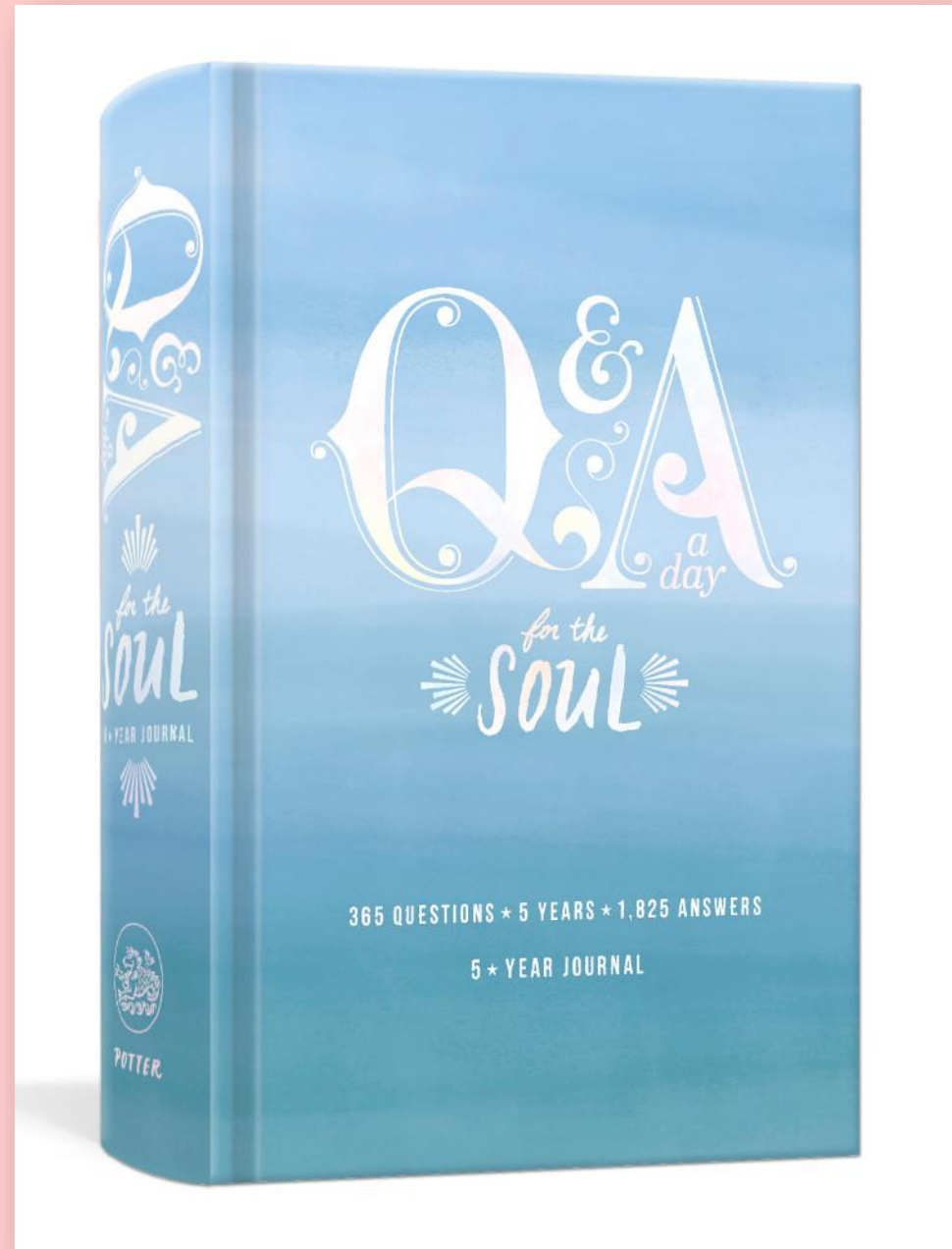
\$16.95 USA / \$22.95 Can

On-sale February 5, 2019

368 Pages

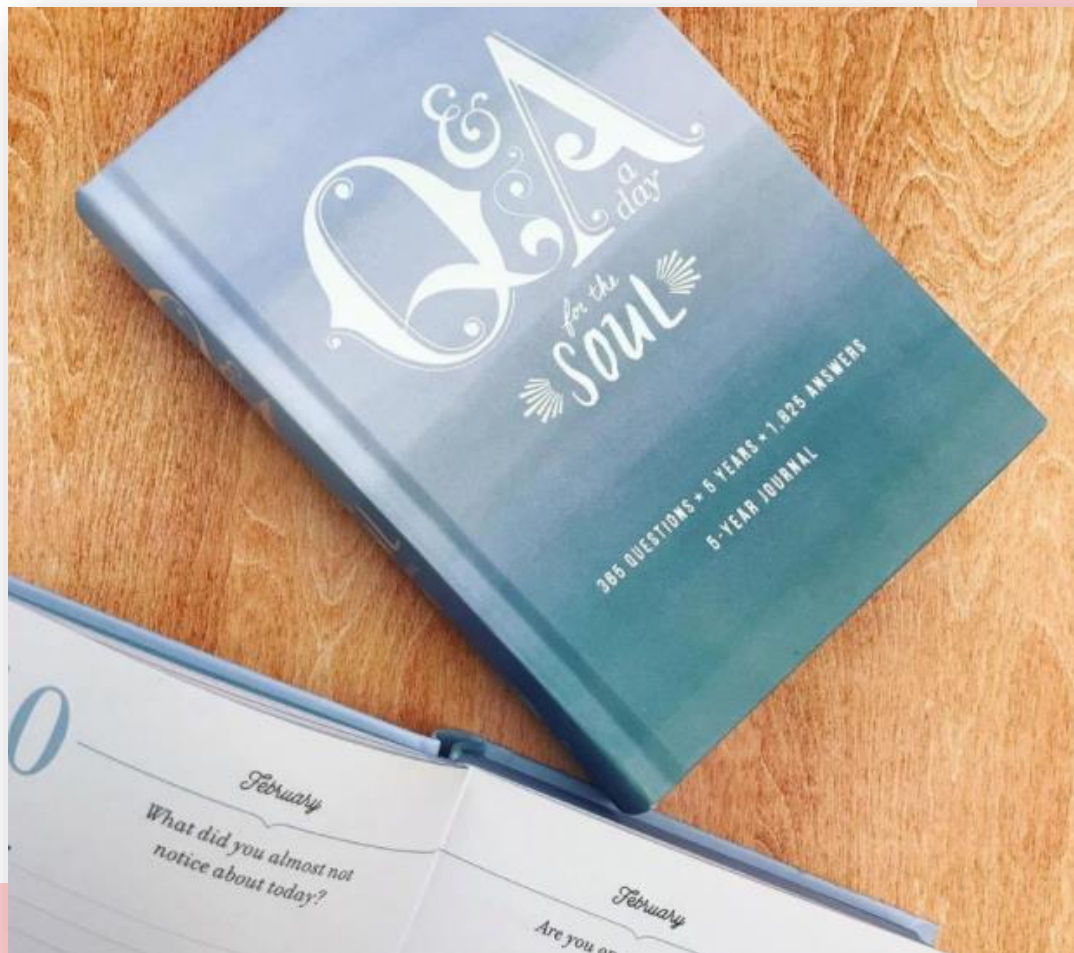
Clarkson Potter/Ten Speed / Clarkson Potter

In the classic Q&A format, this journal was created to help you track **your emotional, psychological, and spiritual growth over five years of your life** in the simplest way possible. You can start at any point in the year. Simply turn to today's date, and take a few moments to answer the question at the top of the page (or don't answer it; it's your journal). When you finish the year, move on to the next section. As the years go by you'll notice how your answers change (or don't). The questions have been developed to encourage you to look inside, dig down deep, and explore **what makes you you**. The diary can be started on any day of the year and is an ideal tool for introspection.



Q&A a Day for the Soul

365 Questions, 5 Years, 1,825 Answers





Dreams

Dreamer's Journal

An Illustrated Guide to the Subconscious

Caitlin Keegan

ISBN 9780525574774

Non-traditional book

\$16.99 USA / \$22.99 Can

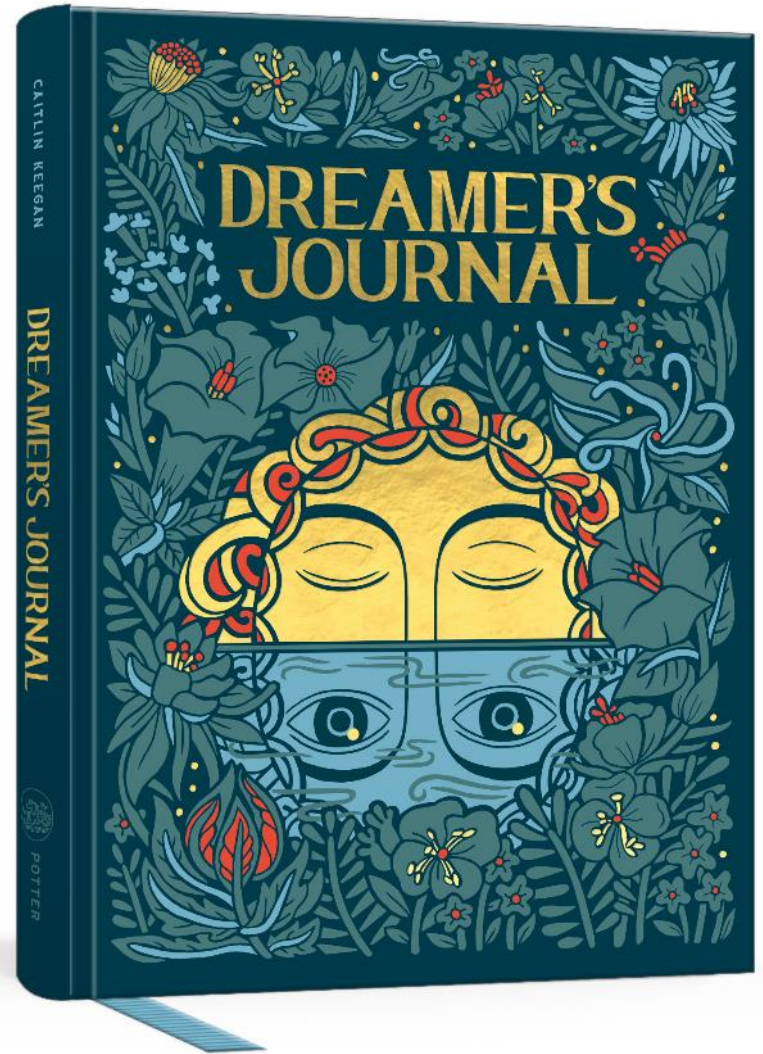
On-sale April 9, 2019

160 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

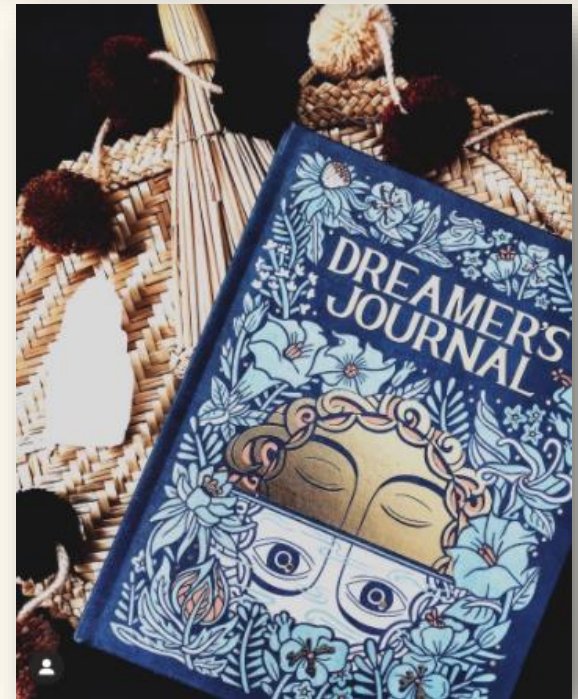
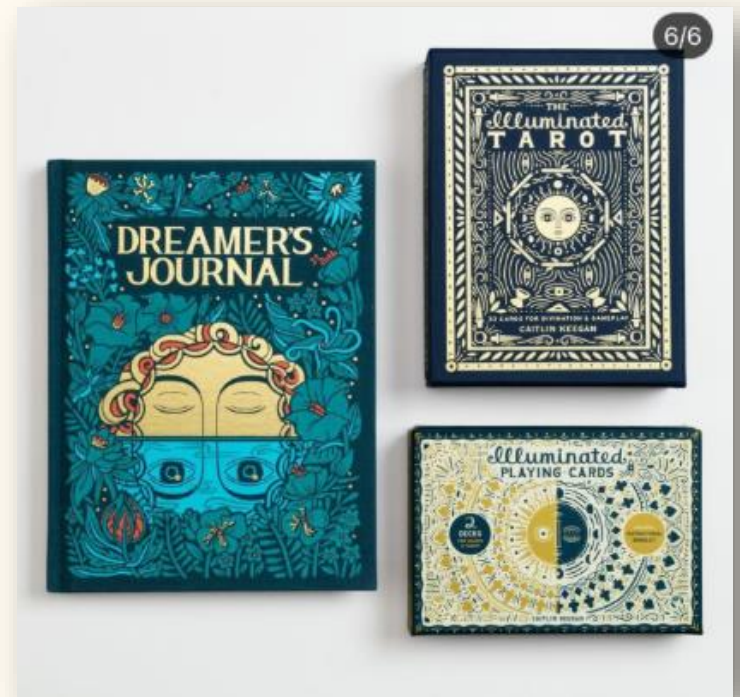
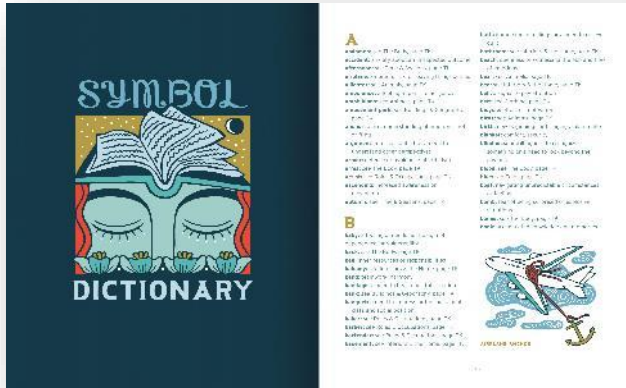
Filled with **information about common dream symbols** and plenty of room for journalers to write and draw out their dreams, Dreamer's Journal is a timeless keepsake for those who want to **analyze their dreams**. Opening with a short introduction to the science of sleep and dreaming, the journal then features a list of prompts to think about as you record your dreams in the pages that follow. Complete with a **dream dictionary organized by theme** (think animals, places, occupations, etc.), this journal will be a go-to for anyone looking to find meaning in their dreams.

From the illustrator of
The Illuminated Tarot



Dreamer's Journal

An Illustrated Guide to the Subconscious



New
Title

Holo
Effect

Dream in Color

A Coloring Book for Creative Minds (Featuring 40 Bonus Waterproof Stickers!)

Brita Lynn

ISBN 9781950968299

Trade Paperback

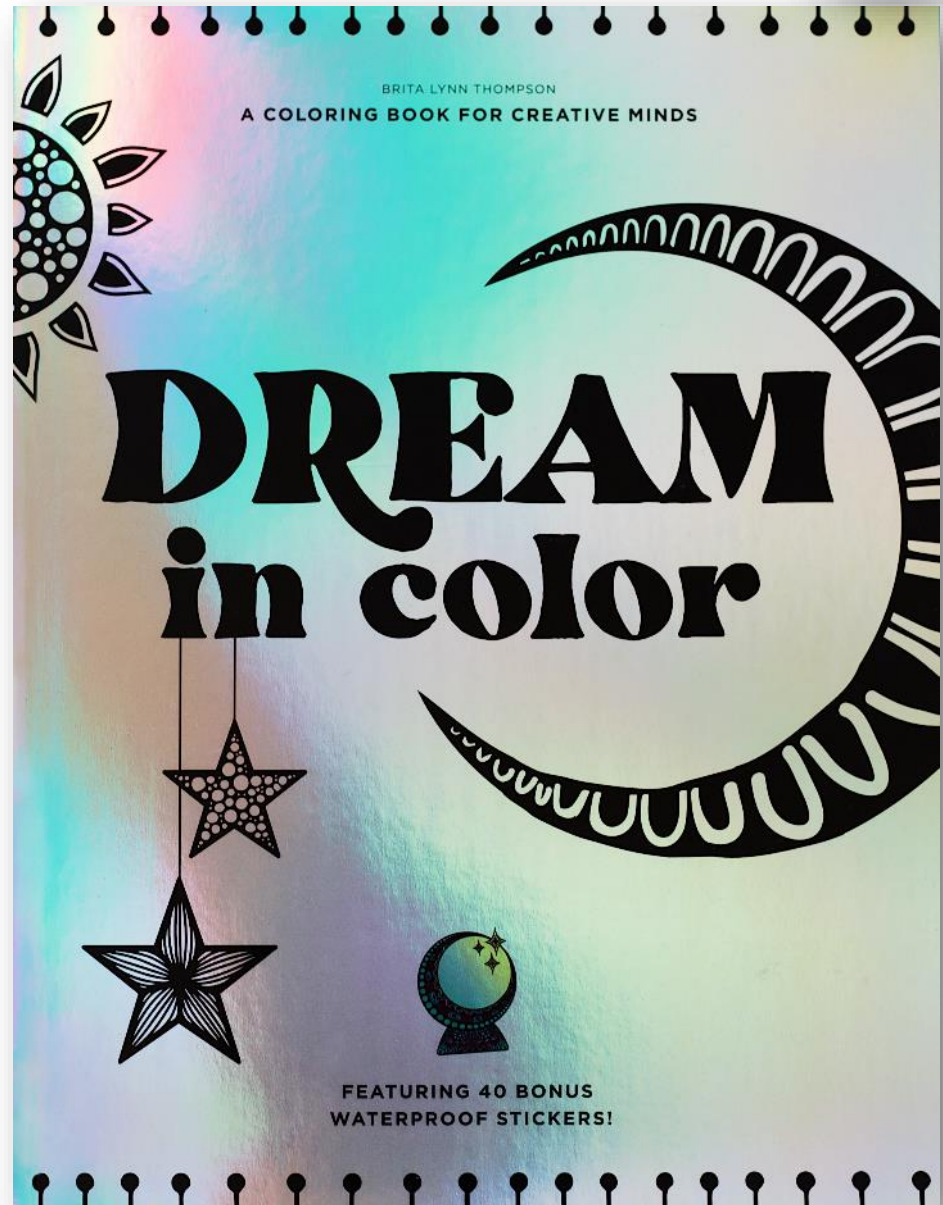
\$14.95 USA / \$19.95 Can

On-sale February 9, 2021

84 Pages

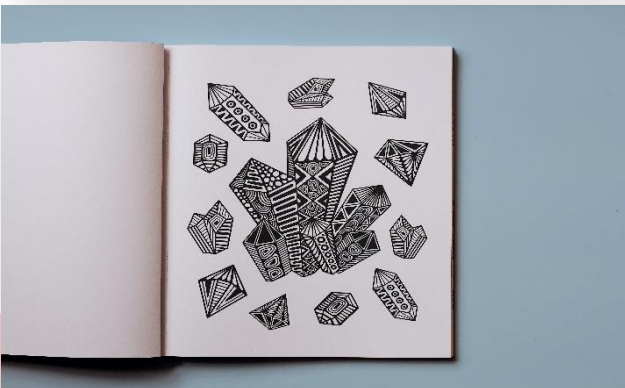
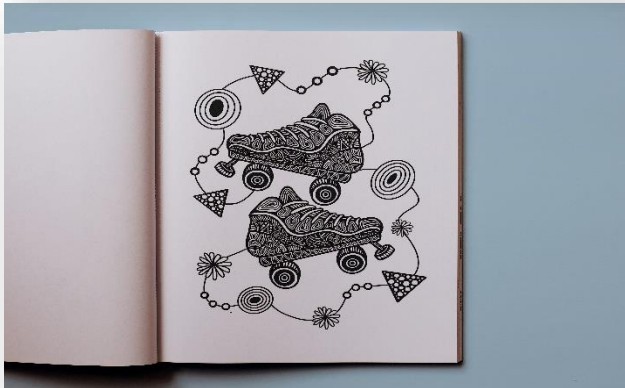
Blue Star / Blue Star Press

Featuring brand new fun patterns with motivational sayings, Dream In Color will **brighten your mood, encourage you to seek adventure**, and inspire you to live life with a sense of wonder. **BONUS 40 stickers** to decorate your laptop, water bottle, or whatever surface needs an artistic touch. The "**Artist Grade**" paper is specifically intended for framing your finished work, or to share it with friends. Inspirational quotes include: - Dreams Don't Work Unless You Do - Make Today an Adventure - Dance Beneath the Stars
Artist Brita Lynn Thompson, a.k.a. @zenspiredesigns, is known for her zenful designs and patterns. Check her out for more artistic inspiration and fun new designs!



Dream in Color

Holo
Effect



The Alchemy of Your Dreams

A Modern Guide to the Ancient Art of Lucid Dreaming and Interpretation

Athena Laz

ISBN 9780593327791

Trade Paperback

\$18.00 USA / \$24.00 Can

On-sale August 31, 2021

256 Pages

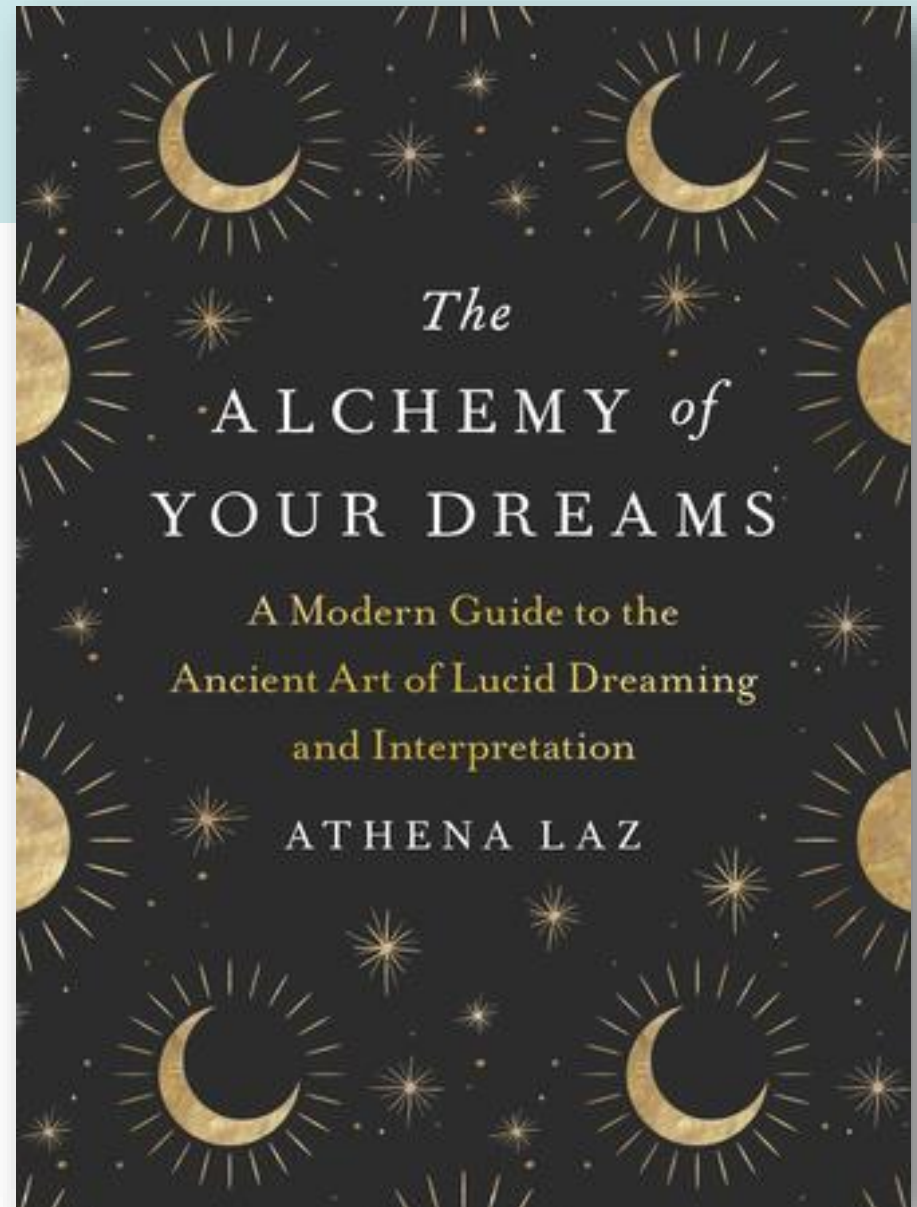
Penguin Adult HC/TR / TarcherPerigee

**New
Title**

What if our dreams really are telling us something? Psychologist and dream expert Athena Laz has dedicated her career to uncovering the wisdom of our dreams and revolutionizing what it means to be in touch with ourselves and the universe. Packed with exercises and step-by-step instructions, **The Alchemy of Your Dreams teaches readers how to interpret their dreams in order to achieve more in their waking lives.** From improved mental well-being to enhanced spirituality, this groundbreaking book provides a road map to:

- Decoding your dreams to uncover their innate guidance
- Learning the ancient art of lucid dreaming & discovering the incredible gifts that accompany the practice**
- Rekindling the connection to your unconscious and subconscious mind through your dreams
- Understanding the specific dream figures and symbols that appear in your dreams
- Exploring the world of consciousness and gaining clarity on who you really are**
- Unleashing creativity and overcoming past pain for greater well-being

For anyone who has ever felt that their dreams have true import and meaning, this book provides the exact tools needed to unravel their symbolism and harness their power to transform our lives.



The Deliberate Dreamer's Journal

Athena Laz

ISBN 9780593421673

Trade Paperback

\$17.00 USA / \$23.00 Can

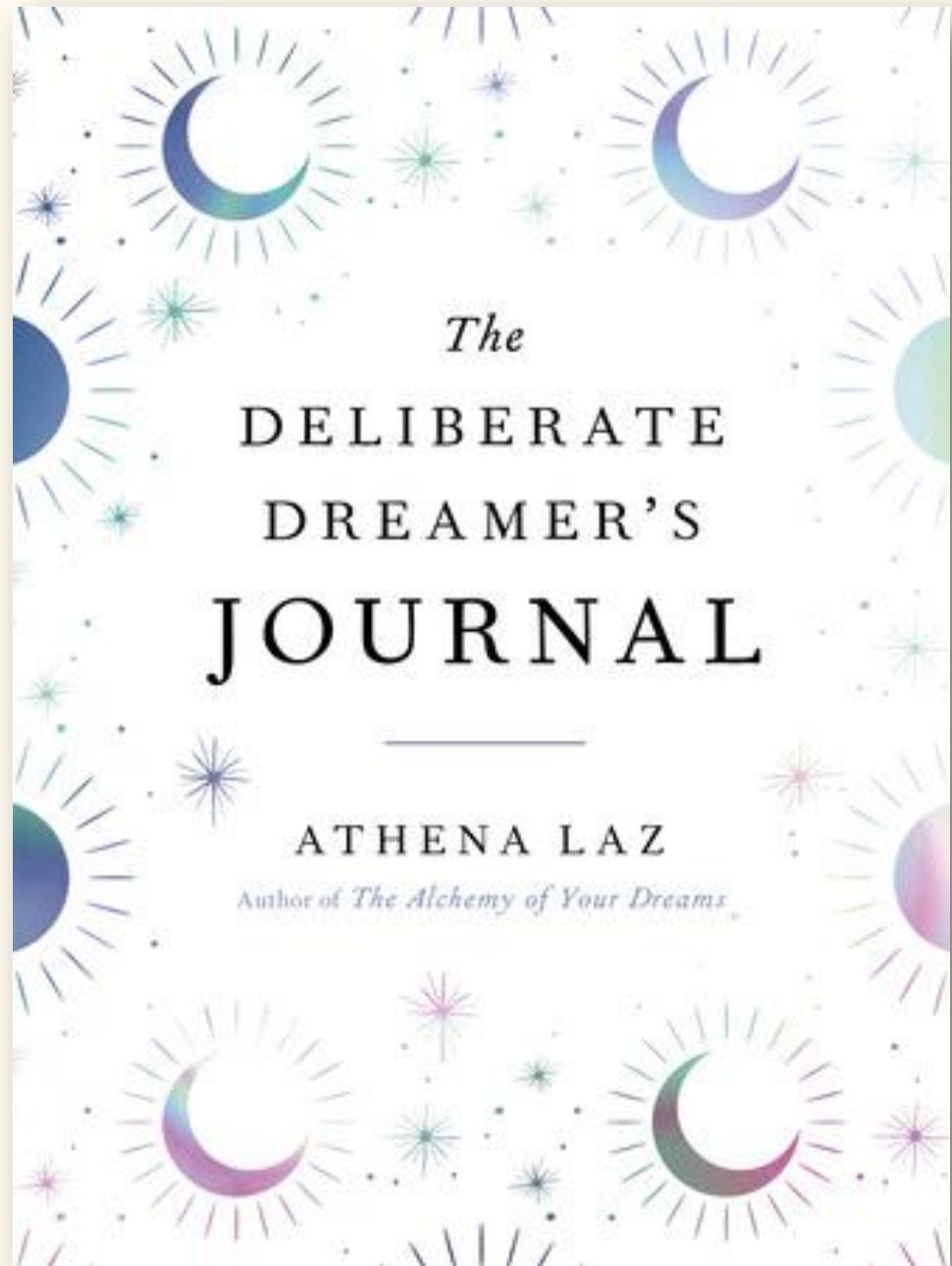
On-sale November 9, 2021

176 Pages

Penguin Adult HC/TR / TarcherPerigee



What if it was possible to truly understand your dreams and unlock all the valuable wisdom they contain? In this companion to her groundbreaking book *The Alchemy of Your Dreams*, Athena Laz provides readers with a **guided journal that will help them interpret their dreams for deeper self-knowledge and understanding**. An essential bedside companion for the deliberate dreamer, *The Deliberate Dreamer's Journal* includes: -**Thoughtful prompts that will help you easily recall each night's dreams and plenty of space to record them.** -Checklists and exercises that will help you explore your dreams in greater depth -A comprehensive thematic dictionary of common dream symbols *The Deliberate Dreamer's Journal* is the essential guide for both novice and expert dreamers looking to discover the power of dreams to inspire and enrich our lives.





Tarot

The Tarot of Light and Shadow

John Matthews

ISBN 9781786784117

Non-traditional book

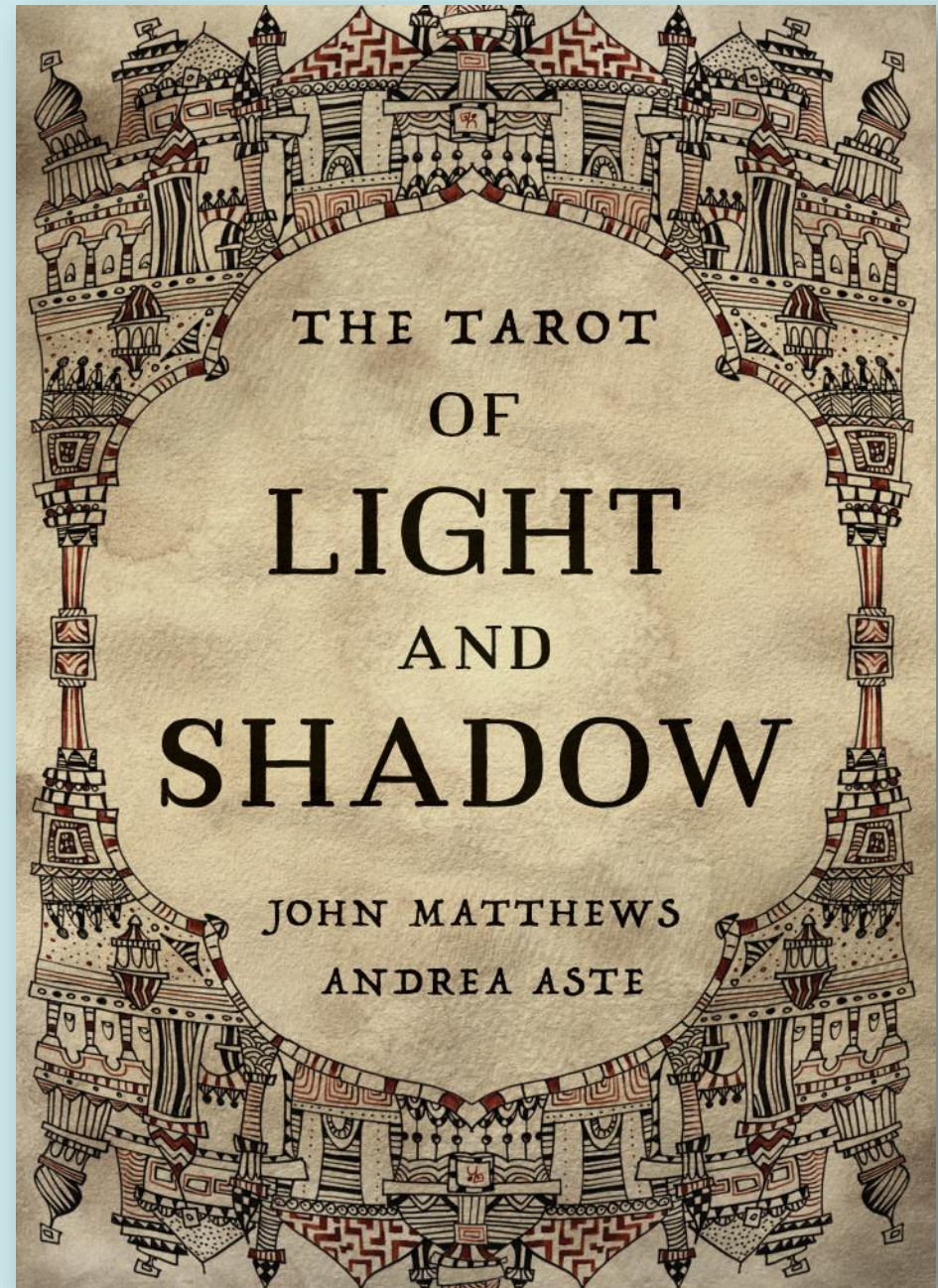
\$44.95 USA / \$46.95 Can

On-sale November 10, 2020

160 Pages

Watkins Media / Watkins Publishing

The Tarot of Light and Shadow presents a new multi-layered way of working with the Tarot: **using two decks to explore the Shadow and Light sides of any questions at once.** Although some professional readers have used this idea with different packs, and to great effect, **this is the first time two Tarot decks have been designed specifically to work together.** In fact, they can be seen not as two separate decks but as one deck appearing in two dimensions. The principle of the two-deck system can be explained as follows: there are two sides to every question and two sides to every answer. Answers come both from within and without. Inner influences as well as outer affect our choices and may dictate our concerns. When we face a problem or issue for which we turn to the Tarot for advice, there are many different ways to approach the query. **The Shadow deck gives you insight into your inner world, your subconscious, your instinct and what is not yet in the light of consciousness, while the Light deck reflects the the outer world, the rational and what is already known about an issue.** This ground-breaking two-deck system allows the reader to explore bothsides of such questions at once, and to find the best way forward in the blending of both answers.



The Tarot of Light and Shadow



Tarot

Connect With Yourself, Develop Your Intuition, Live Mindfully

Tina Gong

ISBN 9781465499387

Hardcover

\$25.00 USA / \$32.00 Can

On-sale October 6, 2020

224 Pages

DK. / DK

Find out how to customize, interpret, and apply the wisdom of tarot to enhance every area of your life - your career, finances, relationships, and more. Get to know each card in detail - meet The Magician, who encourages you to trust in your abilities; connect with the nurturing instincts of The Empress; feel the confidence of The Chariot - and explore the meanings of each card for you. **Discover how tarot readings can illuminate your unique path and lead to tangible, positive actions that you can apply day to day.** Let Tarot guide you on a journey of self-knowledge and self-fulfillment.



Tarot

Connect With Yourself, Develop Your Intuition, Live Mindfully

REAL-LIFE READING | Nyla

THE 12 CARDS:

- 1. The Fool
- 2. The Magician
- 3. The High Priestess
- 4. The Priestess
- 5. The Empress
- 6. The Emperor
- 7. The Hierophant
- 8. The Lovers
- 9. The Chariot
- 10. The Hermit
- 11. The Wheel of Fortune
- 12. The World

THE HIGH PRIESTESS

UPRIGHT	REVERSE
Intuition • Inner voice • Hidden knowledge • Secrets • Mystery • Psychic abilities	Suppression of intuition • Lack of inner voice • Hidden secrets • Denial of psychic abilities

STRENGTH

UPRIGHT	REVERSE
Inner strength • Courage • Bravery • Control • Persistence • Willpower • Confidence	Lack of inner strength • Fear • Cowardice • Lack of control • Persistence • Willpower • Confidence



Angels and Ancestors Oracle Cards

A 55-Card Deck and Guidebook

Kyle Gray

ISBN 9781788170017

Non-traditional book

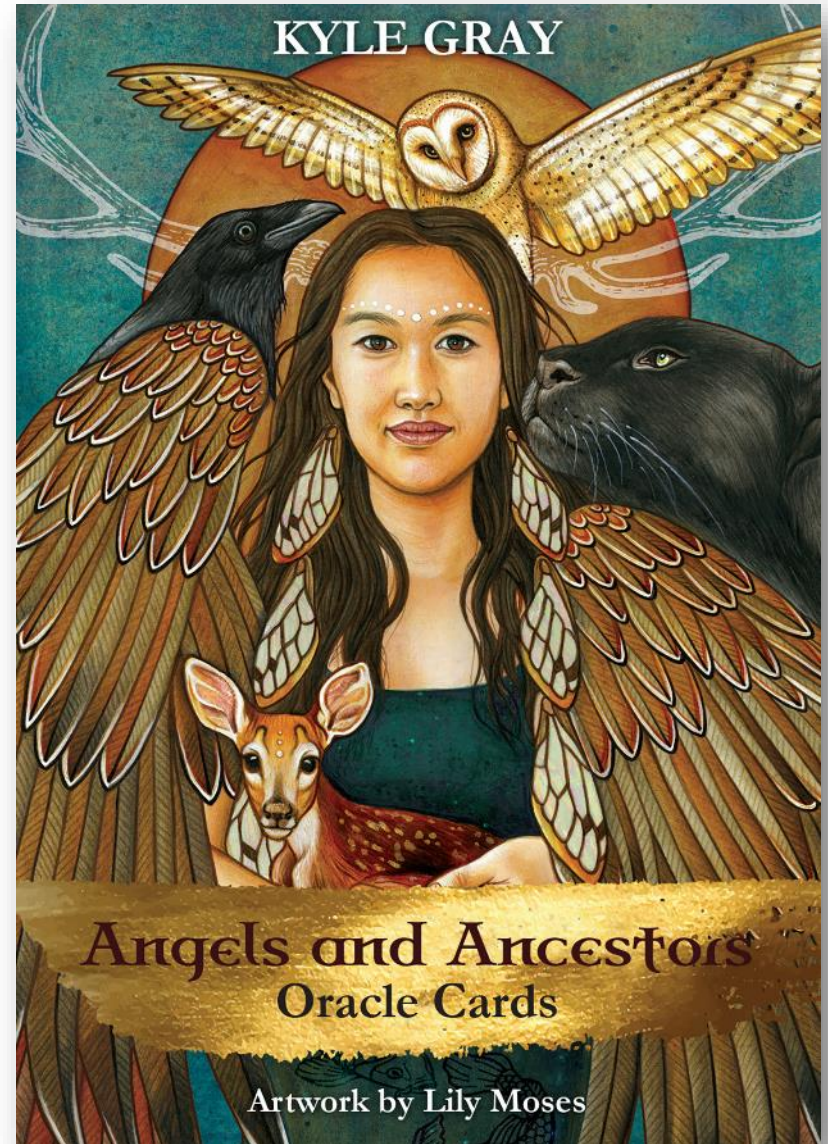
\$21.99 USA / \$28.99 Can

On-sale September 18, 2018

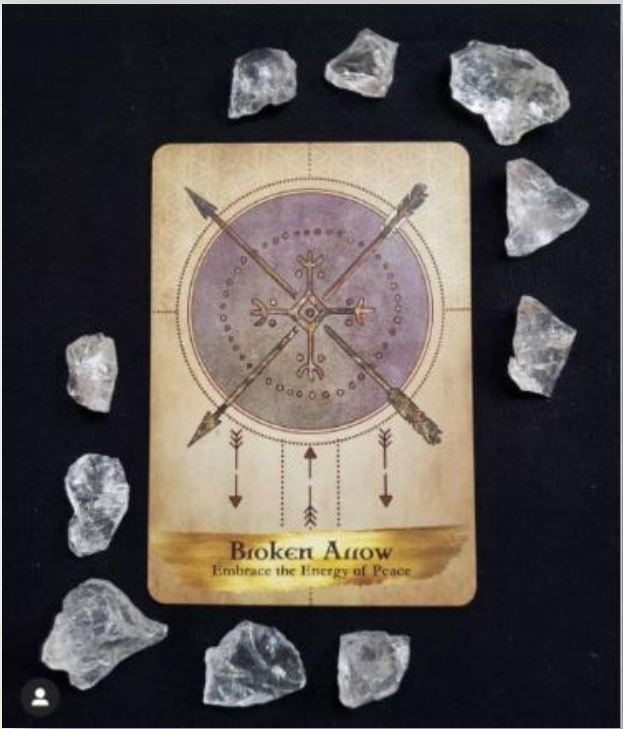
0 Pages

Hay House / Hay House UK

We are surrounded by countless guides who want to share their knowledge with us to bring healing and change. Among them are the Angels and Ancestors. In whichever culture or religion they appear, Angels have always had one mission: to love, help and guide humans. On the earthly plane, Ancestors are the wise ones, healers and warriors who have offered to share their knowledge, experience and magic with us. **In this empowering 55-card oracle deck, Celtic, Native American, Aboriginal and Earth-based spiritualities bridge the gap between this world and the next.** The Angels and Ancestors know what you need to know, and by using the accompanying guidebook you'll learn how to unlock their secrets and messages, and live a life touched by divine, magical guidance.



Angels and Ancestors Oracle Cards



Illuminated

A Journal for Your Tarot Practice

Caitlin Keegan

ISBN 9780593139844

Non-traditional book

\$16.00 USA / \$22.00 Can

On-sale April 6, 2021

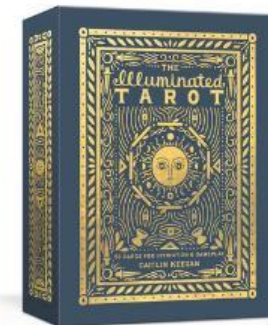
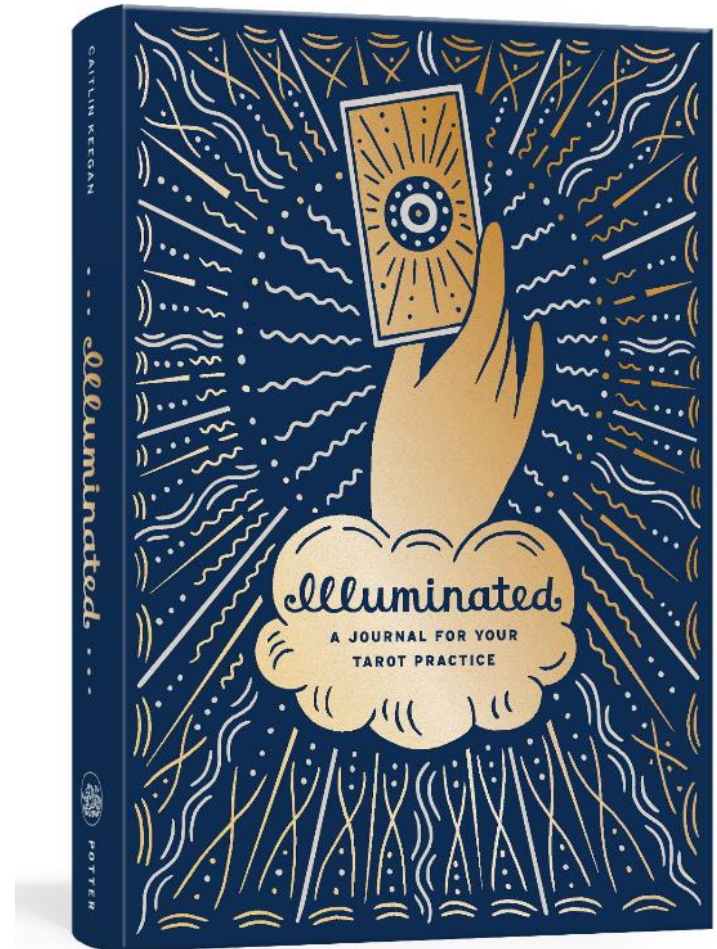
208 Pages

Clarkson Potter/Ten Speed / Clarkson Potter



Illuminated: A Journal for Your Tarot Practice is at once a primer on tarot and a sacred space to record and reflect on your readings. As you cultivate a personal practice—whether you pull a daily card to set an intention or a spread to ask for guidance on a time-sensitive obstacle—this journal is a place to work through tough challenges, come to surprising conclusions, and see things clearly.

Illuminated contains an informative introduction with tips for beginners followed by a glossary of the seventy-eight cards in a standard deck. The common interpretations are listed for each card, **along with a pair of corresponding questions for the reader to reflect on.** The Fool card, for example, typically represents a curious, fearless novice who is open to change and ready for anything. When you pull the Fool, you'll be asked to consider: How can I be more playful and less fearful? What journey is about to begin? As you strengthen your understanding of tarot, Illuminated will help light the way to more introspective readings and a deeper connection to the spiritual world around you.



Matching tarot deck

Illuminated

A Journal for Your Tarot Practice

QUESTIONS FOR CLARITY

As you shuffle your tarot deck, focus on a single question. Ask the cards to reveal the answer you need to hear.

What should I focus on today? This week? This month? This year?

What is most challenging right now?

What should I explore?

What not to do?

What changes are needed?

What should I keep in mind?

CHOOSING A DECK

Choosing a deck often means with you to the way you interpret readings, especially for beginners. A good way to select a deck is to shuffle your cards at random and wherever they usually go, so return to the guidelines at all. The more creatively you are able to respond to your deck, the more and more meaningful your readings will be.

The range of tarot decks available in the world is a testament to both the resource and the flexibility of the tarot system. That said, there are a few prevailing rules of thumb:

- THE RIDER-WAITE-SMITH DECK**
The most commonly referenced deck, the Rider-Waite-Smith deck, was illustrated by Pamela Colman Smith in collaboration with Arthur Edward Waite. The Rider-Waite-Smith deck has contemporary illustrations by Brian Balfanz and fifty-five Minor Arcana. A number of modern decks are "Rider-Waite" in style, with the same basic structure as the Rider-Waite-Smith deck, due to the wide range of symbolism in Smith's work to the field of tarot. Her influences include ancient Egypt, Greek mythology, Christianity, and alchemy.
- TAROT DE MARSILLES**
AND OTHER PLAYING-CARD-INSPIRED DECKS
The first known tarot decks were used for card games. The Italian Visconti-Sforza deck and the French Tarot de Marseilles both date back to the fifteenth century and are comprised of seventy-eight cards, with the "minor" Minor Arcana cards designed like playing cards.
- THE THOTH DECK**
The Thoth deck, created by Aleister Crowley and illustrated by Lady Frieda Harris, differs from other decks because in a few ways: Strength is called Lust, Temperance has been renamed Art, King/Queen is called the Aeon, and the world beyond the unknown. The court cards are the Knight, Queen, Prince, and Princess.
- ORACLE DECKS**
Decks that do not have seventy-eight cards are usually referred to as oracle decks. Oracle decks are more free-form; they can have any number of cards, any underlying structure, and a set of meanings that may vary from one of the aforementioned tarot traditions.

TIPS FOR STRENGTHENING YOUR INTUITION

Reading tarot is an art, one that requires that to be best of this art. A guidebook can be helpful, but you can develop your own style. Here are a few ways to add to your own style:

- Understand the history and symbolism of the deck you're using. If the illustrations in your deck are informed by a specific symbolic, philosophical, or religious tradition, a solid understanding of that tradition will add depth to your readings.

THE MAJOR ARCANA

20

JUDGMENT
RECKONING - ASSESSING - AN ANNOUNCEMENT

As the second to last card in the Major Arcana, Judgement signals to those who seek enlightenment, acknowledgment, truth, and taking responsibility. The experience and achievement of this last Major Arcana card, the 20th, is the result of a right analysis and decision-making. Judgement is a moment that you change to yourself only after we have taken on the burden of our own sins and the past.

The card offers two options: resurrection and rejection. The idea of "Judgement Day" when souls are sorted into heaven or hell. This card represents an announcement in the rest of the day.

- Where in my life can I take responsibility?
- How can I forgive or ask forgiveness?

THE MAJOR ARCANA

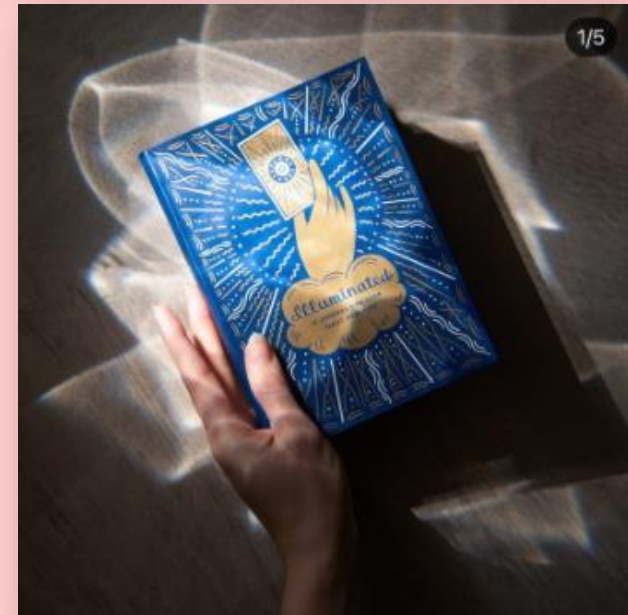
21

THE WORLD
WHOLENESS - PEACE - OPEN MINDEDNESS

In the last card of the Major Arcana, The World, the final card in the Major Arcana, the achievement of enlightenment. This card represents the final step in the journey, with a world of knowledge and understanding that you have in the world. When you have reached the end of the path, you find a sense of peace. We are grateful to reality but able to move when it beyond our immediate perception.

The card offers two options: acceptance or rejection. The World represents a new perspective on reality that is achieved by the final experience of the world, providing it.

- What brings me peace?
- What makes me feel at home in the world?
- How can I be more open-minded?



Illuminated Playing Cards

Two Decks for Games and Tarot

Caitlin Keegan

ISBN 9780525574781

Non-traditional book

\$16.99 USA / \$22.99 Can

On-sale April 9, 2019

106 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

As a follow-up to Caitlin Keegan's successful tarot deck, Illuminated Playing Cards is a beautifully boxed set of two decks of playing cards, complete with a pamphlet including the **rules to four popular card games and an easy three-card tarot reading**. For those who want to use the deck for tarot readings, the pamphlet also contains a list of each card and its meaning as it corresponds to a traditional tarot card deck.



Meryl Tarot

A look into the future through Meryl Streep

Illustrated by Chantel de Sousa

ISBN 9781922417510

Non-traditional book

\$24.95 USA / \$33.50 Can

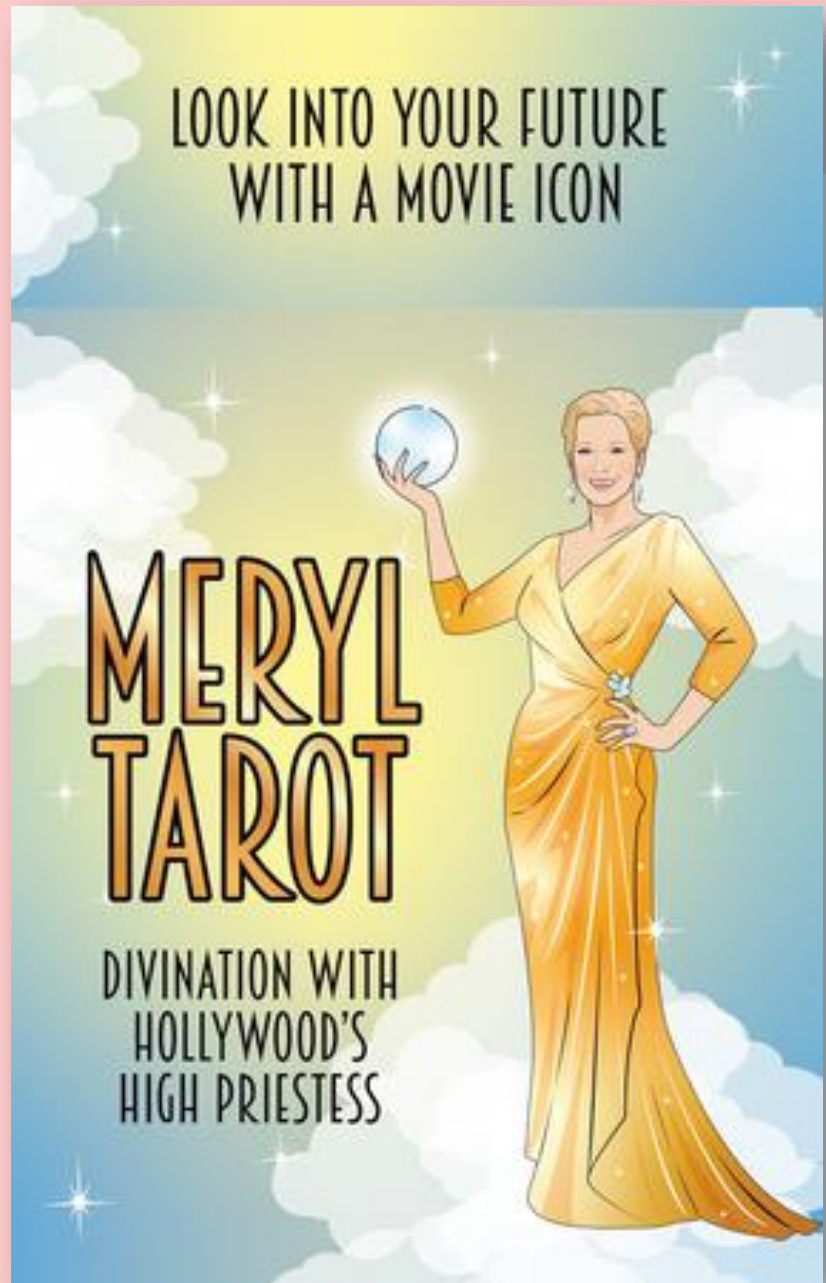
On-sale October 19, 2021

78 Pages

Rizzoli / Smith Street Gift

**New
Title**

Printed on high-quality card material, and packaged in a handy un-bendable box, this unofficial tarot deck celebrates the legacy of Meryl Streep. With more credits to her name than cards in tarot, and 21 Academy Awards to boot, she's a guiding beacon for us all to follow when times are unclear. **This deck is based on the structure of the classic Rider-Waite, with each card featuring a character from her career's many highlights.** And hey: if your future, as ordained by these cards, ain't looking so bright - just turn on one of your favorite movies she's been in and lose yourself in her RAW talent. Meryl, we're not worthy.





Millennial Loteria Collection

Millennial Loteria

Mike Alfaro

ISBN 9781944515805

Non-traditional book

\$24.95 USA / \$24.95 Can

On-sale December 4, 2018

0 Pages

Blue Star / Blue Star Press

"You need this Millennial Loteria for your next game night."

-Latina Magazine "Loteria cards got a genius millennial makeover." -The Chicago Tribune "OMG, can you even?"

Millennial Loteria is a hilarious and insightful parody of the classic "Mexican Bingo" game called Loteria, but this time, it's like way more millennial. Born from the viral Instagram account @MillennialLoteria, this game reimagines La Dama as La Feminist, as El Hipster, and Las Jaras as La Hashtag. Filled with nostalgia and ironic humor, it's guaranteed to make your next fiesta be lit AF. So grab your bitcoins, get a couple of your fave followers together, and prepare to yell "Yaaaaasssssssssss, Millennial Loteria!"

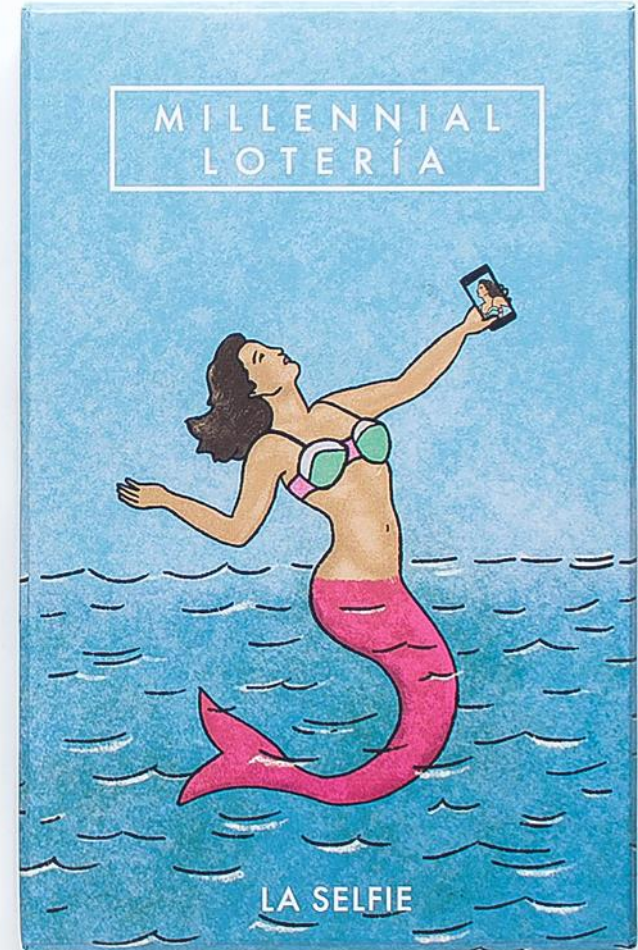
Each set includes:

-46 cards

-10 boards

-80 bitcoin tokens

-and a collectible Millennial Loteria pin!



Millennial Loteria



Millennial Lotería: El Expansion Pack

Mike Alfaro

ISBN 9781944515812

Non-traditional book

\$14.99 USA / \$19.99 Can

On-sale October 29, 2019

20 Pages

Blue Star / Blue Star Press

Millennial Lotería took the world by storm with its hilarious and extremely relatable parody of Lotería, the classic "Mexican Bingo" game. Now you can take your obsession to the next level and play with up to 20 of your fave followers with this new expansion pack, which includes: **-10 new Millennial Lotería cards (Including 1 special "Shiny AF" card)** -10 extra playing boards -80 extra bitcoin tokens OMG IMPORTANT INFO: This expansion pack only works when combined with the full Millennial Lotería game, which is sold separately. If you don't own it yet, add it to your cart ASAP!



Millennial Lotería: El Puzzle

Mike Alfaro

ISBN 9781950968480

Non-traditional book

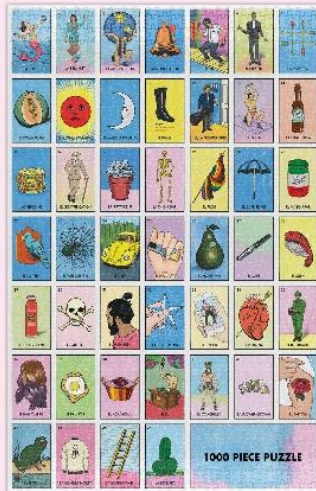
\$22.95 USA / \$29.95 Can

On-sale November 2, 2021

0 Pages

Blue Star / Blue Star Press

The hilarious parody of the popular Mexican bingo game has been flipped on its head again. If you loved playing Millennial Loteria with all your BFFs, then you'll love the challenge of putting together this colorful, fun, and durable jigsaw puzzle inspired by the brand that The Chicago Tribune said gave loteria "a genius millennial makeover." **This puzzle features: -1000 pieces -19.68" x 27.55" dimensions**



1000 PIECE PUZZLE

El Tarot Deck

Millennial Lotería Edition

Mike Alfaro

ISBN 9781950968664

Non-traditional book

\$24.95 USA / \$34.95 Can

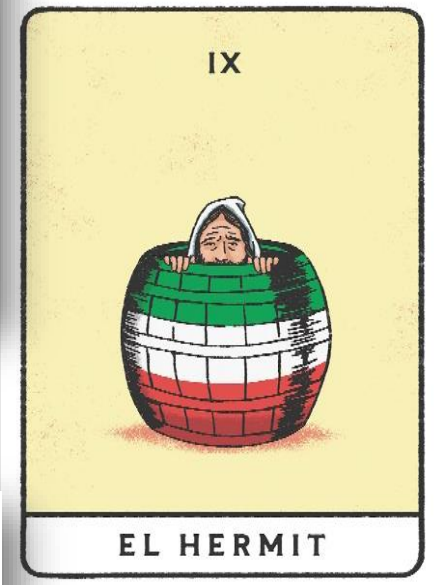
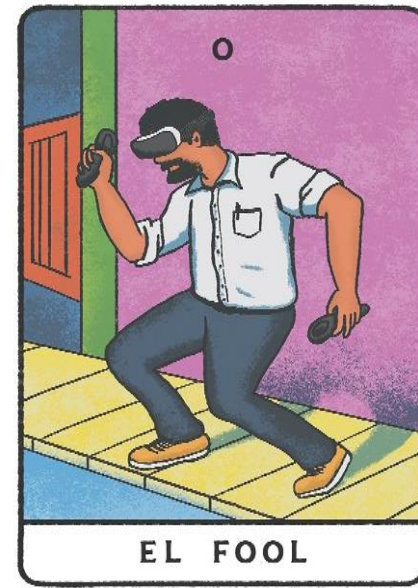
On-sale October 5, 2021

0 Pages

Blue Star / Blue Star Press



The classic game of Loteria drew a lot of inspiration from the ancient practice of Tarot. This deck explores the similarities between these two timeless traditions with a modern twist—finally reuniting these long lost primos to help you reconnect with your Latinx magic. One common misconception is that Tarot is a practice used only to predict the future, but this Millennial Loteria Tarot Deck is specifically designed to help you better understand your present and get in touch with your heritage. **The only person in charge of your future is you, so the guidebook accompanying this 78-card tarot deck focuses on self-reflection and inspiration for your goals, all done with a sprinkle of Millennial Loteria humor.**



Millennial Loteria: La Shiny AF Edition

Mike Alfaro

ISBN 9781950968206

Non-traditional book

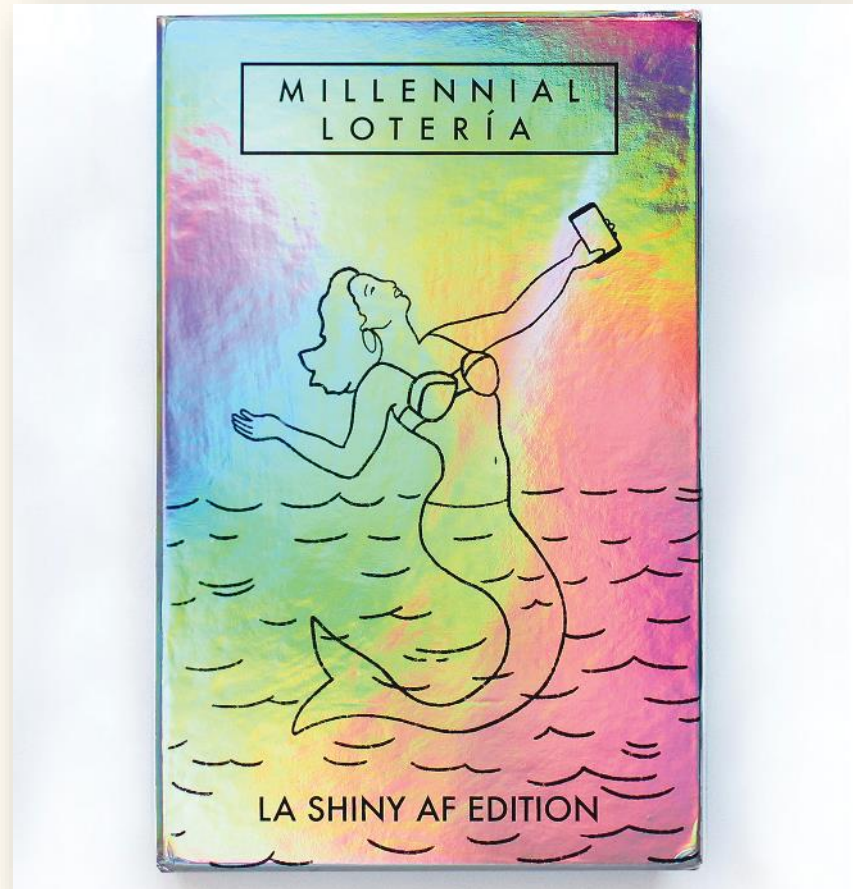
\$44.95 USA / \$59.95 Can

On-sale November 17, 2020

0 Pages

Blue Star / Blue Star Press

Every single card and board in this premium edition got a glow-up to guarantee your party is more lit than ever. Born from the viral Instagram account @MillennialLoteria, this game is a modern twist on the popular "Mexican Bingo" and features extra boards, cards, and bitcoins for up to 20 players. **Millennial Lotería Shiny AF features:** - **56 Iridescent Cards (a combo of our original favorites made shiny + new cards that are funny AF)** -20 Game Boards -160 Bitcoins -1 Enamel Pin -...All in one Shiny Box No filter necessary, the Millennial Lotería La Shiny AF Edition already shines bright like a diamond! **OMG IMPORTANT INFO: This Shiny AF version is a stand alone game, and is not an expansion pack to be combined with other game sets.**



Millennial Loteria





Activity

Heyday

A Retro Flower Design Coloring Book

Alli Koch

ISBN 9781950968459

Trade Paperback

\$14.95 USA / \$19.95 Can

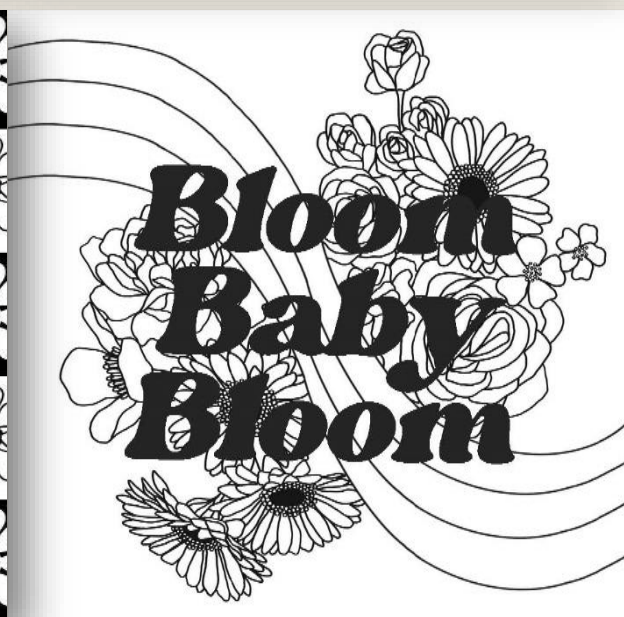
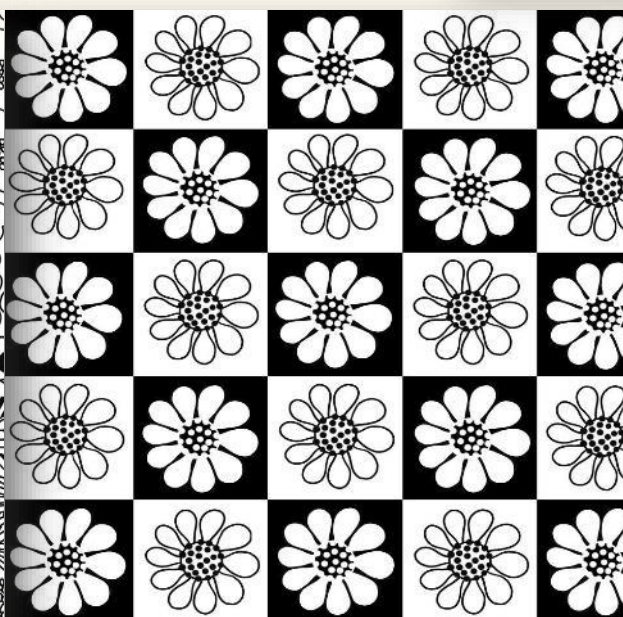
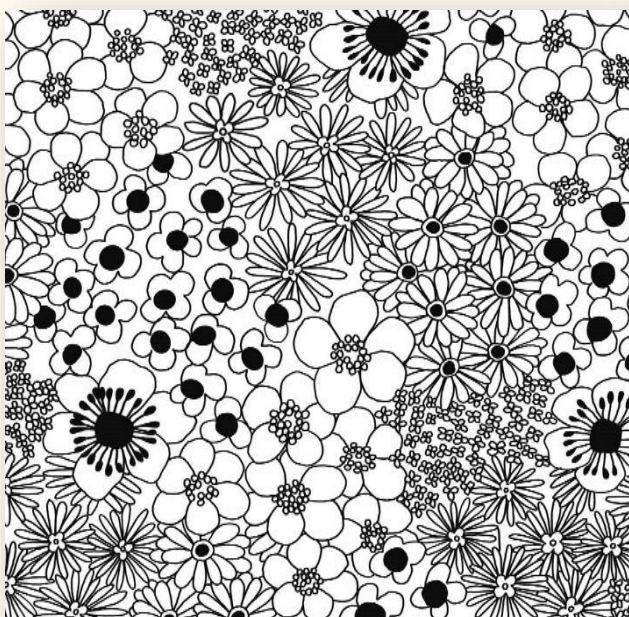
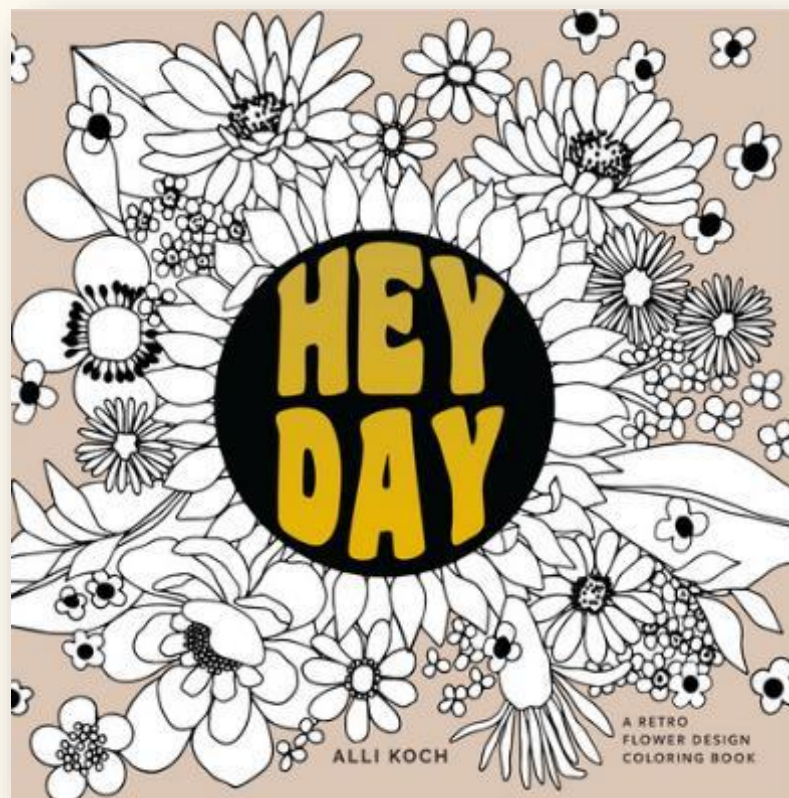
On-sale October 5, 2021

82 Pages

Blue Star / Paige Tate & Co

Heyday includes 40 illustrations, including bonus **velvet coloring pages**, hand-drawn by bestselling author and artist Alli Koch of Alli K Design. With a variety of her signature floral drawings, as well as throwback patterns inspired by the '60s and '70s, Alli invites you to bring these blank pages to life with your favorite colors.

New
Title



Velvet Coloring Posters

Modern Floral Frameable Wall Art

Alli Koch

ISBN 9781950968169

Non-traditional book

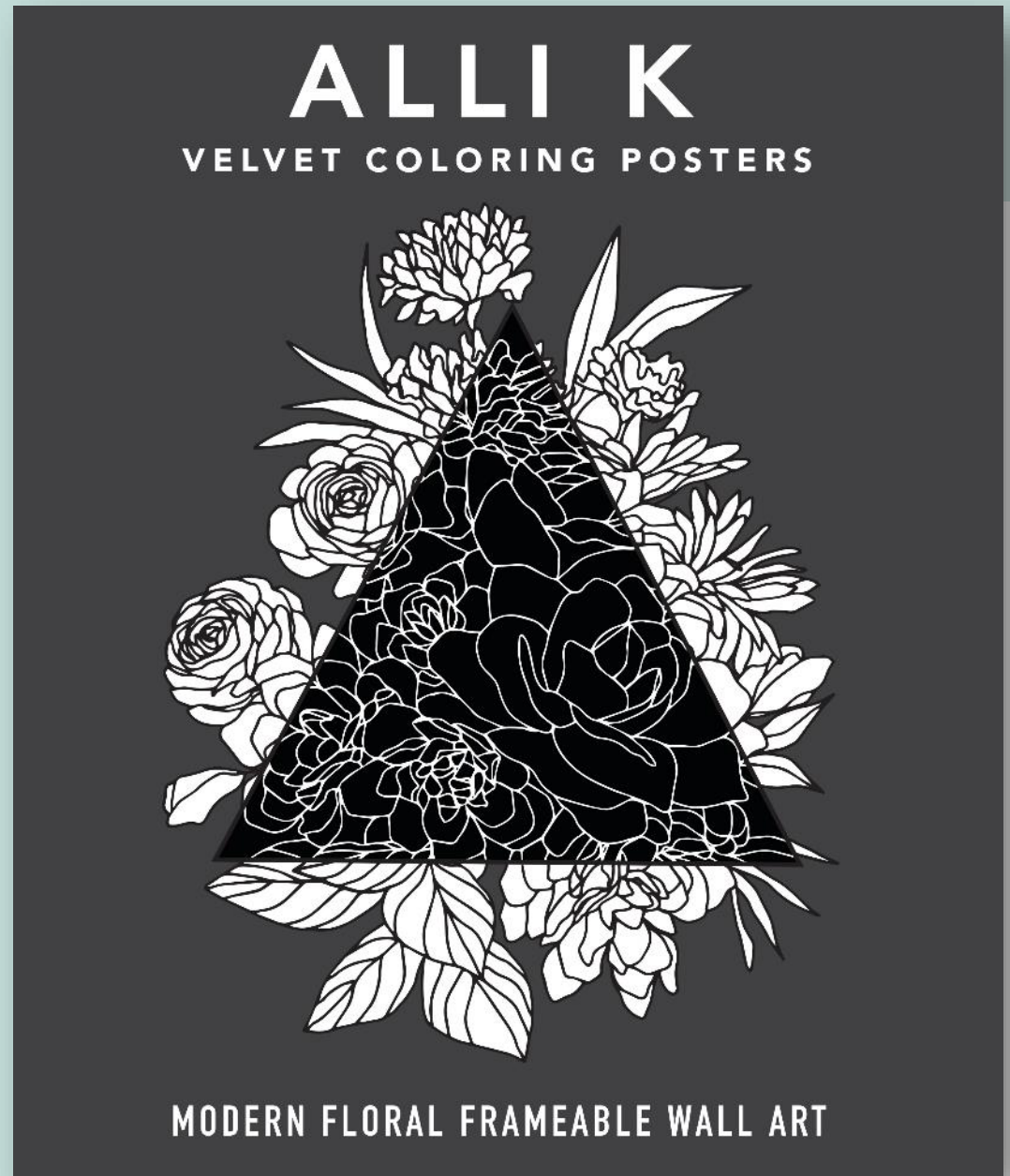
\$24.95 USA / \$34.96 Can

On-sale November 10, 2020

0 Pages

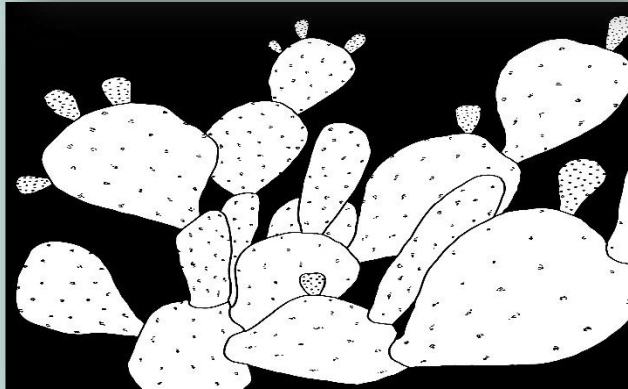
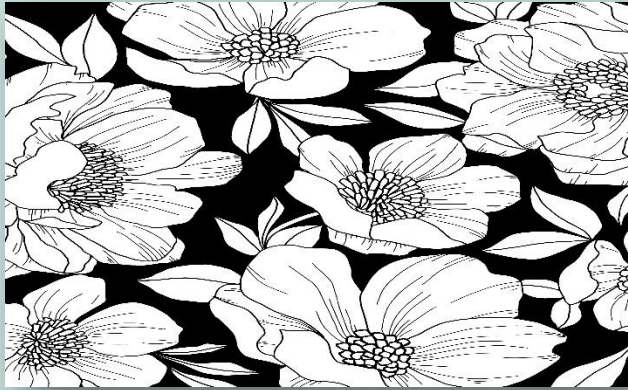
Blue Star / Paige Tate & Co

This beautiful black velvet art 8 x 10 print set features 10 pages of floral illustrations designed by artist Alli Koch (@allikdesign), bestselling author of How to Draw Modern Florals and Florals by Hand. These high-quality botanical prints can be used as coloring pages or displayed as beautiful black and white art right out of the box.



Velvet Coloring Posters

Modern Floral Frameable Wall Art



Bloom

A Flower Coloring Book

Alli Koch

ISBN 9781944515898

Trade Paperback

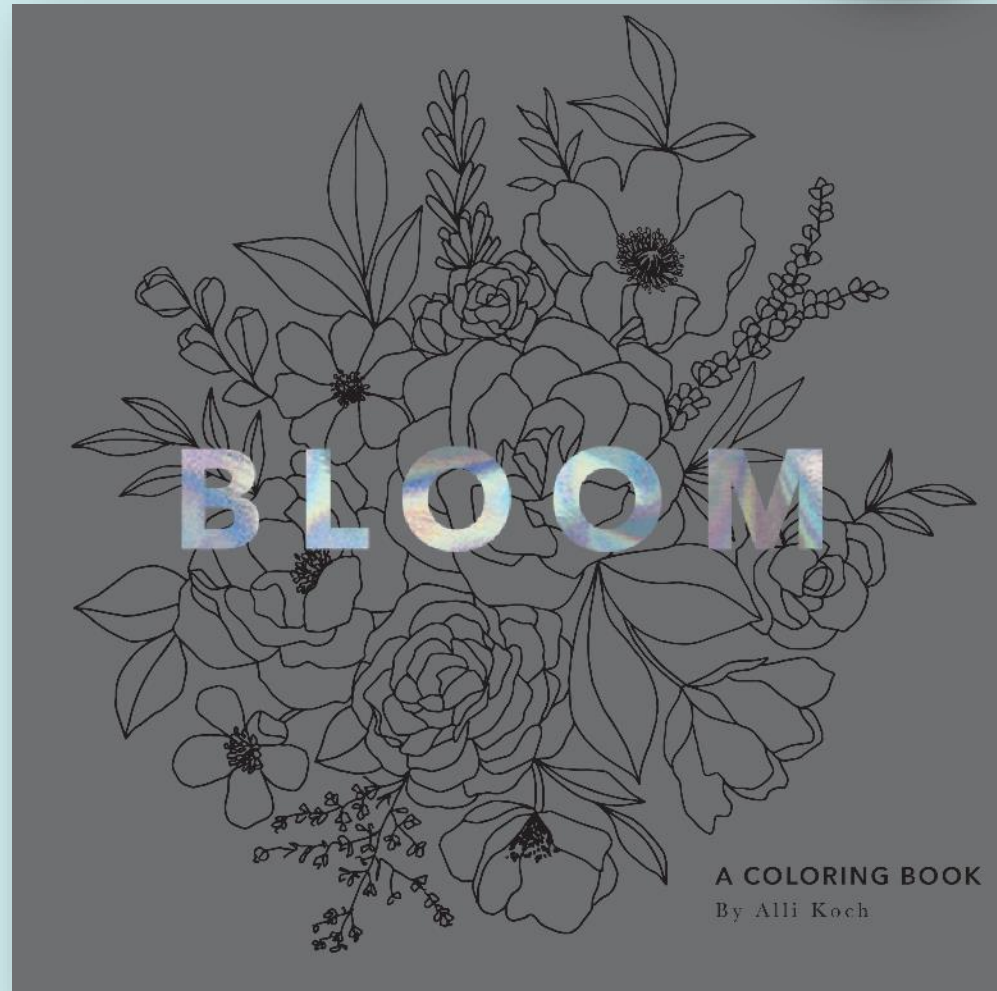
\$14.99 USA / \$19.99 Can

On-sale November 5, 2019

82 Pages

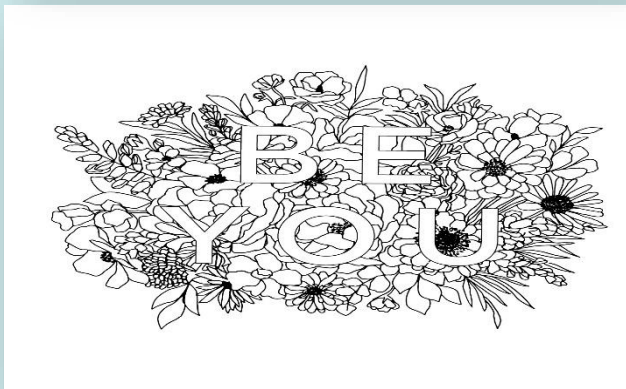
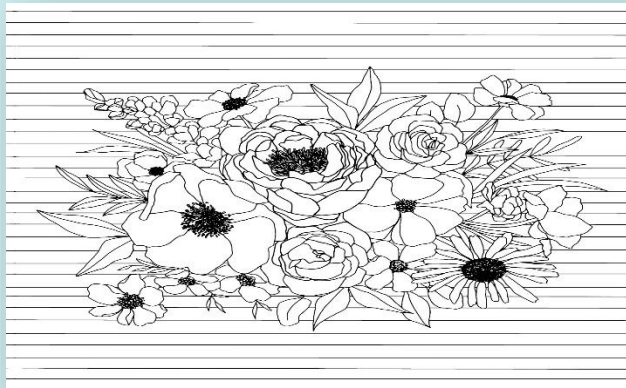
Blue Star / Paige Tate & Co

Bloom features: -30+ floral illustrations on premium, high quality paper -**Two soft black velvet pages** that enhance your coloring experience and hide mistakes! -Perforated, removable pages--frame your art after you've finished coloring! -**A gorgeous, hand-illustrated cover with iridescent foil that will look stunning on your bookshelf or coffee table!** Instagram sensation, muralist, author, and floral aficionado Alli Koch of @Allikdesign introduced thousands to the basics of modern floral illustrating with her best-selling book, How to Draw Modern Florals. Each page of Alli's new coloring book, Bloom, comes to life with a variety of her signature floral designs. She invites you to get creative as you customize each bloom and bring these pretty blank pages to life!



Bloom

A Flower Coloring Book





Astrology

Stickerology

928 Astrology Stickers from Aries to Pisces

Potter Gift

ISBN 9780593233344

Non-traditional book

\$14.00 USA / \$19.00 Can

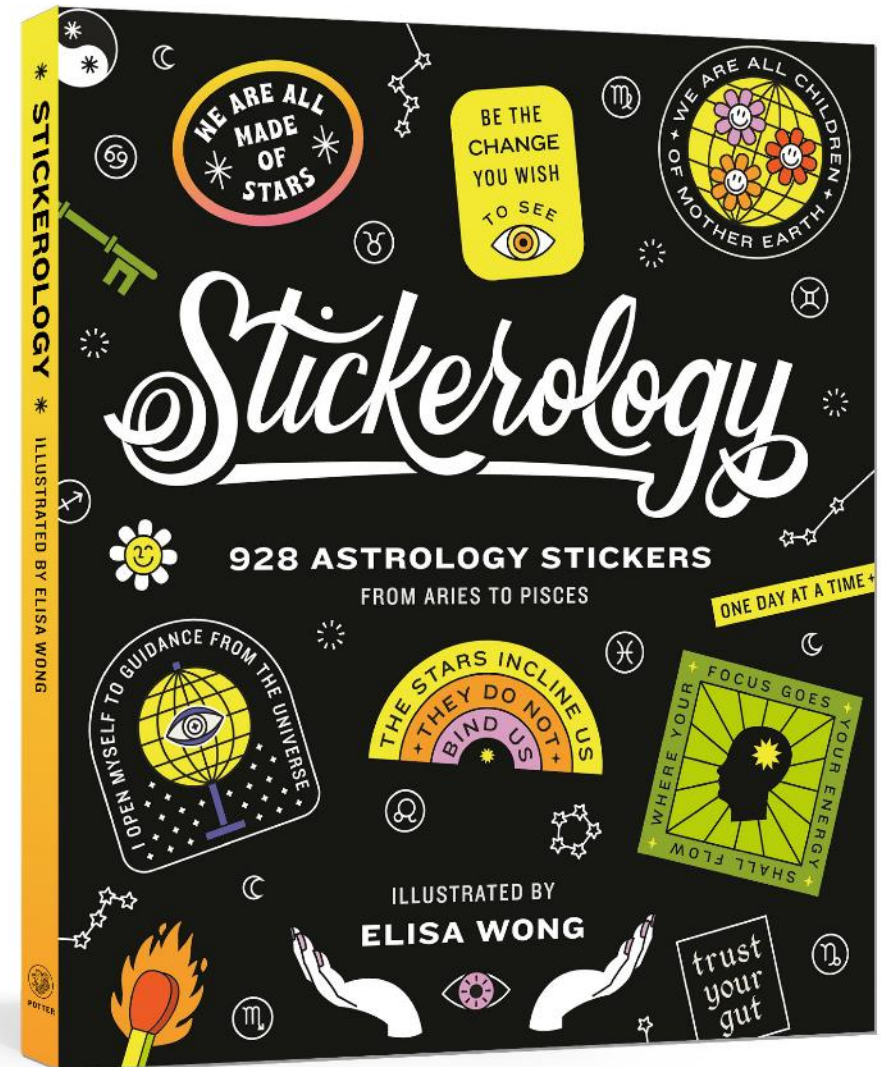
On-sale September 28, 2021

80 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

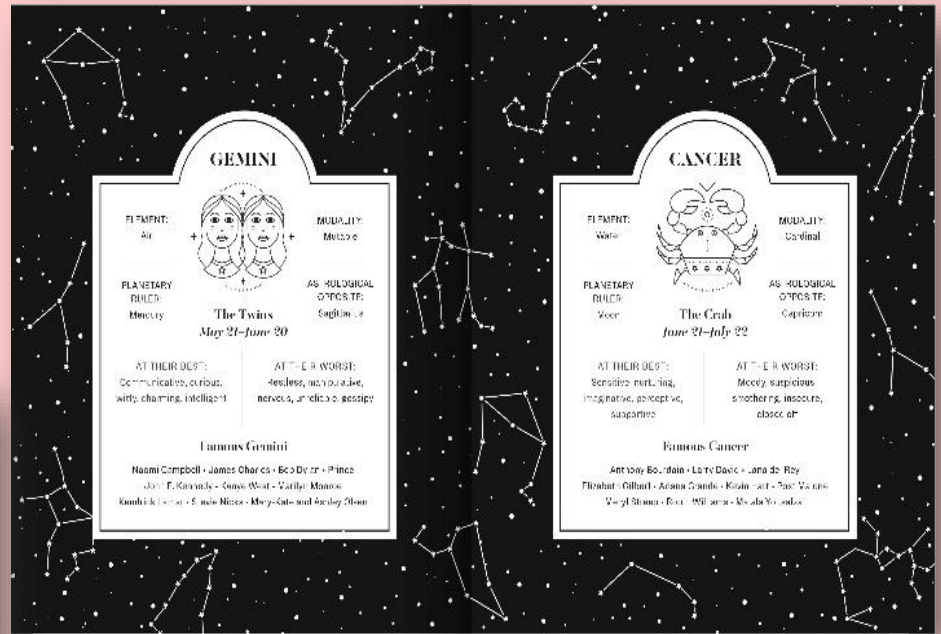
**New
Title**

Stickerology is packed with **928 vibrant stickers related to each of the twelve zodiac signs, the planets and elements, important astrological dates, and more.** Sticker your planner with the upcoming moon phases, equinoxes, and retrogrades, decorate your stationery and tech accessories, or add to notes and birthday cards! **Twenty uniquely designed sticker sheets (each repeating once for a total of forty sheets) capture the energy of the zodiac.** Turn each sticker sheet over and **you'll find useful information about astrology,** including brief profiles of each zodiac sign and traits of each earthly element, modality, and the planets, too.



Stickerology

928 Astrology Stickers from Aries to Pisces



Astrology

An Enlightening Primer for Starry-Eyed Beginners

Madeline Gerwick-Brodeur

ISBN 9781465492654

Trade Paperback

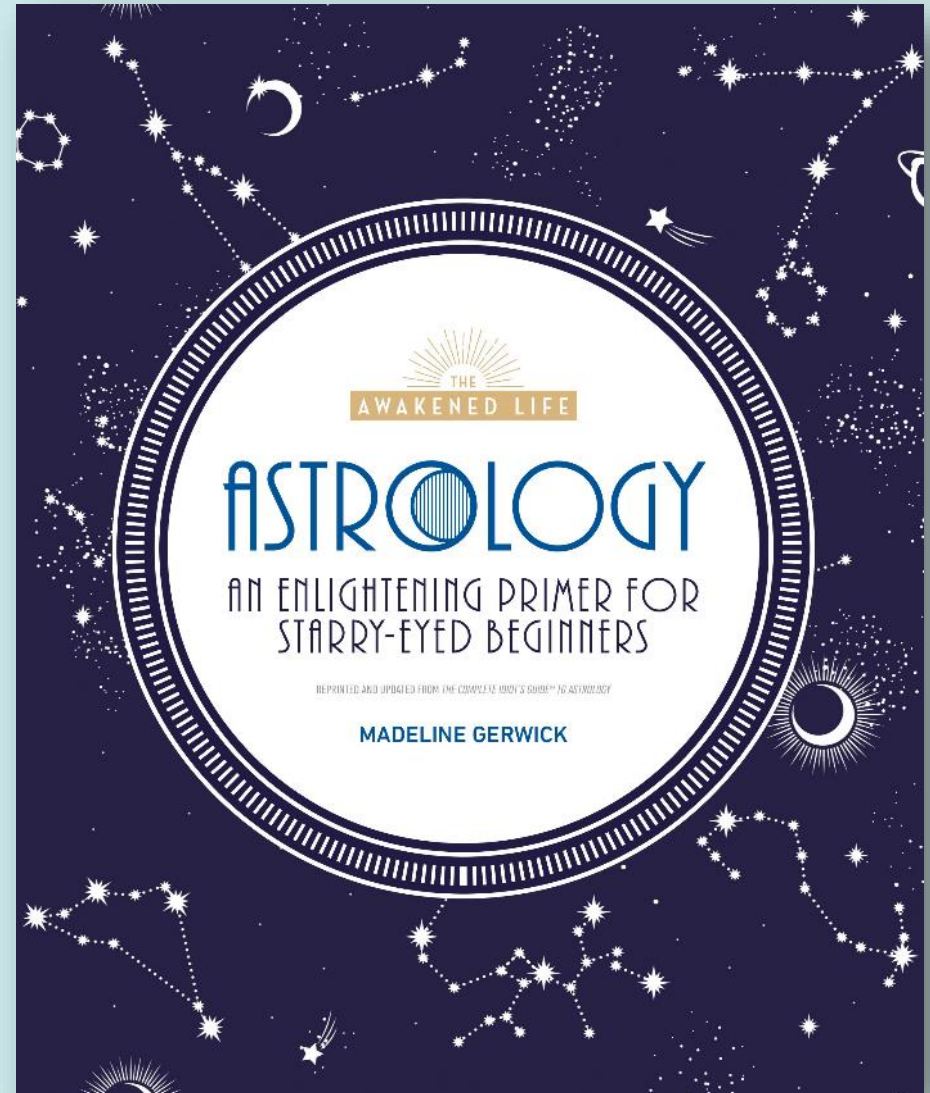
\$19.99 USA / \$25.99 Can

On-sale June 9, 2020

368 Pages

DK. / Alpha

When it comes to translating astrological signs and symbols into real-world wisdom, your ignorance is off the charts! But don't worry, things will start looking up once you've brushed up on the basics and learned how to interpret the stars. And *The Awakened Life: Astrology* will show you how! **This brand new edition offers a comprehensive history of astrology, instructions on how to interpret your birth chart, a reference guide for signs, planets, and houses, a unique breakdown of the concept of synastry, and even insightful tips on how astrology can help you with money and personal relationships!** Discover the signs, how they relate to one another, and how you can incorporate your newfound astrological knowledge into your everyday life!



The Cosmic Calendar

Using Astrology to Get in Sync with Your Best Life

Christopher Renstrom

ISBN 9780525541080

Trade Paperback

\$20.00 USA / \$27.00 Can

On-sale October 20, 2020

304 Pages

Penguin Adult HC/TR / TarcherPerigee

Timing is everything--and astrology is a personalized calendar designed just for you. Go beyond the memes and clichés to discover how to use this ancient system to get in sync with the stars--to become the fully empowered, energized, and happy human you are uniquely meant to be. With fascinating, funny, and spot-on insights--and without jargon or technical details--popular astrologer and columnist Christopher Renstrom illuminates the "time stamp" the stars gave you when you were born, giving you actionable insights to help you work with the stars, not against them, to live your best life every day. You'll discover: **-How the signs and seasons of the year work together to tell us when to take action -What the planets and the four elements reveal about our personalities and preferences**-The best time to start a new relationship, quit your job, and finally get your finances in order--**based on your unique astrological profile** If you're ready to go beyond the basics--but not into the weeds--level up with The Cosmic Calendar.



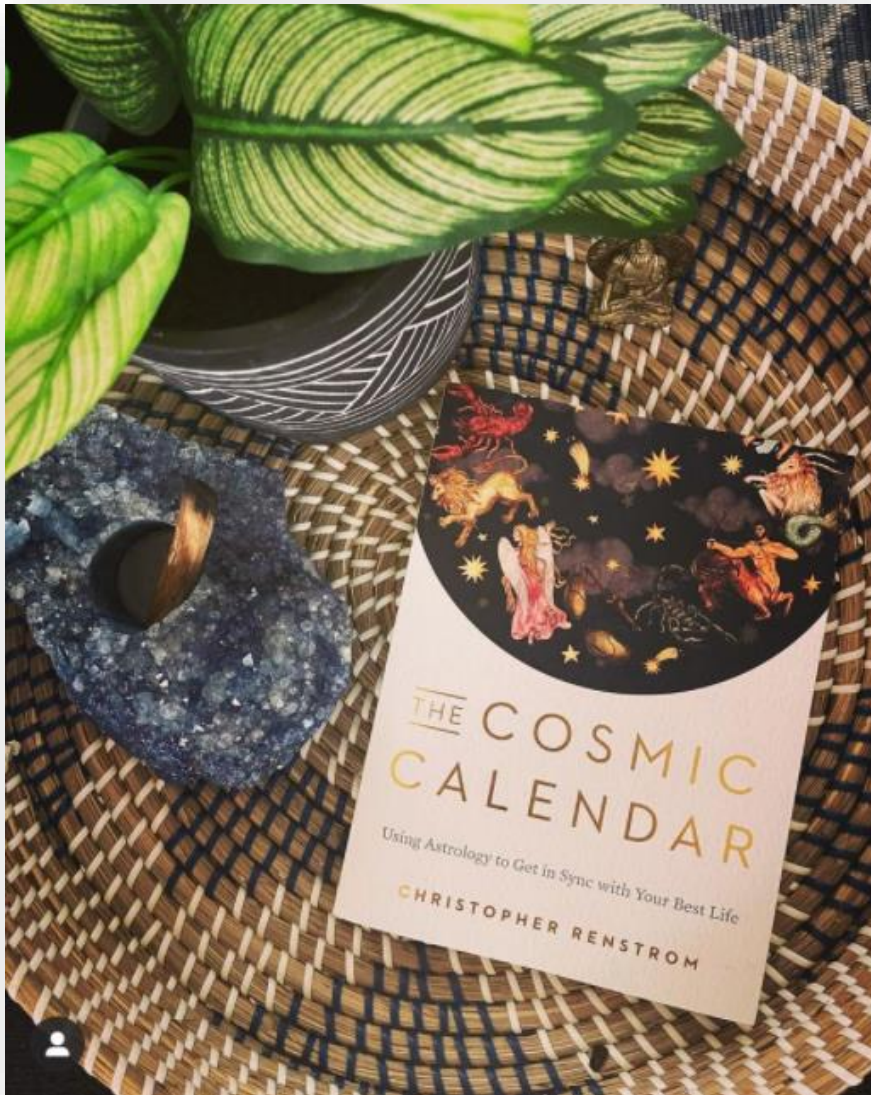
THE COSMIC CALENDAR

Using Astrology to Get in Sync with Your Best Life

CHRISTOPHER RENSTROM

The Cosmic Calendar

Using Astrology to Get in Sync with Your Best Life



The Astrology Diary 2022

Ana Leo

ISBN 9781786785466

Non-traditional book

\$18.95 USA / \$21.95 Can

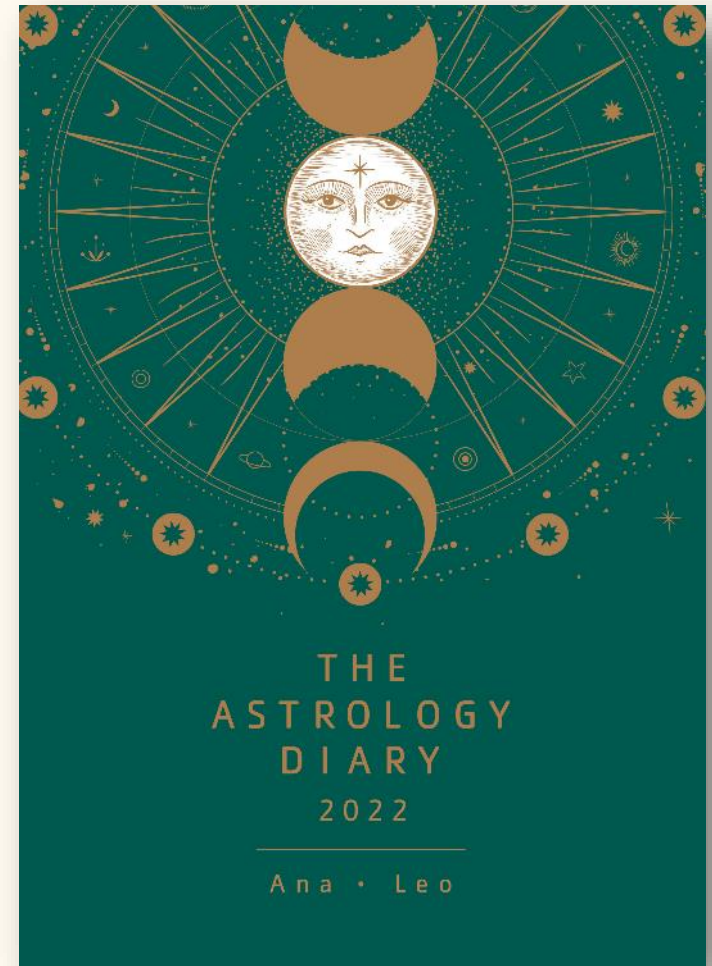
On-sale July 13, 2021

288 Pages

Watkins Media / Watkins Publishing



This diary is uniquely illustrated around the zodiac theme and will stand out strikingly against other diaries. **It brings lunar wisdom into your day to day, with life-coaching tools and tips each week.** The planner is divided by zodiac sign, showing how the sun's movement through the zodiac affects everyone's energies, whatever star sign. **It displays the effect of planetary conjunctions and how Mercury entering retrograde affects our decision making and fortunes.** The diary illustrates the characteristics of each zodiac sign and how that impacts on the events of your life. Pisces is the dreamer, so when the sun enters Pisces, it's time to implement steps to move closer to your dream life. Taurus is the time to plan financial abundance. Aries is a concentrated energy to begin something, whether that's a vigorous new exercise programme or a new project. **Astrology is a wonderful tool you can use everywhere, you don't need to be mystical to enjoy it.**



What's Your Soul Sign?

Astrology for Waking Up, Transforming and Living a High-Vibe Life

Debbie Frank

ISBN 9781401962296

Trade Paperback

\$16.99 USA / \$22.99 Can

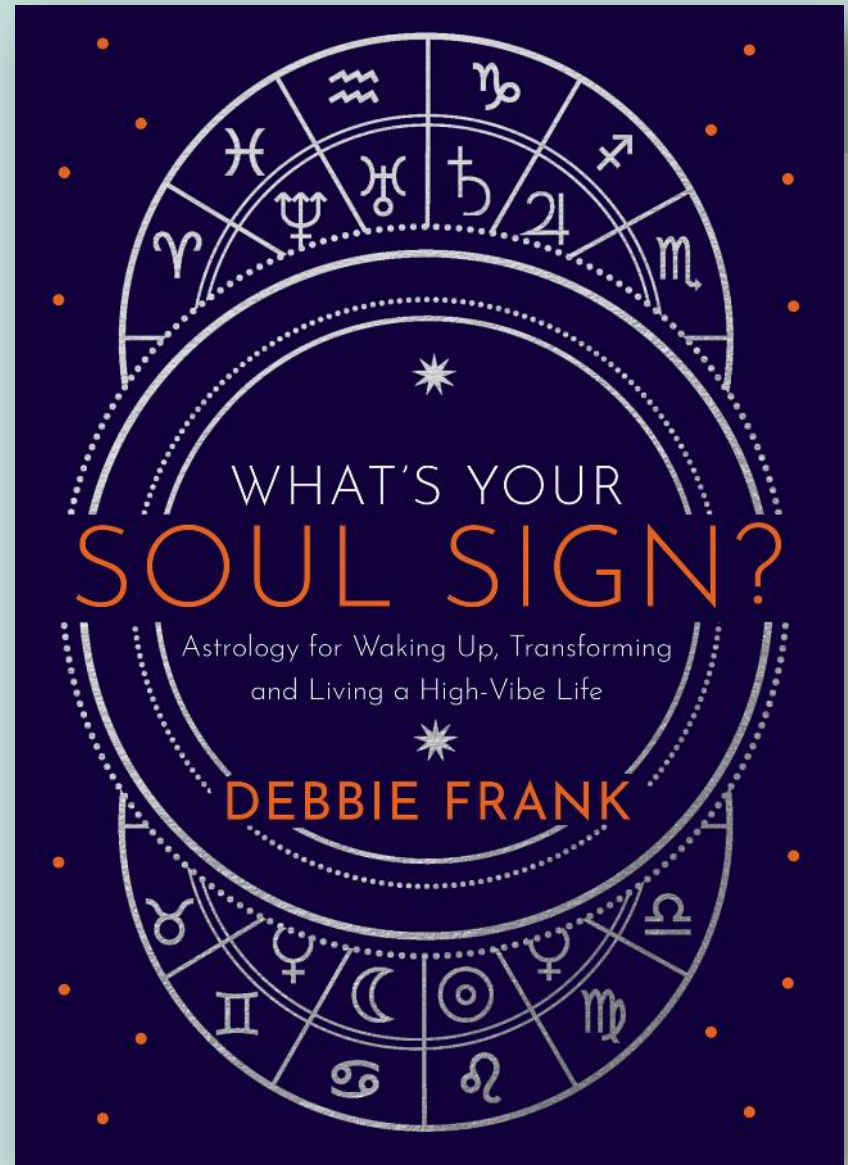
On-sale June 15, 2021

240 Pages

Hay House / Hay House UK

**New
Title**

Are you ready to discover who you really are on a soul level, and who you were born to be? The magic of astrology flows through every aspect of our lives - from our work and relationships to our inner power and creative inspiration - leaving signposts, messages and guidance to assist us on our soul journey. In this book, Debbie Frank reveals her **secrets for turning the insights from your birth chart into incredible triggers for personal growth**. You'll learn how to: -interpret your 'soul signs' - the positions and interactions of the planets and aspects in your chart -understand how the nodes reveal your soul path and soul connections with others -discover how your soul was destined to grow, develop and evolve in this lifetime **Your birth chart is a sacred map encoded with all the information you need to find your true purpose, raise your vibration and transform your life.**



What's Your Soul Sign?

Astrology for Waking Up, Transforming and Living a High-Vibe Life

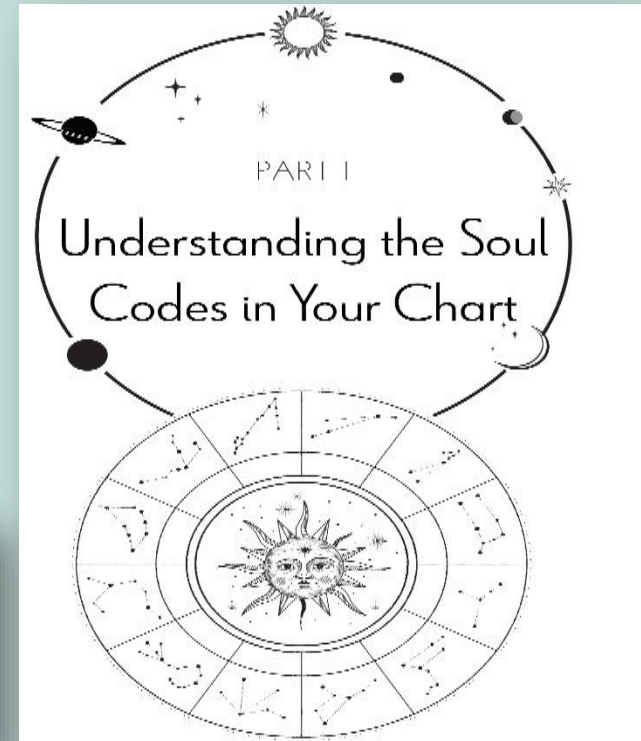
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A common misconception about astrology is that it's based on the premise that the planets make things happen. But we aren't being bombarded by malefic or benefic planets that 'do things to us'. The planets are reflecting the synchronicities of what our soul signed up for: they are *soul signs*.

These signs show what we are here to experience and embody in this life. They represent the psychological and spiritual energies that we hold within us – the energies that magnetically attract the very experiences we need in order to evolve. These energies are threaded through the way we do everything, yet they also give us a vision for life in all its facets. They give us self-knowledge, yet they also take us on a journey of expansion.

In this book, we're going to explore these soul signs and how they appear in the birth chart – the positions of the planets and how they interact with each other to offer opportunities for soul development.

*The placement of our planets reveals
who we are on a soul level.*



The Birthday Book

What the day you were born says about you

Shelley von Strunckel

ISBN 9780744024449

Hardcover

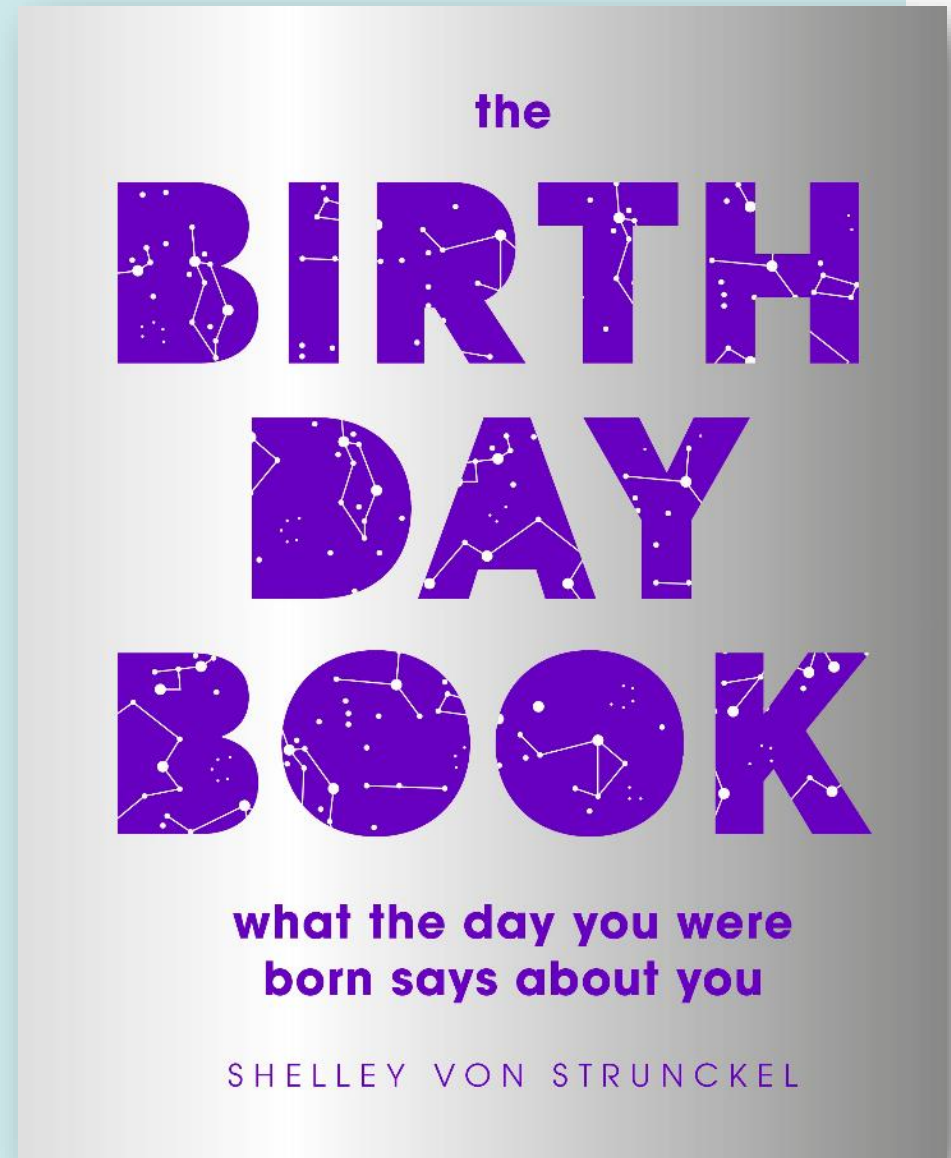
\$24.99 USA / \$31.99 Can

On-sale December 1, 2020

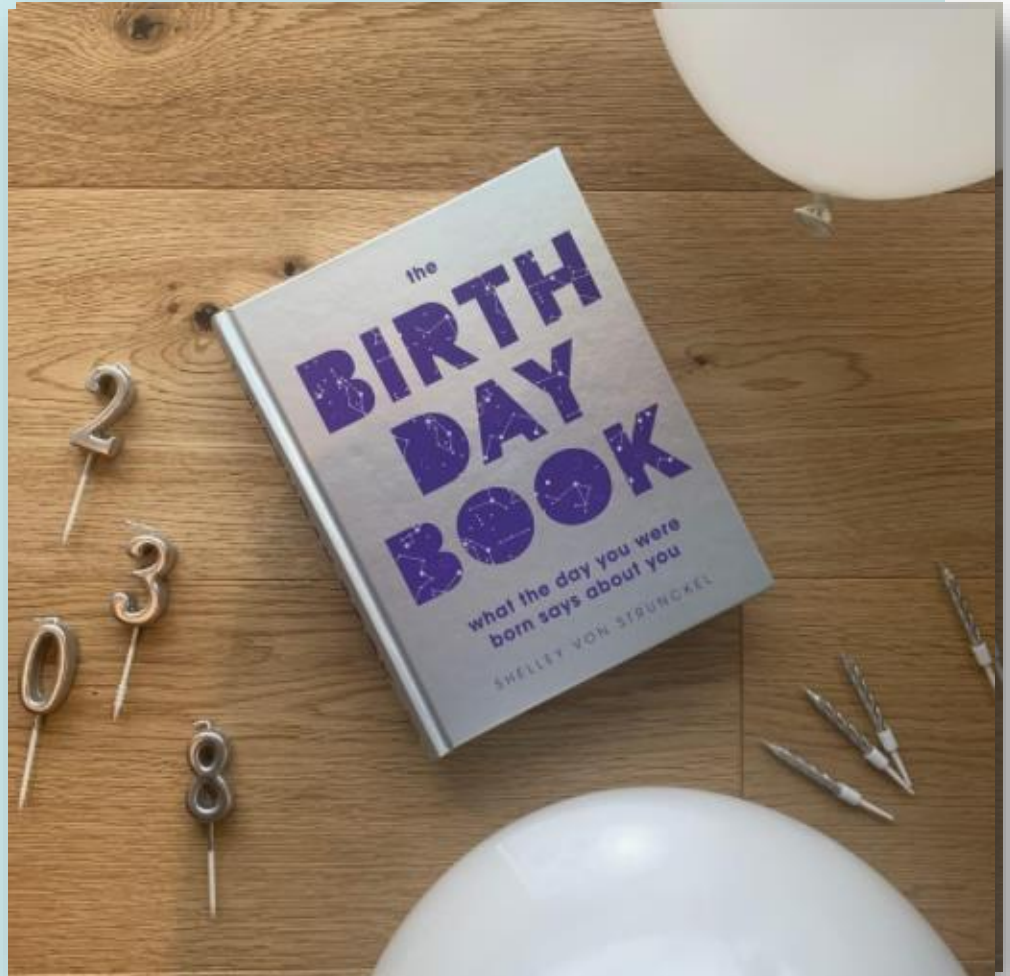
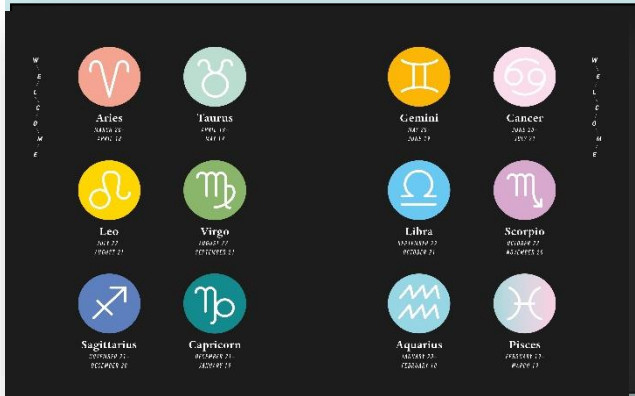
400 Pages

DK. / DK

Find out what your birthday says about you and what your friends' birthdays say about them in this utterly compelling gift book. What makes me me? Who am I most compatible with? How will my future turn out? Shelley von Strunckel is an expert at answering all these questions and more for her celebrity clients and in her newspaper columns. **Use your birthday to identify key personality traits and entertain friends and family by revealing theirs.** Harnessing the power of astrology in an entertaining and informative way, you'll learn about the **dates, numbers, colors, and even foods with which each person is most compatible.** **With descriptions of every birth day of the year,** The Birthday Book is written in an easy-to-understand style, beautifully illustrated, and packed with information. **It is an at-a-glance reference guide to astrology, numerology, and tarot that will entertain you, your friends and family for years to come.**



The Birthday Book



Astrology

Using the Wisdom of the Stars in Your
Everyday Life

DK

ISBN 9781465464132

Hardcover

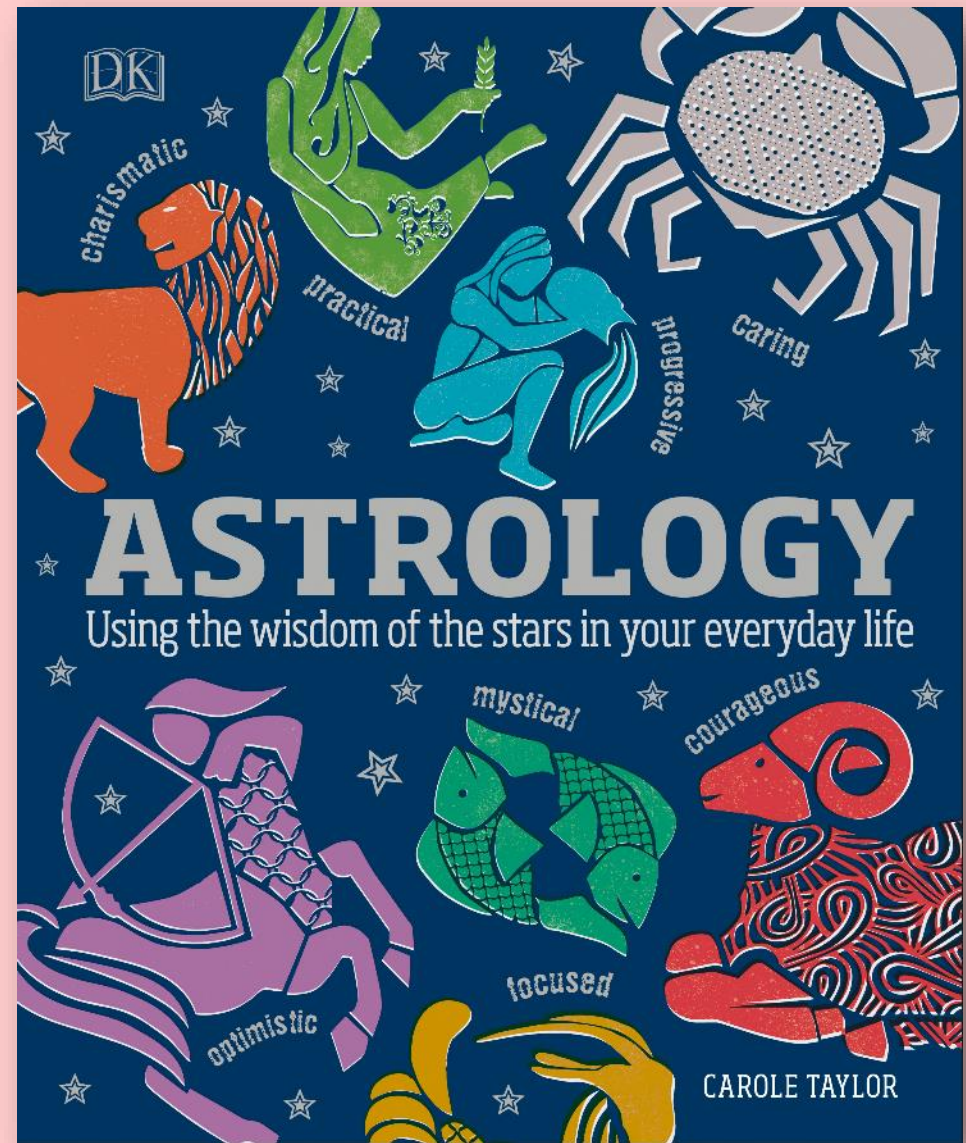
\$25.00 USA / \$32.00 Can

On-sale September 25, 2018

256 Pages

DK. / DK

Learn how to interpret the positions of the zodiac signs, sun, moon and other planets to better understand yourself and your place in the world around you. The book outlines the key principles of astrology and pinpoints ways you can use it as a form of self-help. This ancient art can help you improve many different areas of your life--from your personal and professional relationships to your health, wealth, and well-being. You'll also see how astrology can help you when you need it most, with **practical advice about handling life's key moments, including changing jobs, starting a family,** coping with financial difficulty, or facing retirement. Written in plain language and with sample case studies and beautiful graphics, Astrology is your essential guide to navigating all of life's challenges and opportunities.



Astrology

Using the Wisdom of the Stars in Your Everyday Life


42 The Zodiac Signs

THE SYMBOLS OF THE ZODIAC

LEO

JULY 23-AUGUST 22

Warm, bright, and regal as the sun, Leo is a regal sign, full of fire. Leo's fiery heart is generous, confident, and visionary. Less possessive, dignified, self-confident, and a sense of style, Leo goes with signifiers and traditional patterns.



Key to Leo's Symbolism:
 • **Color:** Gold
 • **Planet:** Sun
 • **Element:** Fire
 • **Quality:** Fixed
 • **Modality:** Cardinal

The Lion King: THE LION BEARS THE BURDEN OF THE CROWN AND IS RESPONSIBLE FOR THE WELFARE OF HIS SUBJECTS. HE IS THE HEART OF THE KINGDOM.

Key to Leo's Symbolism:
 • **Color:** Gold
 • **Planet:** Sun
 • **Element:** Fire
 • **Quality:** Fixed
 • **Modality:** Cardinal

SENSE OF FUN: Leo has a playful, joyful sense of humor. Leo's sense of humor is usually in the form of sarcasm and wit. Leo is a natural-born comedian.

BOLD & COURAGEOUS: Leo is a natural-born leader. Leo is a natural-born leader. Leo is a natural-born leader.

THE PERFORMER: Leo is a natural-born performer. Leo is a natural-born performer. Leo is a natural-born performer.

GLAMOUR & SPARKLE: Leo is a natural-born gladiator. Leo is a natural-born gladiator. Leo is a natural-born gladiator.

HONOR: Leo is a natural-born leader. Leo is a natural-born leader. Leo is a natural-born leader.

CREDIT: Leo is a natural-born performer. Leo is a natural-born performer. Leo is a natural-born performer.

NEGATIVE TRAITS: Leo is a natural-born gladiator. Leo is a natural-born gladiator. Leo is a natural-born gladiator.

NEED TO BE SEEN: Leo is a natural-born leader. Leo is a natural-born leader. Leo is a natural-born leader.

LOOKING TO THE FUTURE: Leo is a natural-born performer. Leo is a natural-born performer. Leo is a natural-born performer.

WARM & HOSPITALIOUS: Leo is a natural-born gladiator. Leo is a natural-born gladiator. Leo is a natural-born gladiator.

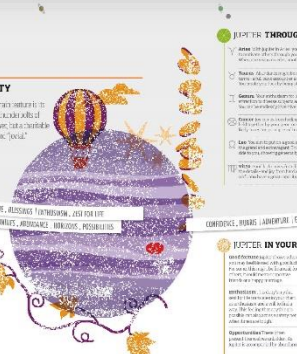
HELPER, AID & WITH THE HANDS: Leo is a natural-born leader. Leo is a natural-born leader. Leo is a natural-born leader.

43

JUPITER

GROWTH AND OPPORTUNITY

The largest planet in the solar system, Jupiter's name refers to the Roman god of commerce, agriculture, and good fortune. Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.



Key to Jupiter's Symbolism:
 • **Color:** Purple
 • **Planet:** Jupiter
 • **Element:** Air
 • **Quality:** Mutable
 • **Modality:** Cardinal

GOOD FORTUNE, WEALTH, PARTNERSHIP, JOY FOR LIFE:
 OPPORTUNITY, RESILIENCE, HEDONISM, PROSPERITY

CONFIDENT, PIONEER, LAUREL, PEACE, AMBITIONS

WISDOM: IN YOUR CHART

WISDOM: Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.


WISDOM: Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.

47 Astrology: Read the horoscope

FRIENDSHIP

NURTURING YOUR COMPANIONS

Friendship is one of the most important aspects of our lives. It is a bond that brings joy, support, and a sense of community. Friendship is one of the most important aspects of our lives.



YOUR PLANETS: Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.

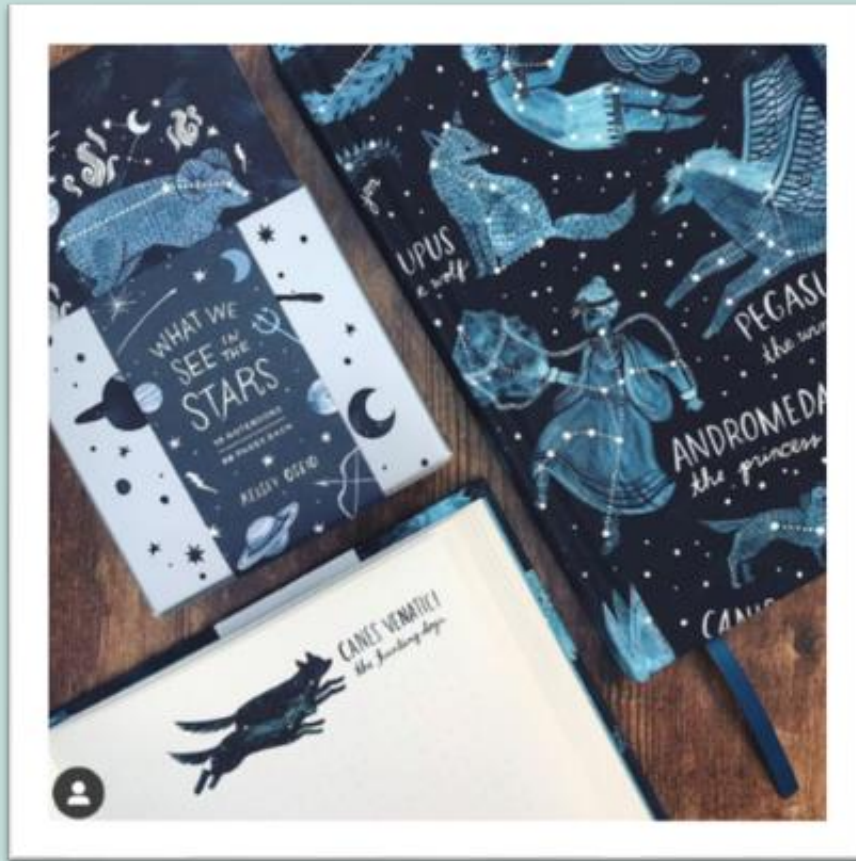
YOUR PLANETS: Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.

YOUR PLANETS: Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.

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YOUR PLANETS: Jupiter is the planet of growth, expansion, and opportunity. Jupiter is the planet of growth, expansion, and opportunity.





What We See in the Stars Series

What We See in the Stars Journal

Clothbound Writing Notebook with Dotted Pages
and an Elastic Band

Kelsey Oseid

ISBN 9781984823175

Non-traditional book

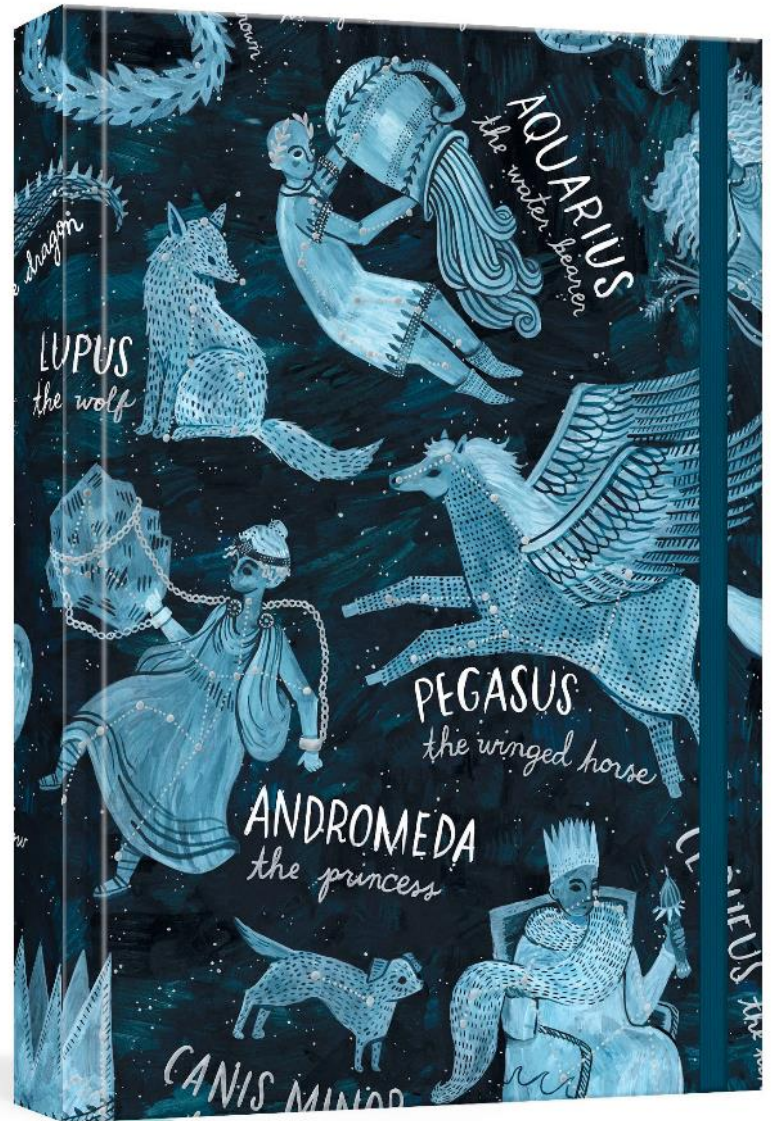
\$18.00 USA / \$24.00 Can

On-sale June 4, 2019

160 Pages

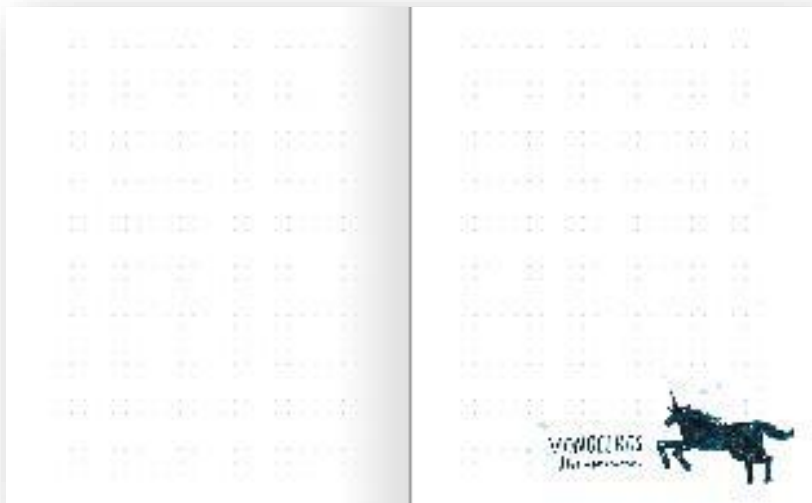
Clarkson Potter/Ten Speed / Clarkson Potter

Featuring celebrated illustrator Kelsey Oseid's signature paintings of many of the constellations of the night sky, from Andromeda to Pegasus, this keepsake journal with dotted paper and lay-flat binding gives you plenty of space for writing, doodling, and dreaming.



What We See in the Stars Journal

Clothbound Writing Notebook with Dotted Pages and an Elastic Band



What We See in the Stars

A 12-Notebook Set

Kelsey Oseid

ISBN 9781984823182

Non-traditional book

\$20.00 USA / \$27.00 Can

On-sale June 4, 2019

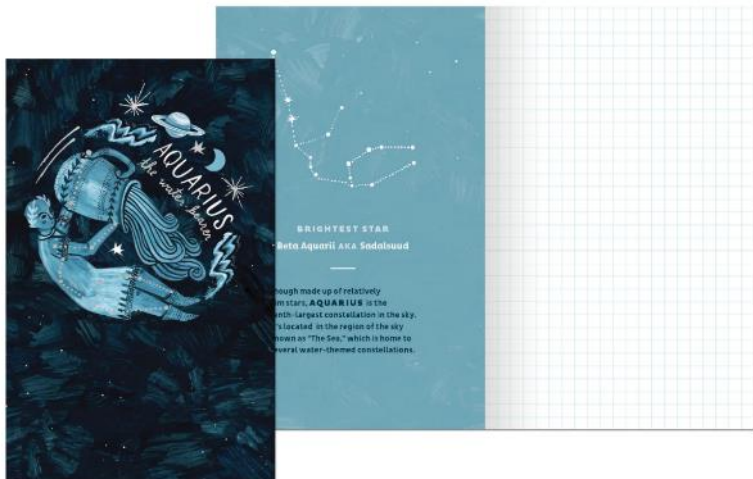
576 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

This striking and cool set of **12 pocket-size notebooks** features celebrated illustrator Kelsey Oseid's signature paintings of the **12 constellations of the zodiac, from Aries to Pisces**. Each notebook features a different **foil-stamped constellation on the cover**, and features high-quality interior paper (either blank, lined, dotted, or graph).



What We See in the Stars



What We See in the Stars

An Illustrated Tour of the Night Sky

Kelsey Oseid

ISBN 9780399579530

Hardcover

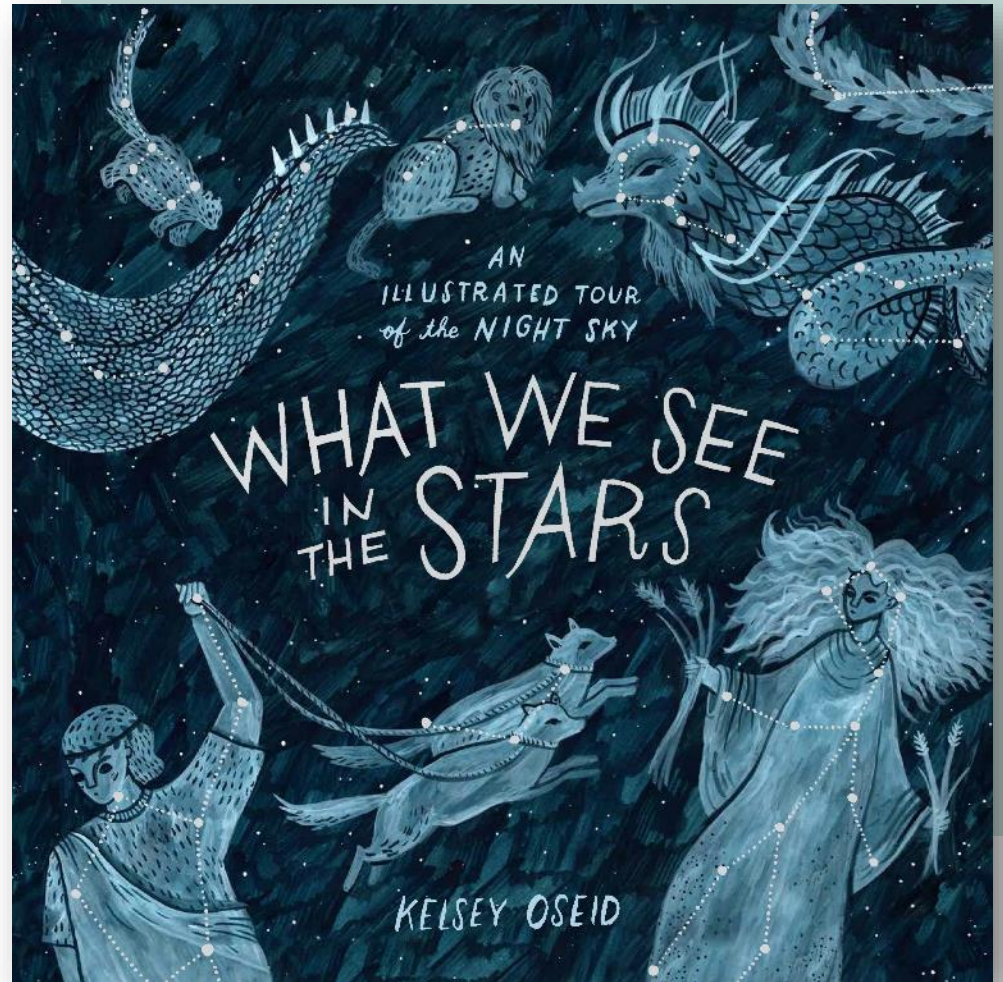
\$16.99 USA / \$22.99 Can

On-sale September 26, 2017

160 Pages

Clarkson Potter/Ten Speed / Ten Speed Press

Combining art, mythology, and light science, this beautiful book will make the perfect gift for smart, design-loving adults interested in recapturing the magic of youthful stargazing, as well as younger readers interested in learning about the natural world and the night sky. Beautifully illustrated, **What We See in the Stars** explores important facts about each planet of our solar system, deep space, meteors, eclipses, the 88 recognized constellations, the phases of the moon and more.



What We See in the Stars

An Illustrated Tour of the Night Sky



the PHASES of the MOON

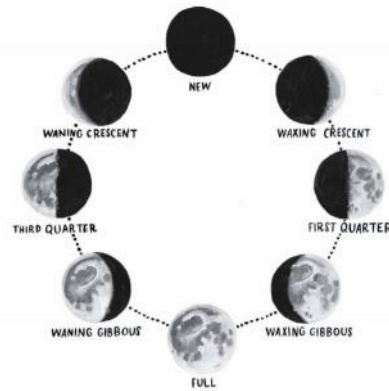
Half the sphere of the turning earth is illuminated at any given time by the sun. The other half, facing away from the sun, is in darkness. That's what gives us day and night. In the same way, the moon is always illuminated by the sun on one side, and dark on the other; however, the moon does not spin daily as Earth does, so the same side always faces the earth.

The illuminated portion of the moon as it appears to us depends on our relative position to the moon as it orbits our planet. These changing shapes in which the moon appears to us are called the "phases of the moon."

When the moon appears to grow, we say it is waxing. When it appears to shrink, we say it is waning. A fully illuminated view of the moon from the earth is called a "full moon," and an

almost fully dark view of the moon from the earth is called a "new moon."

Any spherical object orbiting our sun going through the same phases the moon does. From a vantage point on the moon, the earth goes through the various phases in reverse. With magnification, it's possible to see Venus and Mercury, whose orbits lie between Earth and the sun, go through these phases.





Witchy

Basic Witches

How to Summon Success, Banish Drama, and Raise Hell with Your Coven

Jaya Saxena and Jess Zimmerman

ISBN 9781594749773

Hardcover

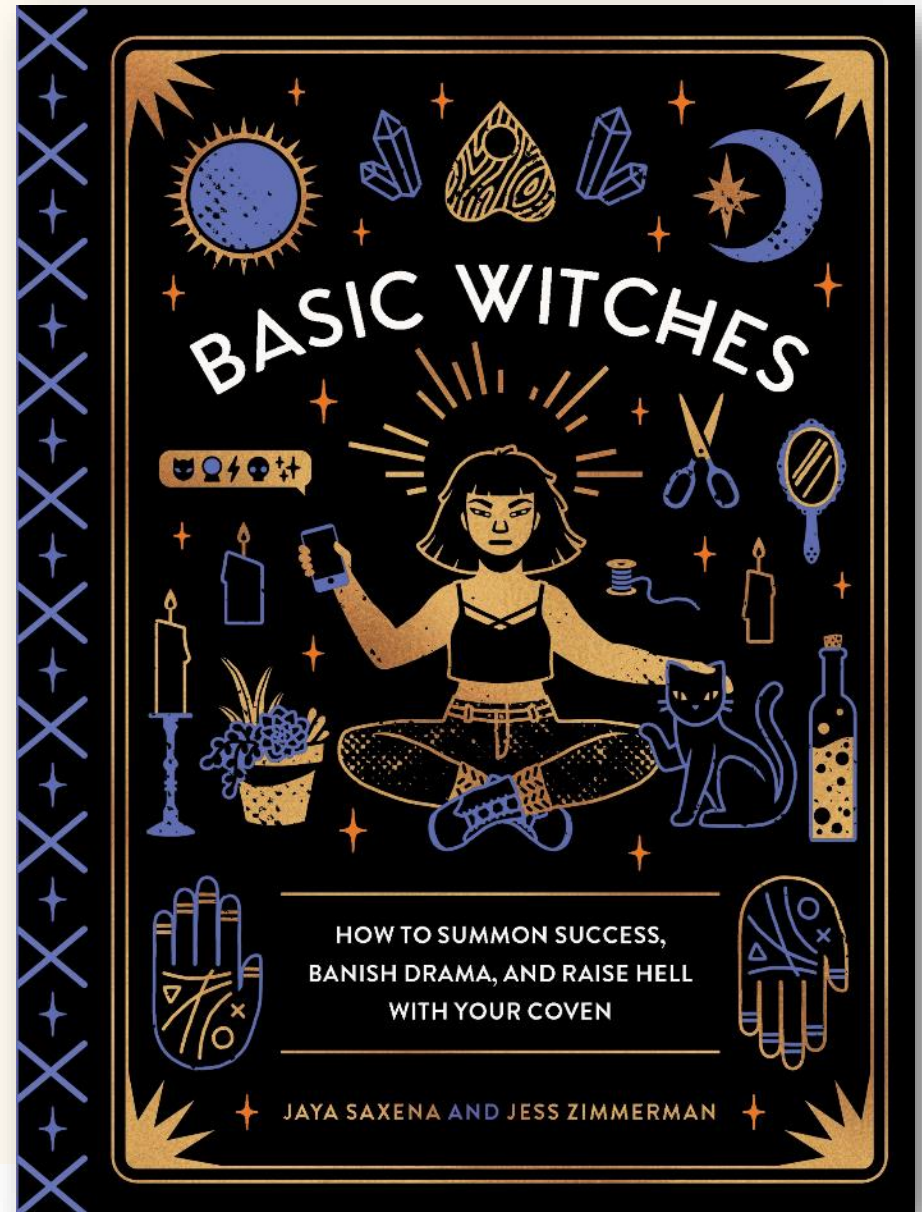
\$15.99 USA / \$19.99 Can

On-sale August 29, 2017

208 Pages

Quirk Books / Quirk Books

In *Basic Witches*, readers will discover how to tap into their inner sorceress and channel the **dark arts for everything from cluttered apartments to dating disasters**. Want to enhance your attractiveness? Pick the right power color of eyeshadow and project otherworldly glamour. **Need to exorcise a toxic friendship? Say the right symbolic curse and banish it from your life.** Need to boost your self-confidence? Whip up a tasty herbal "potion" to strengthen your inner resolve. Plus historical and pop culture sidebars that situate the new witchcraft trend within a broader context. **With humor, heart, and a hip modern sensibility**, journalists Jaya Saxena and Jess Zimmerman dispense witchy wisdom for the curious, the cynical, and anyone who could use a magical boost to get through the day. This ain't your grandma's grimoire!



Basic Witches

How to Summon Success, Banish Drama, and Raise Hell with Your Coven



Taking care of yourself is not a revolutionary concept. But for many women, even the basics, including maintenance of our own bodies, are something to do for others. It's one thing to be perfect at work, the most glowing idea, or the best Bikerqueer on Facebook. We pressure ourselves to perform and generally looking good. But when you distance the pursuit of personal well-being from feelings of obligation and pretense, self-care becomes something bigger than self-indulgence, and the pursuit of health goes from enhancing elegance to regaining equilibrium. Which is pretty magical.

The healing and staying-of-would-be-witches of the past probably was not for summoning drama or enhancing magic, but to do these things. They likely were trying to keep each other healthy, and that tradition of healing and female-driven folk medicine may be where we get the myth of "women's intuition." Based from formal medical or scientific training, female healers passed knowledge of care and remedies to their women. Sometimes, we might describe this kind of business advice as insurance: "old wives' tales" or "home remedies," but spirit, and a distinctly female wisdom—of a person of greater faith that another woman's pain, a way that steps an unbearable headache, and the intention to give your body what it needs.

For a witch, listening to your body is the most important aspect of health and self-care—certainly more important than trying to achieve it into the "perfect" shape. Dismantling the self-image or dieting is a whole culture shift, so when the scales go to be too much, think about one of the basics of old-before-the-magic, before the witch-craft accoutrements, when she says get a woman with the skills and desire to help other women feel better. An intuitive woman, a traveling midwife, a woman who sits on the body's steps. She wants you to be healthy. She will work to make it so. You can follow her.

In this chapter, we'll discuss how to use your powers to take care of yourself, whether that means accepting your body, finding exercises that make you feel stronger, or combining the healing power of working spells. Because sometimes that's the whole thing you can do.

The Witch's Pantry

HOW TO CURE WHAT AILS YOU

We're fans of modern Western medicine. From vaccines to Pap smears to insulin therapy, the products of medical research and empirical studies have made many lives better and brought real improvement to public health overall. Needless to say, we hope you seek professional medical help when you're sick or think you might be, as well as for regular maintenance procedures like pelvic exams and mammograms of any long-term conditions.

But to much, it has improved health generally, not medical advice doesn't work for everyone. folks whose bodies or relationships in their bodies differ from the average person who are not, they're even a little bit for, people with disabilities or chronic illnesses, transgender people, and so forth—can feel especially overlooked, unvalued, and misunderstood at doctor's offices. And though many physicians are kind, compassionate, and caring, medical schools and our healthcare system don't always reward or encourage them into—often—diver from what can be successful and innovative in the other layers.

Even when doctors sometimes work, sometimes side effects can be more debilitating than the original ailment or lead to a game of catch-up you found Nicole told her doctor she didn't want to take a birth control pill because it made her depressed, so the doctor prescribed her an antidepressant. Had she complained of missing weight on that antidepressant, she might have found herself with a prescription for Topamax, a migraine medication that is often prescribed to combat antidepressant-related weight gain. When people taking pills to deal with the problem caused by pills your side to deal with the problem caused by pills, and you're managing any kind of chronic or serious illness, it might be time to stop back and get some perspective.

Making use of our medical establishment whenever needed is

important, but it's also not immune to the system. Because our women leaders might have done. Here's a top pharmacopoeia of herbs and foods remedies for when you're a touch under the weather.

*** **Also vera**
An olive plant, it has some bitter-tasting varieties that have been used for medicinal purposes. This quality makes it a good herb for colds and flu, and when disease strikes, you can immediately break off a leaf and apply the juice to your skin or use it in a steamy bath. What's a witch for if she's not making a poultice out of your houseplant? (Also is a good medicinal herb.)

*** **Ginger and peppermint**
As we've already mentioned, ginger and peppermint have been shown to combat nausea, even as a result of morning sickness (spicy) and reliable food intolerance symptoms. Ginger is more effective at reducing nausea than peppermint, so you might try both. (Check on accessible points, or a placebo effect.)

*** **Cayenne**
Once when Jim had a sinus infection, he kept his room made her rent a pinch of cayenne pepper. It has the herb, but also... it's kinda weird. Instead of treating it, we recommend adding cayenne to your tea when you have a cold to fight congestion or soothing cayenne oil, and because to make an analgesic with the cayenne in the pepper reduces pain.

*** **Green tea**
No, it probably doesn't prevent cancer or give you the power to live in a beautiful and sunny state, but, as always, the green tea does have some antioxidant compounds called flavonoids, which can prevent cell damage and fight disease. Plus, a hot, herbal drink will leave you feeling



Reading the Leaves

An Intuitive Guide to the Ancient Art and Modern Magic of Tea Leaf Divination

Sandra Mariah Wright and Leanne Marrama

ISBN 9780593086551

Trade Paperback

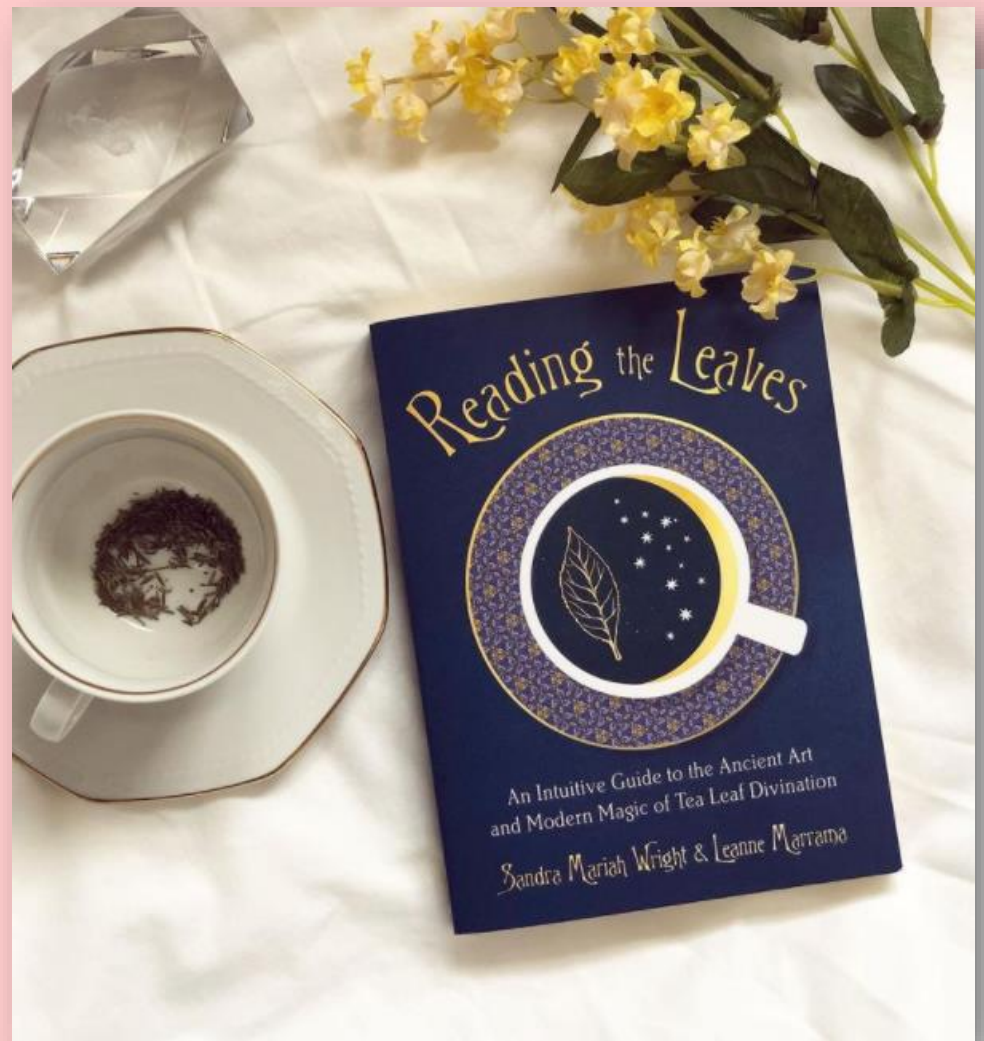
\$16.00 USA / \$22.00 Can

On-sale May 19, 2020

240 Pages

Penguin Adult HC/TR / TarcherPerigee

Whether you're wondering about career, finances, love, or health, Salem witches Sandra Mariah Wright and Leanne Marrama are here to help build your intuitive skills and transform your life. Reading the Leaves shows you how to: **-brew a cup of tea for divination purposes -interpret more than 200 time-tested symbols that are most likely to show up, such as hearts and anchors, and what their size, location, and relationship to other shapes mean -set an intention -create a regular tea ritual -keep a tea leaf reading journal -do a reading for family and friends -make their favorite tea time recipes -respond when a "bad" symbol shows up** You already possess the tools, and with Sandra and Leanne's guidance, the true journey of self-discovery can begin. You don't have to be a witch to find your inner magic.



Lighting the Wick

An Intuitive Guide to the Ancient Art and Modern Magic of Candles

Sandra Mariah Wright and Leanne Marrama

ISBN 9780593418345

Trade Paperback

\$16.00 USA / \$22.00 Can

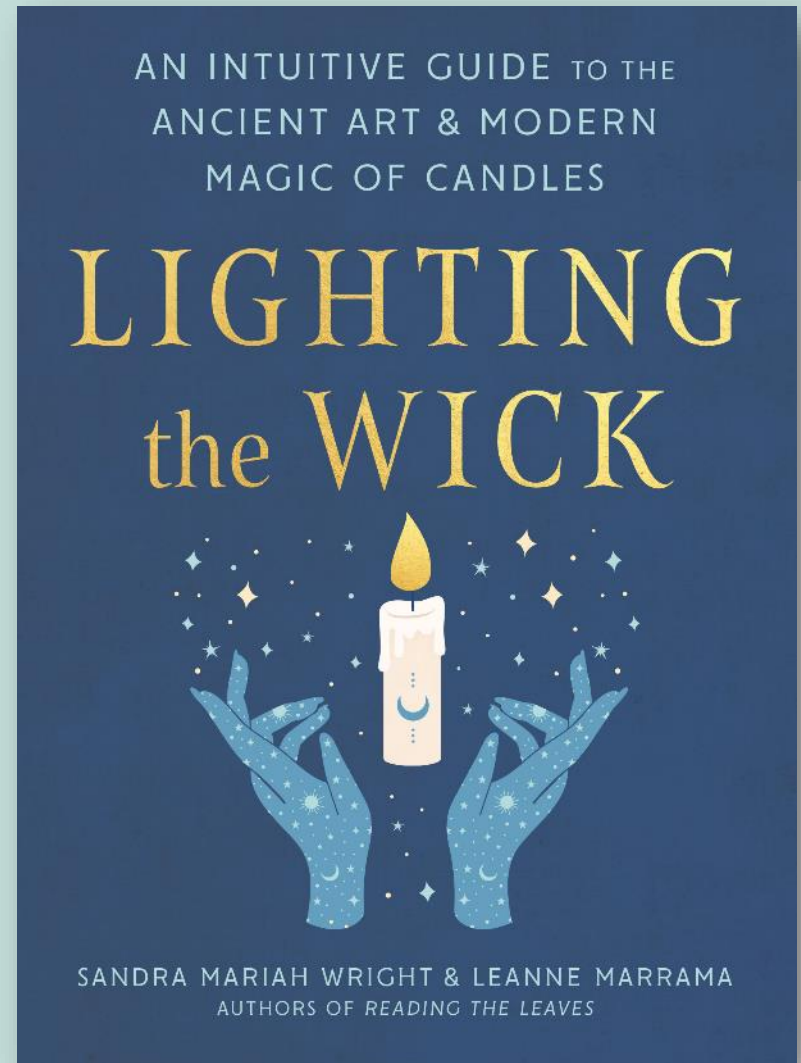
On-sale September 7, 2021

240 Pages

Penguin Adult HC/TR / TarcherPerigee



Whether you would like to take back control in an uncertain world or turn a dollar-store candle into a means to manifest your desires, **Lighting the Wick will help transform your life with candle magic.** Learn how to: -find, repair, or end a relationship; -guard your boundaries and keep negative energy and toxic people out; -ground and center; -achieve common health goals; -break bad habits, bolster motivation, and increase willpower; and -meditate with the assistance of candles. Candles represent faith and hope—a light in the darkness, the warmth of love, the heat of passion, and the fire of spirit. **Here, Salem-based intuitives Sandra Mariah Wright and Leanne Marrama show you how to put the power of these simple tools to work for you in your daily life,** to improve your relationships, achieve success, provide protection, increase health, honor those who have passed, and more. You don't have to be a witch to find your inner magic.



Rebel Witch

Carve the Craft That's Yours Alone

Kelly-Ann Maddox

ISBN 9781786784278

Hardcover

\$24.95 USA / \$26.95 Can

On-sale April 13, 2021

224 Pages

Watkins Media / Watkins Publishing

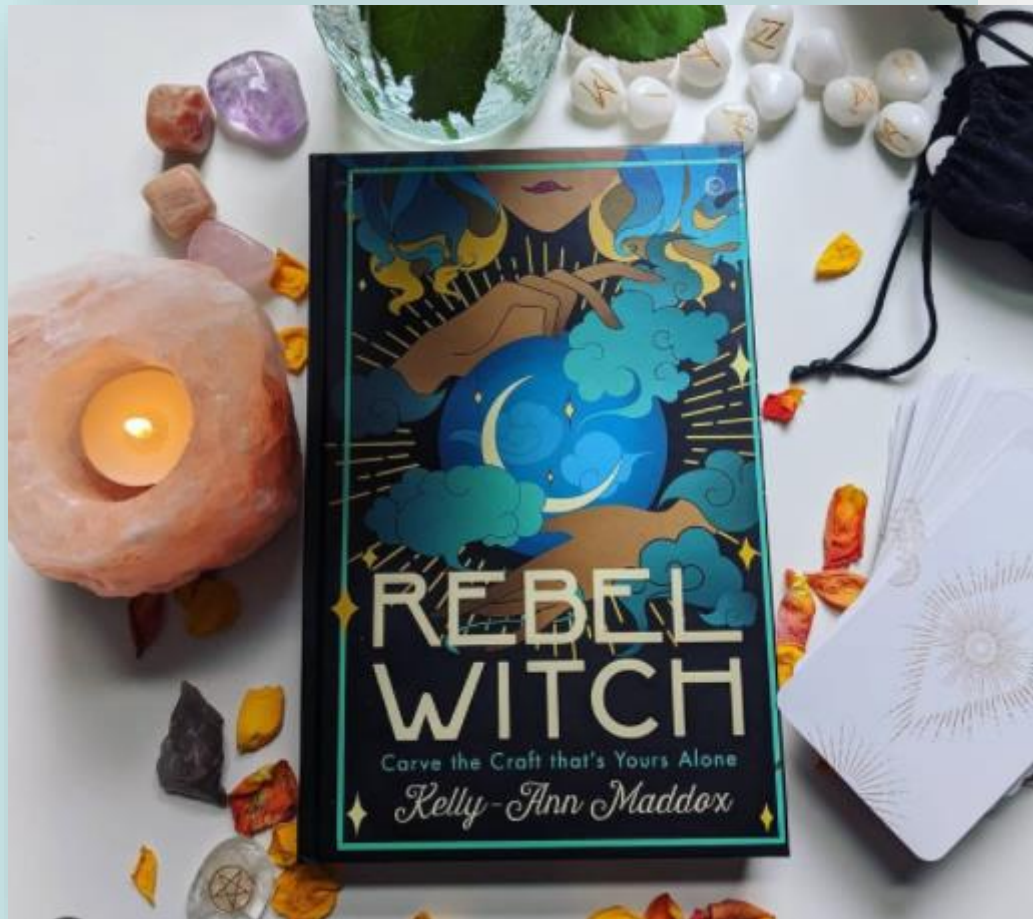


Rebel Witch reminds witches of the wondrous opportunity to jump into experimentation and invent something wild and individual, a practice shaped by their individual personality and life journey, rather than allowing themselves to be spoon-fed. It challenges witches to design a nurturing practice that is truly theirs. There's information about all the elements of the craft, from energy raising, sacred space creation and receiving signs to casting spells, holding rituals, scrying, potions and much more ... crucially, in each case the topic is discussed from an exciting contemporary perspective. So, when **Kelly-Ann** talks about sacred texts, she stresses that you can choose the texts that resonate with you - so why not *Alice in Wonderland* or *Narnia*? Maybe you want to move away from the traditional *Wheel of the Year* and create your own divisions? Instead of honouring a traditional deity, why not construct your own, choosing elements from rock stars, movie icons or fictional heroes? Or embody magical signs in your clothing and jewellery? Creativity and experimentation are encouraged, with tips to help the reader to be inventive. A curious reader with a desire to create an inspired, **deeply personal path** and free themselves from conformity will finish the book ready to take action and make magick happen!



Rebel Witch

Carve the Craft That's Yours Alone



Potions, Elixirs & Brews

A modern witches' grimoire of drinkable spells

Anaïs Alexandre

ISBN 9781786784346

Hardcover

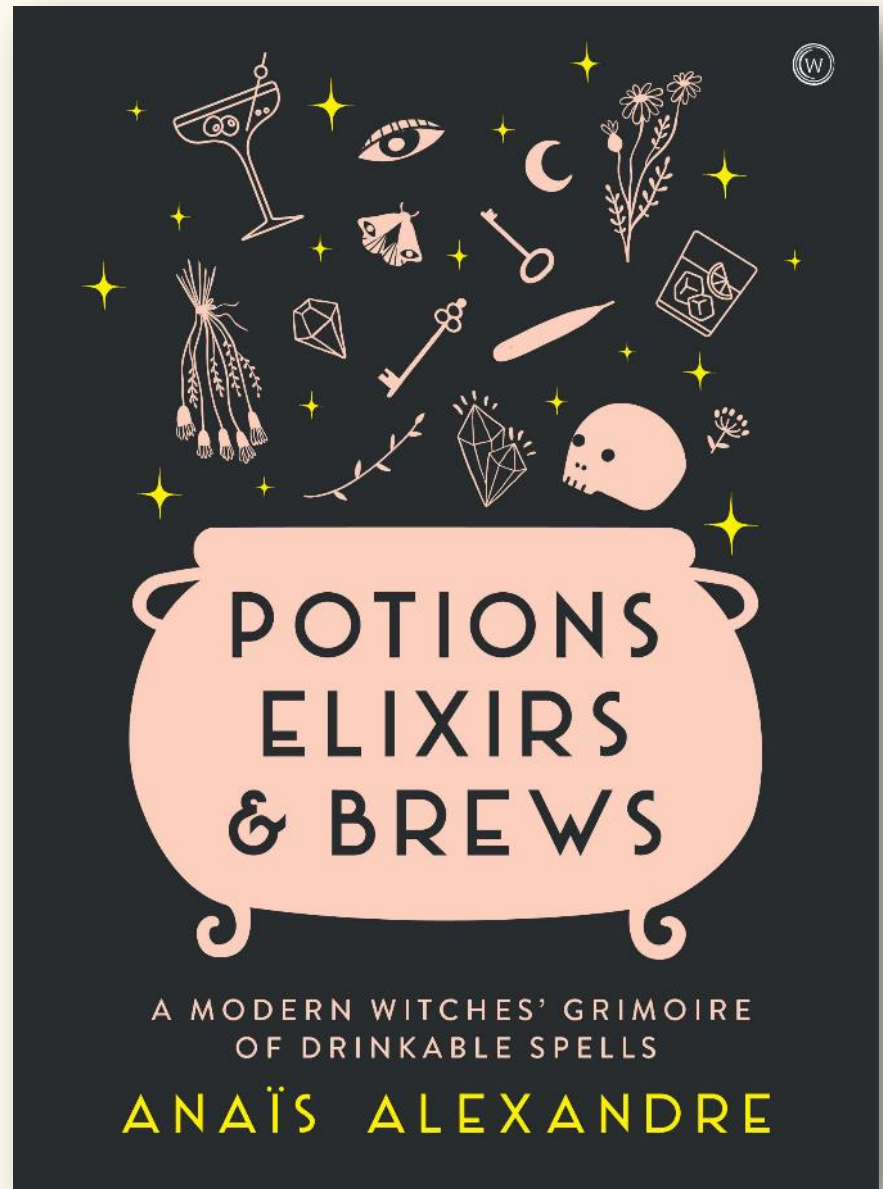
\$19.95 USA / \$21.95 Can

On-sale October 13, 2020

208 Pages

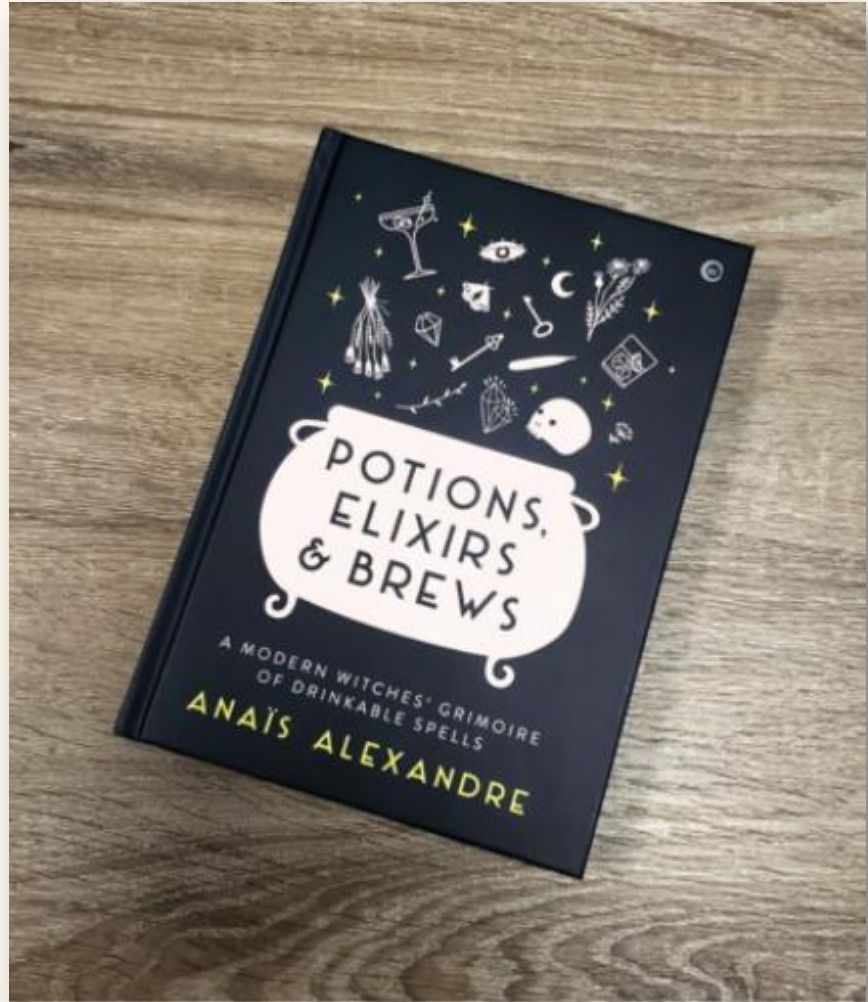
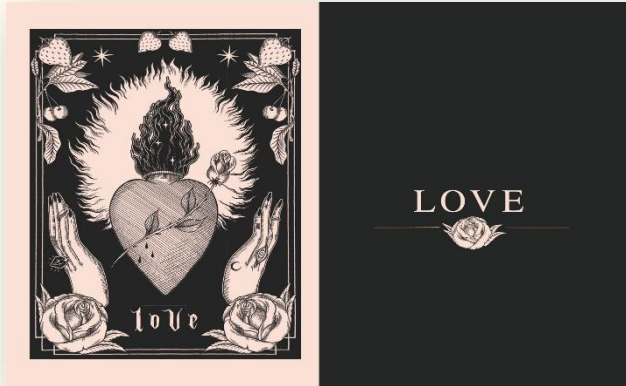
Watkins Media / Watkins Publishing

Taste real magic. Drawing on her eclectic craft, harnessing influences from Wiccan and rootwork practices, Anaïs Alexandre shares a collection of delicious potions for the modern witch. **From potent cocktails, to restorative elixirs and captivating brews, this book of drinkable spells offers the powers of time-honoured wisdom in truly delectable form.** Each potion is accompanied by a simple ritual to supercharge its effectiveness, whether as a solitary witch or with your coven. **Sip on a subtle love potion, draw monetary fortune your way with a lucky prosperi-tea, or spread friendship vibes with a warming party punch;** as the wheel of the year turns, discover your own craft through the magic of mixology.



Potions, Elixirs & Brews

A modern witches' grimoire of drinkable spells



LOVE

Love Magick is any magical working aimed at bringing about feelings of attraction, lust, admiration or obsession within another person. Love is nothing more powerful than love. It has the power to transform whatever it touches into the greatest form of itself because becomes passion, kindness becomes devotion, and friendliness becomes adoration. Love is what we're all seeking, what we want to attain, it or not. We are constantly in search of love from others through constant empathy and understanding. We can also deny ourselves will love every time we indulge in negative self talk. If only we could see just how beautiful each and every one of us really are, just as we are, we would find love like a single morning glorie in June.

Love spells and potions are the most common request the Wiccan community receives, and I am excited to fill. With these requests comes a deep sense of seriousness, they are need to feel wanted. These feelings of emptiness are things we've all experienced at one point or another and I want to tell you that the secret may be all you need to through the art of SELF-LOVE.

This may not be the answer you were looking for, but it's the one I'm going to because it's true. When I get demanded for my ex a year years back and I fall like hot garbage, understanding of love and affection, you must decide made all the difference in the world to me. What truly brought me to my feet was wanting love and strange you

additional skills and projects that I now passionate about. When you do things that make you happy and spend the majority of your time doing what you love, it shines inside and out. You shine like a diamond, and you make happy people because you live a magical. When you're happy the world can't help but be dazzled by you. This, my friends, is the only love magic you'll ever need.

But I understand there will be few folks who just want their cute person in their pants to notice them, or a co-worker to take them out for drinks. And that's it is no possible through spells to make generic feelings of love within another person, you are bring on feelings associated with love. Love are some recipes that aid in doing just this.

CORRESPONDENCES

INCENSE lavender, bergamot, clove, frankincense, rose, sandalwood, vanilla	DAY OF THE WEEK FOR LOVE SPELLS Friday
CRYSTALS TO INCLUDE amethyst, citrine, clear quartz, emerald, garnet, green aventurine, moonstone, rose quartz, ruby, sapphire, topaz, yellow jasper	PLANET FOR LOVE SPELLS Venus
WATER FOR LOVE SPELLS angelica, basil, catnip, chamomile, lavender, lemon balm, mint, oregano, rosemary, sage, spearmint, thyme, yarrow	ZODIAC SIGNS FOR LOVE SPELLS Taurus, Cancer, Libra, Pisces, Scorpio, Virgo
WOODS FOR LOVE SPELLS cedar, cypress, dogwood, hickory, locust, maple, oak, poplar, sycamore, white pine, yew	MOON PHASES FOR LOVE SPELLS Full moon, Dark moon

INGREDIENTS

1 cup Vanilla Bean Protein
1/2 cup Milk
1/2 cup Heavy Cream
2 tbsp. Strawberry cherry syrup
2 oz. Citroncelle Whiskey
appetizer

Magical Charms
a piece of Red Paper Folios
2 Lbs. Citroncelle Sugar

METHOD

In a small bowl, mix together a pinch of crushed red pepper flakes with the citroncelle sugar.

Place the top of the drink dispenser you plan to serve the drink in, then mix the glass with the protein mixture.

Keeping the object of your attention fixed in your mind, add all the ingredients into the glass, stirring the cherry protein last.

Finally, garnish with a swirl of cream, any that's been gently mixed using a lighter or foam. The goal is not to burn the entire song to a crisp, but rather to burn it into only a sweetest melody to the air.

RITUAL

LIGHT A RED SPICE BLENDED CANDLE WHILE YOU DRINK.

LOVE

Witchery

Embrace the Witch Within

Juliet Diaz

ISBN 9781788172042

Trade Paperback

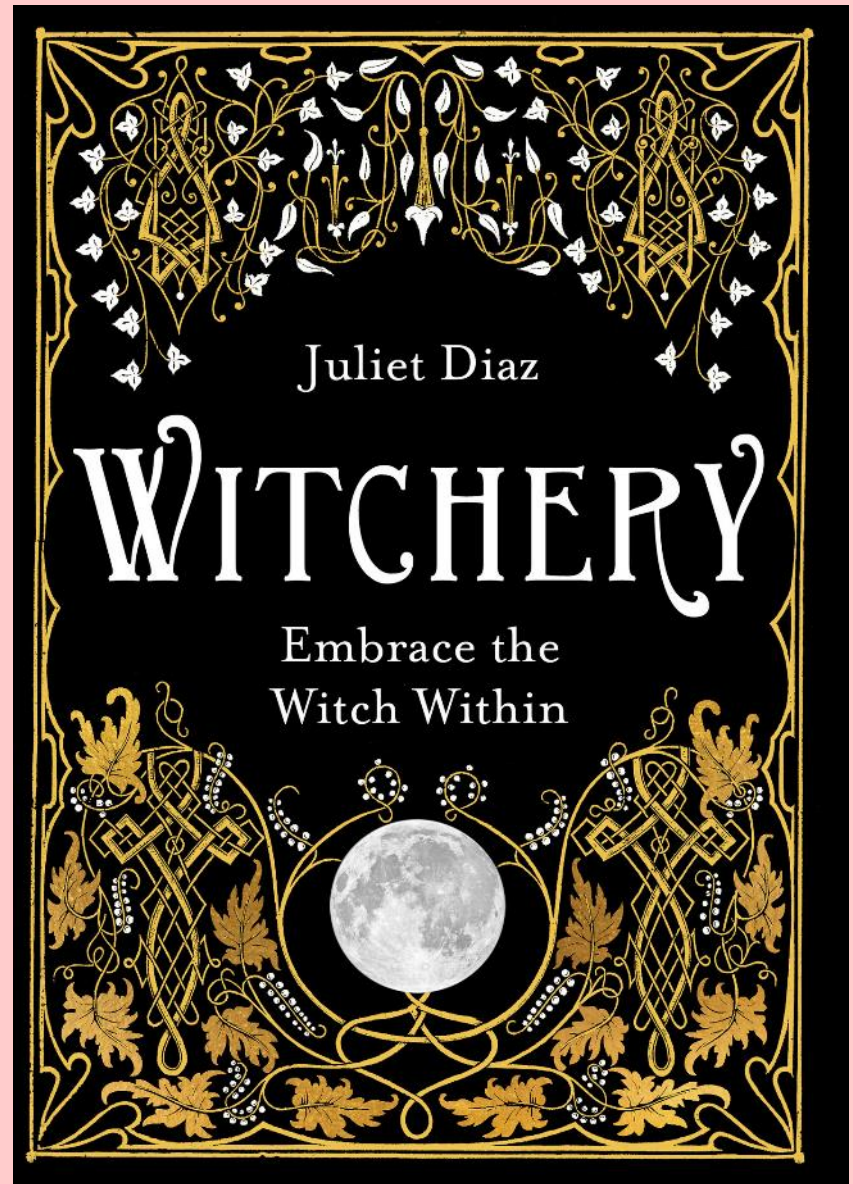
\$16.99 USA / \$22.99 Can

On-sale March 5, 2019

272 Pages

Hay House / Hay House Inc.

In this book, third-generation Witch Juliet Diaz guides you on a journey to connect with the Magick within you. **She explains how to cast off what doesn't serve you, unleash your authentic self, and become an embodiment of your truth.** You'll also learn the skills and techniques you need to build your own Magickal craft. Within these enchanted pages you'll discover how to: -Connect with the power of your inner witch -Create spells, potions, and rituals for love, protection, healing, manifestation and more -Amplify your energy by working with a Book of Shadows -Create an altar and decorate it according to the seasons -Work with the Moon and the Seasons of the Witch -Connect with your ancestors to receive their wisdom Filled with Magick, inspiration, and love, *Witchery* is your guide and companion on a wickedly delicious journey to true self-empowerment.



Spellwork for Self-Care

40 Spells to Soothe the Spirit

Potter Gift

ISBN 9781984822895

Hardcover

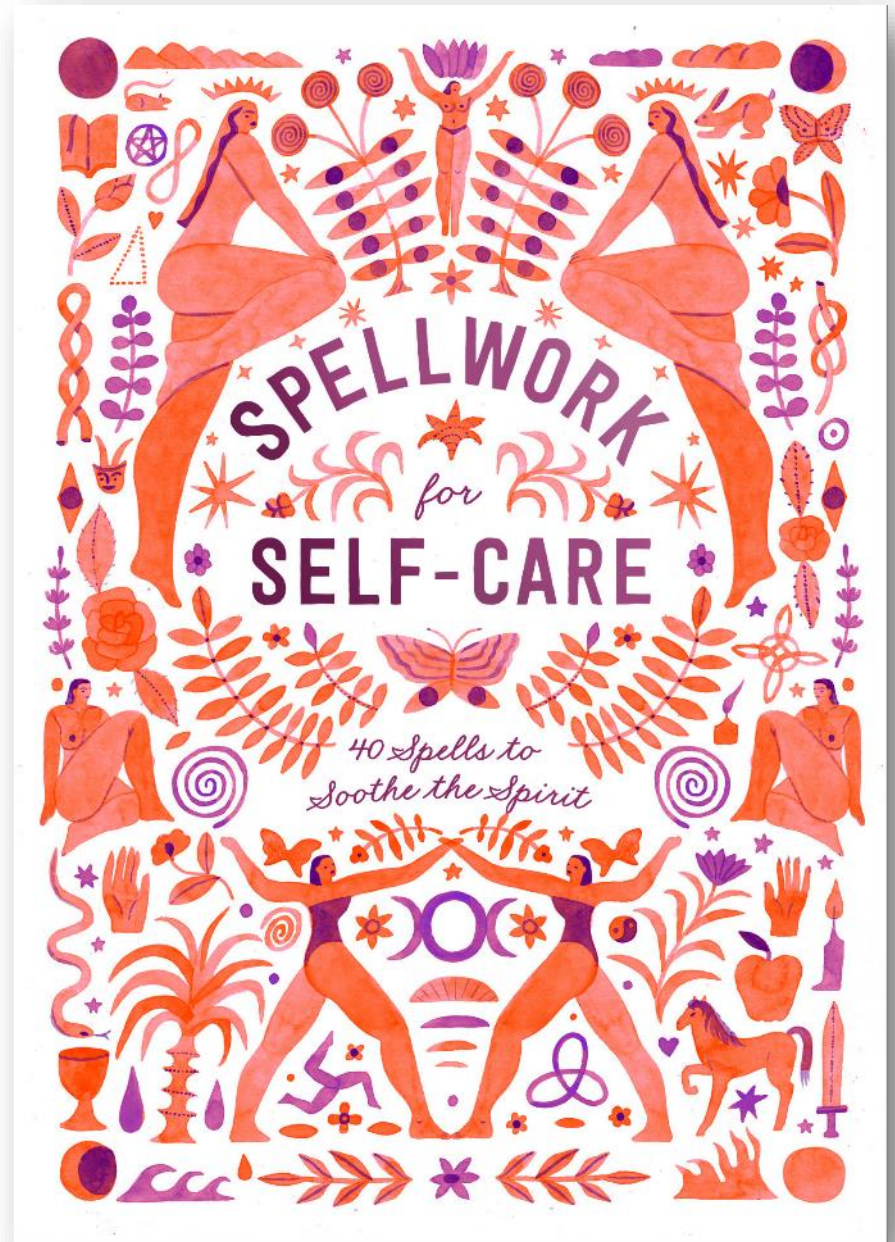
\$12.99 USA / \$17.50 Can

On-sale December 24, 2019

128 Pages

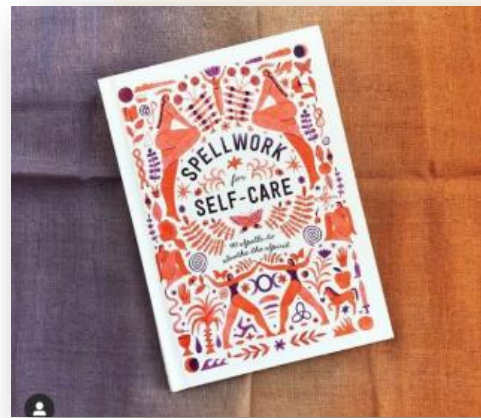
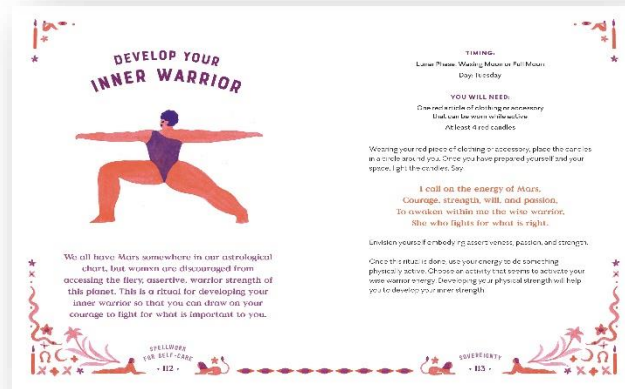
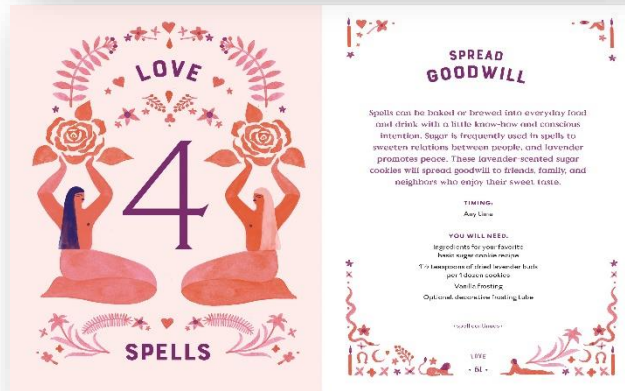
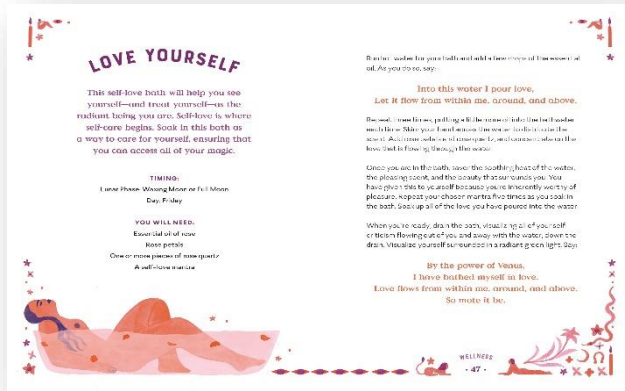
Clarkson Potter/Ten Speed / Clarkson Potter

Spellwork for Self-Care takes an old-fashioned approach to the practice of self-soothing. **As young people flock to the well-worn paths tread by the witches of yore by using tarot card readings, astrological sign analysis, and herbal home remedies for mental and physical ailments, the practice of witchcraft has morphed into a form of spirituality for millennials and Generation Z.** This book of 40 spells combines witchy spiritual practices with our culture's hunger for self-care, creating a compact resource for those seeking alternate paths to better mental, spiritual, emotional, and physical health.



Spellwork for Self-Care

40 Spells to Soothe the Spirit



The Book of Spells

The Magick of Witchcraft

Jamie Della

ISBN 9781984857026

Hardcover

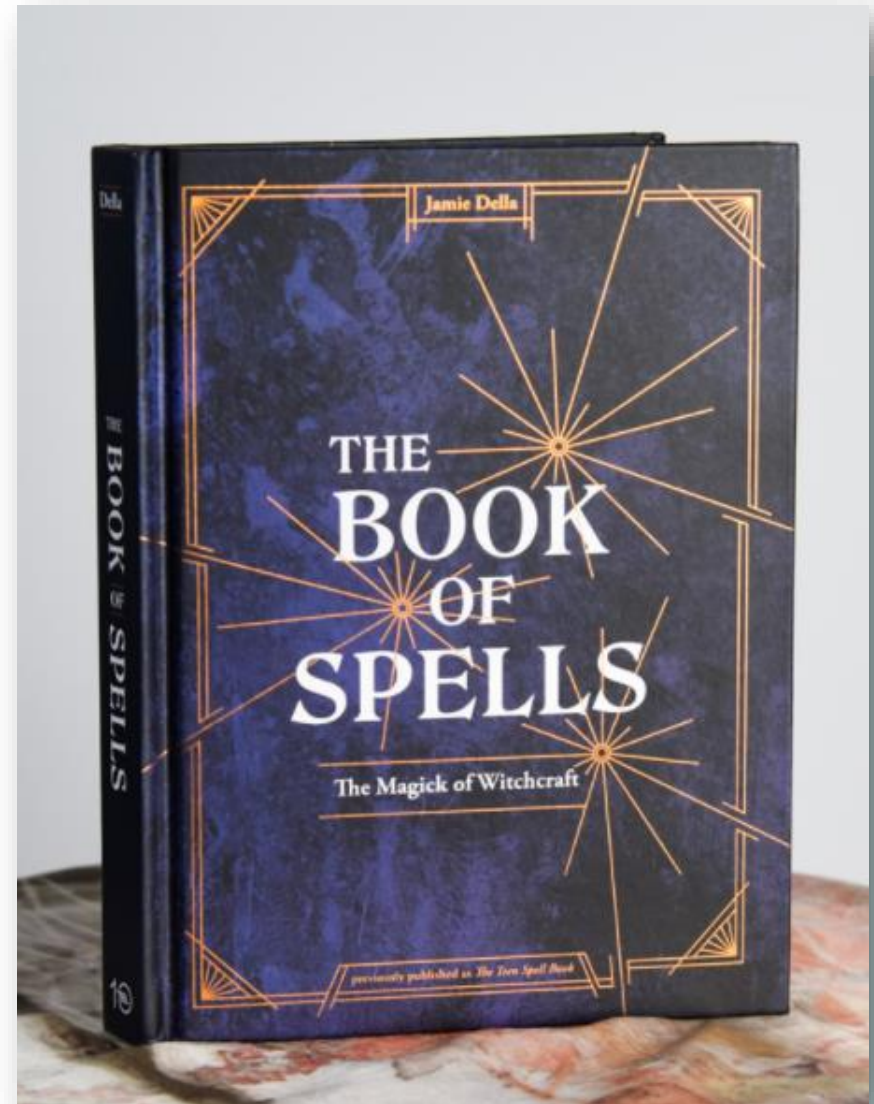
\$15.99 USA / \$21.99 Can

On-sale October 1, 2019

224 Pages

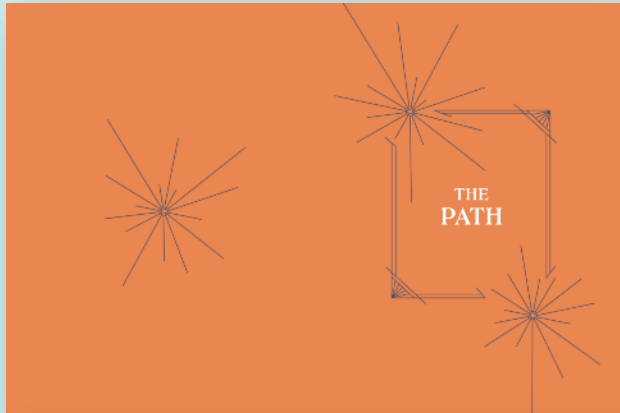
Clarkson Potter/Ten Speed / Ten Speed Press

Calling upon ancient powers and the ways of the Witch, *The Book of Spells* contains rituals and visualizations for releasing negativity, increasing bliss, healing a broken heart, finding your Spirit guides, embarking on the adventure of astral flight, and more. With the help of timeless myths and fables, as well as author Jamie Della's personal anecdotes, **each spell offers empowering insight to help you uncover your innate Divine essence.** This beautifully gilded compendium includes need-to-know information on Sabbats and ancient traditions, Gods and Goddesses, **and tools of the Craft such as herbs, crystals, tarot archetypes, moon phases, and runes.** *The Book of Spells* is the perfect beginner's guide to following the Path, practicing the Craft, and incorporating magick into your daily life.



The Book of Spells

The Magick of Witchcraft



RUNES
The runic alphabet has been used for centuries to create spells, charms, and talismans. Drawing or inscribing these symbols on paper, wood, or other objects helps them to manifest in your home or workplace or in the energetic energy of all things you touch. Runes can enhance the basic meanings and uses of each rune.

Fate
Means preordained events. This rune also signifies destiny, karma, and ancestry. Good or bad, it is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Justice
This is the rune of physical strength, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Power
This is the rune of power, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Wisdom
This is the rune of wisdom, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Love
This is the rune of love, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Health
This is the rune of health, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Peace
This is the rune of peace, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

War
This is the rune of war, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

Death
This is the rune of death, of the will, of the law, and of the scales of justice. It is a sign of things to come. It is a warning to be on guard, to be alert, to be aware of the signs and omens around you.

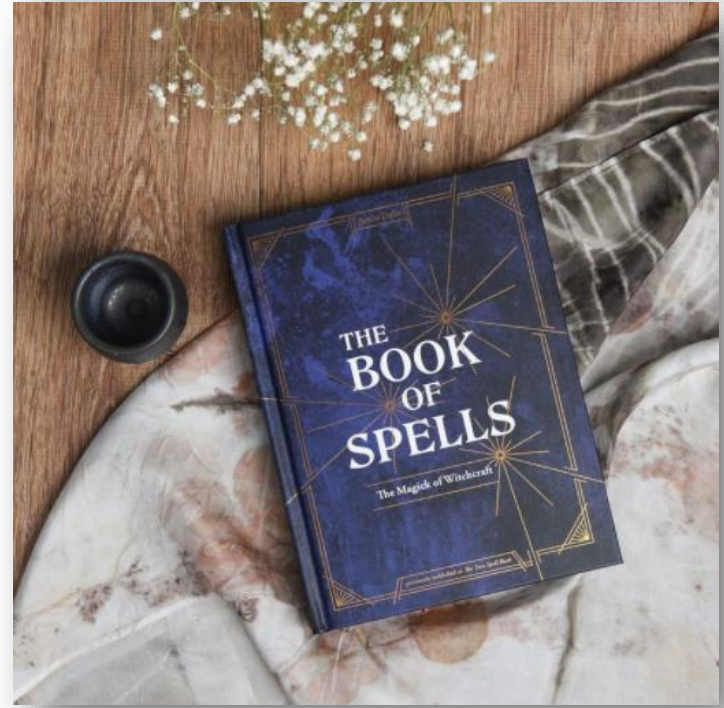
Cultivate Your Intuition

To increase your intuition, it helps to cultivate your sense of awareness. It is not merely an act of will, but a process of becoming more aware of the subtle energies around you. It is a process of becoming more aware of the subtle energies around you. It is a process of becoming more aware of the subtle energies around you.

Intuition comes from within. You have an inner voice that speaks to you in a quiet, guiding voice. The more you listen to this inner voice, the more your intuition will grow.

To encourage awareness of your intuition, you need to quiet the noise of your mind and listen and meditate. Burn a sage bundle or dried, loose-leaf herbs in grass scents for opening a window to the world of Spirit. Put the smoke over a clear quartz crystal under lantern-like crystals for developing intuition. Light a purple candle to connect with the Spirit realm. Take one short breath. Do not try to relax or try to control anything through the body. Concentrate on breathing. Take one short breath and inhale. How do you feel? Holding your breath for a moment near your feet. Do not as the breath and within a week, you will begin to feel your intuition more clearly. This is the beginning of the work of the Spirit realm. It is a process of becoming more aware of the subtle energies around you. It is a process of becoming more aware of the subtle energies around you.

Intuition is the voice of the Spirit realm. It is a process of becoming more aware of the subtle energies around you. It is a process of becoming more aware of the subtle energies around you.



A History of Magic, Witchcraft, and the Occult

DK; Foreword by Suzannah Lipscomb

ISBN 9781465494290

Hardcover

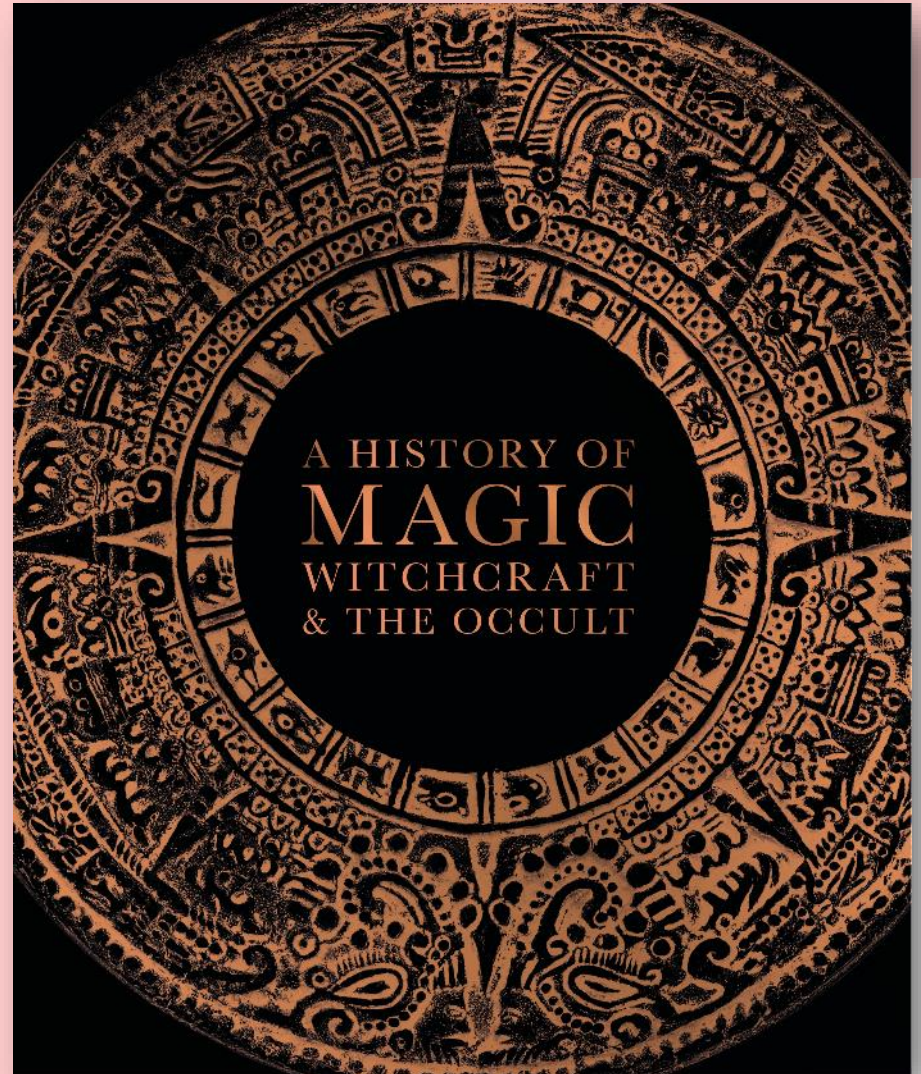
\$35.00 USA / \$45.00 Can

On-sale August 18, 2020

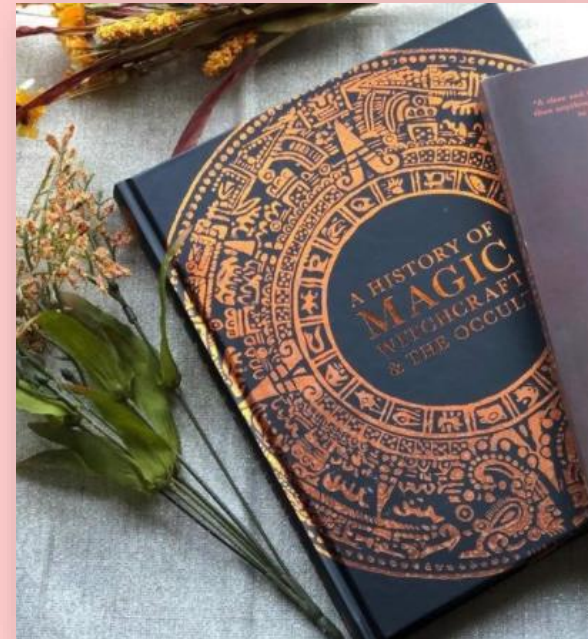
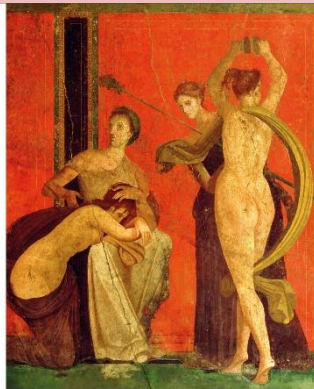
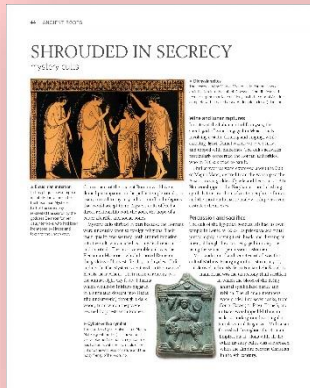
320 Pages

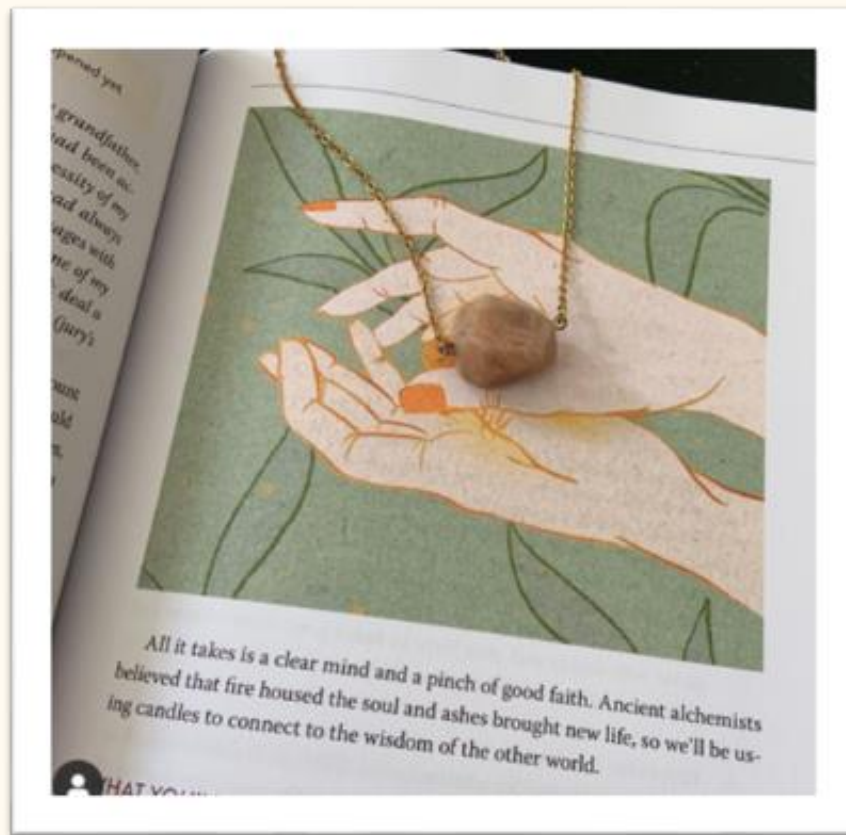
DK. / DK

Discover the beguiling history of witchcraft, magic, and superstition through the centuries in this stunningly illustrated title. *A History of Magic, Witchcraft and the Occult* charts the extraordinary narrative of one of the most interesting and often controversial subjects in the world, covering everything from ancient animal worship and shamanism, through alchemy and divination to modern Wicca and the resurgence of the occult in 21st-century literature, cinema, and television. **Providing readers with a balanced, and unbiased account of everything from Japanese folklore and Indian witchcraft to the differences between black and white magic, and dispelling myths such as those surrounding the voodoo doll and Ouija, the book explores the common human fear of, and fascination with spells, superstition, and the supernatural.** The perfect introduction to magic and the occult, this wide-ranging volume explores forms of divination from astrology and palmistry to the Tarot and runestones, mystical plants and potions such as mandrake, the presence of witchcraft in literature from Shakespeare's *Macbeth* to the Harry Potter series, and the ways in which magic has interacted with religion.



A History of Magic, Witchcraft, and the Occult





Spirituality & Mindfulness

yesterday i was the moon

Noor Unnihar

ISBN 9780525576013

Trade Paperback

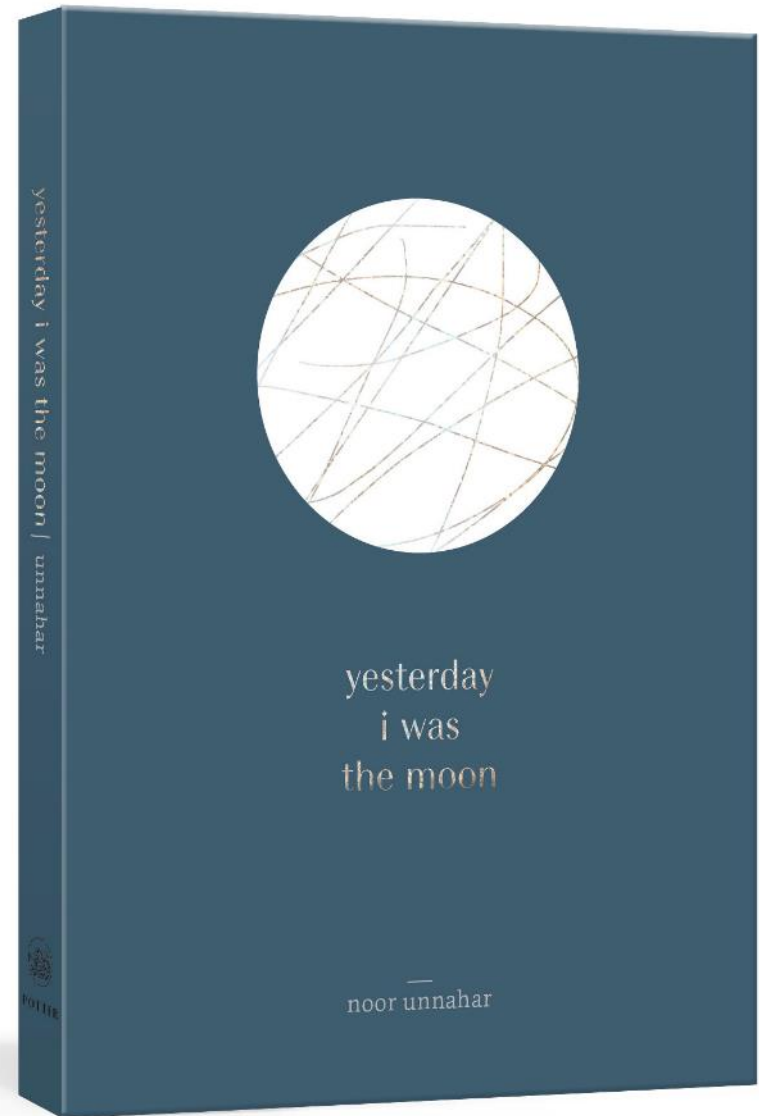
\$14.99 USA / \$19.99 Can

On-sale March 27, 2018

160 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

yesterday i was the moon centers around themes of love and emotional loss, the catharsis of creating art, and the struggle to find one's voice. Noor's poetry ranges from succinct universal truths to flowery prose exploring her heritage, what it means to find a physical and emotional home, and the intimate and painful dance of self-discovery. **Her poetry and art has already inspired thousands of fans on Instagram to engage with her words through visual journal entries and posts of their own, and her fan base only continues to grow.**



yesterday i was the moon



In Your Dreams

A Vision Board Kit to Visualize Your Ambitions and Plan Your Goals

Ilana Griffo

ISBN 9781950968145

Non-traditional book

\$29.95 USA / \$39.95 Can

On-sale October 29, 2020

0 Pages

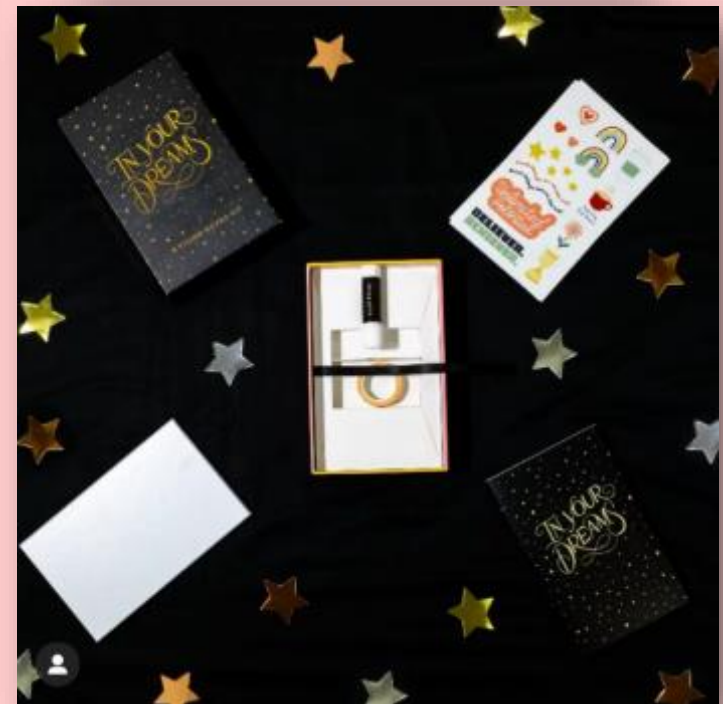
Blue Star / Paige Tate & Co

In Your Dreams includes all the supplies you need to make a vision board--a collage of words, quotes, and pictures that visually represent the life and future you want. It also includes a guided journal filled with reflections, writing prompts, and exercises to help you plan your goals and get inspired to attain them. Creating a vision board that is uniquely tailored to your dreams will help you focus your energy toward actually making them happen. **In Your Dreams includes:** -A guided journal with personal reflections, writing prompts, and questions to help you with goal-setting and get you excited about your future--before you create your vision board -A sturdy, blank board you can use as your canvas -60+ stylish photos -50+ stickers with cute icons and graphics -Hand-Drawn Patterns and Inspirational Graphics, like "Brave & Bold," "Shine From Inside," "Ambitious AF," "Follow Your Enthusiasm," "Own Your Power," and "More Fun, Less Fear" -Decorative Washi Tape -Non-Toxic Glue Stick No matter your goals, this In Your Dreams vision board kit, created by Ilana Griffo, author of the bestselling book *Mind Your Business*, can help you "see" the life you want to create and get focused on the steps to take to achieve it.



In Your Dreams

A Vision Board Kit to Visualize Your Ambitions and Plan Your Goals



A Year of Mystical Thinking

Make Life Feel Magical Again

Emma Howarth

ISBN 9781401962883

Trade Paperback

\$16.99 USA / \$22.99 Can

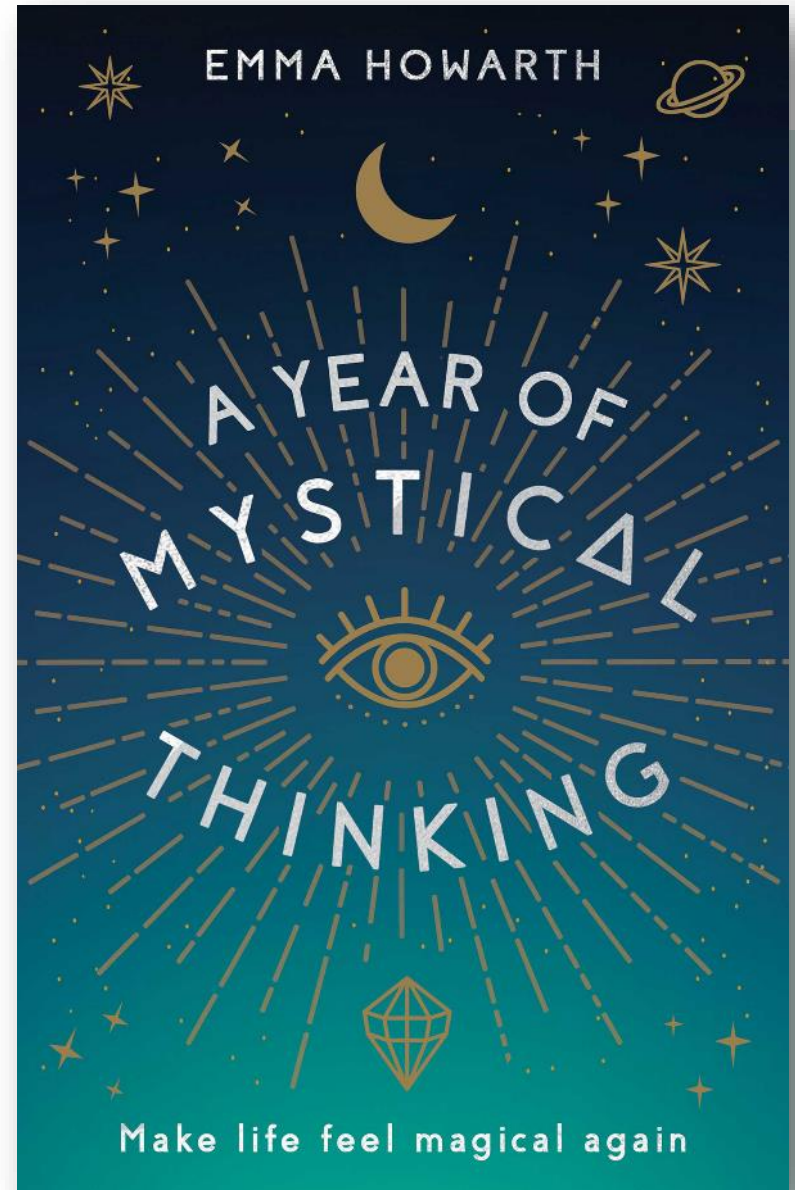
On-sale September 14, 2021

288 Pages

Hay House / Hay House UK

**New
Title**

Discover the magic of today's most popular spiritual practices in this fresh and funny account of embracing a year full of astrology, reiki, crystals, and more! Introducing Emma Howarth: lifestyle journalist turned soul-seeker. Writing with humour and curiosity, Emma shows us that we don't need to fly to Italy, India, or Bali to have an adventure and find inner peace-there's plenty of magic right on our doorstep. At the end of 2017, feeling burnt out and broken, Emma decided to go on a year-long quest for inner peace-from the comfort of her own home. She tried all sorts of spiritual practices in a bid to derive more meaning from life. The result was a year that changed everything. A year that turned frantic chaos into life in the slow lane. A year of magic and moonlight and pink sky sunrises. A year fragranced with incense and burning herbs (that sometimes smelled suspiciously illegal). In *A Year of Mystical Thinking*, Emma shares her sparkling and fun account of the year that transformed her life and demystifies the world of new age spirituality, helping you to find practices that will bring new meaning and joy to your life. **Each month Emma introduces a new spiritual practice, with practical, actionable tips-from how to create the perfect vision board to living by the phases of the Moon.** Follow Emma's journey as she connects with spirit guides in February, obsesses over astrology in July, and learns about Reiki in November, and be inspired to embark on your own year of mystical thinking!



Healing Is the New High

A Guide to Overcoming Emotional Turmoil and Finding Freedom

Vex King

ISBN 9781401961244

Trade Paperback

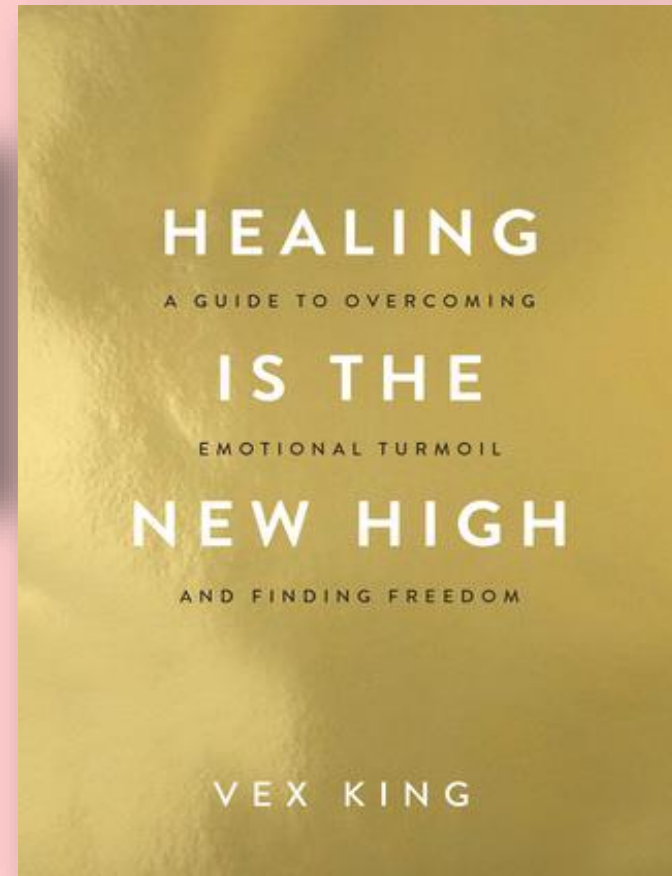
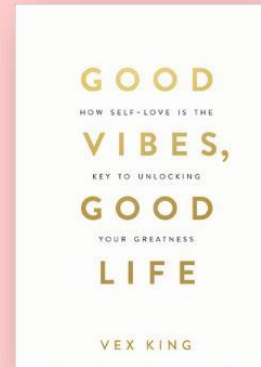
\$19.99 USA / \$25.99 Can

On-sale April 13, 2021

304 Pages

Hay House / Hay House UK

New
Title



Achieve genuine inner healing, let go of trauma and find clarity, resilience and freedom **with #1 Sunday Times bestselling author Vex King.** Vex developed powerful inner healing techniques to help him break free from his troubled past, heal his emotional pain and trauma, and create a new and empowering belief system. Since then, he's helped thousands of people worldwide unlock their own healing journey. And now he's here to help you become your own healer too. **Vex shares how to experience healing through the layers of the self, combining yogic principles and simple, accessible techniques for exceptional, long-lasting results. These transformative practices include:** -Working with your body's energy -Exploring and raising your inner vibration -Creating positive relationships -Exploring your personal history and rewriting limiting beliefs -Uncovering your true self and reigniting your fire





The Spirit Almanac

A Modern Guide to Ancient Self-Care

Emma Loewe and Lindsay Kellner;
Illustrations by Charlotte Edey

ISBN 9780143132714

Hardcover

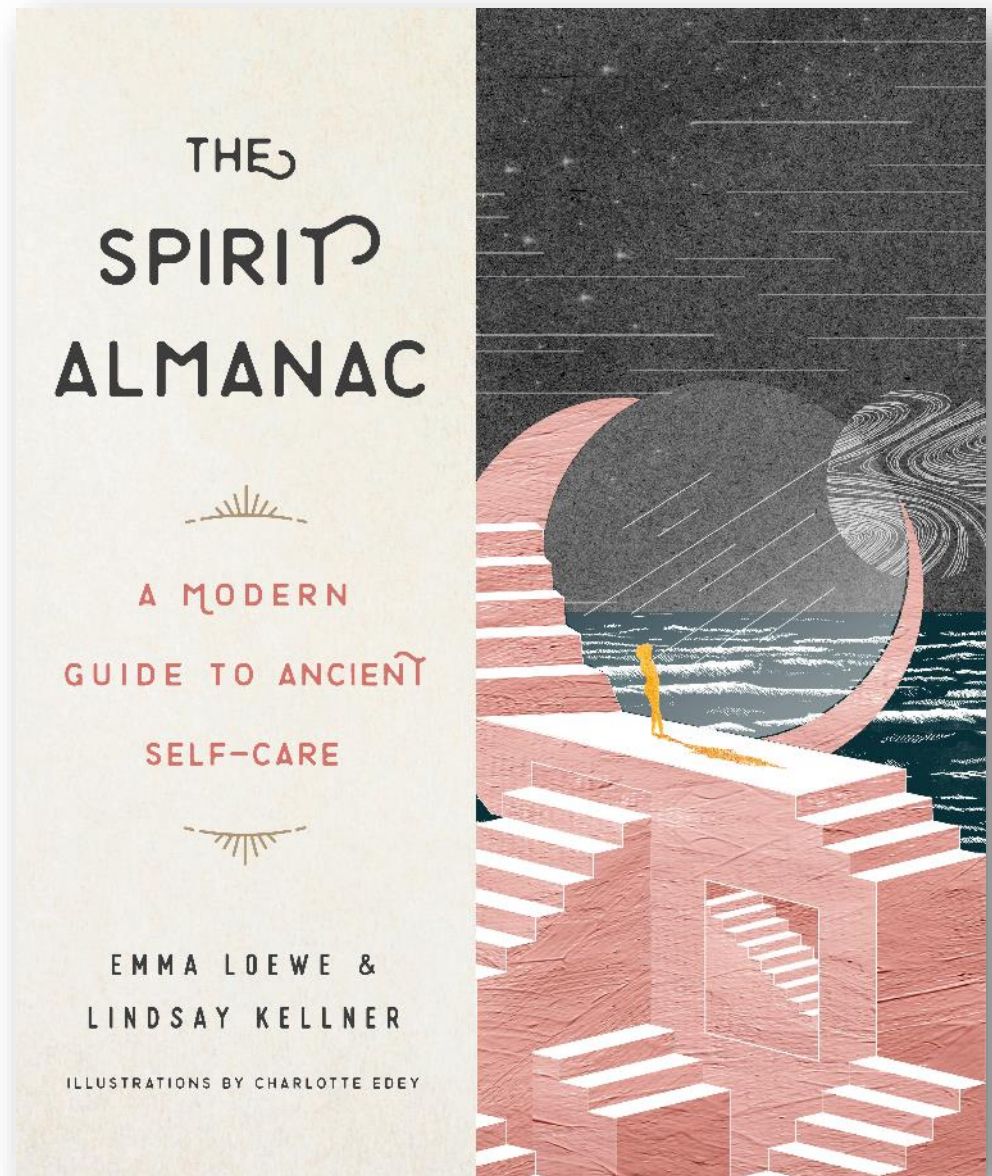
\$25.00 USA / \$34.00 Can

On-sale October 16, 2018

288 Pages

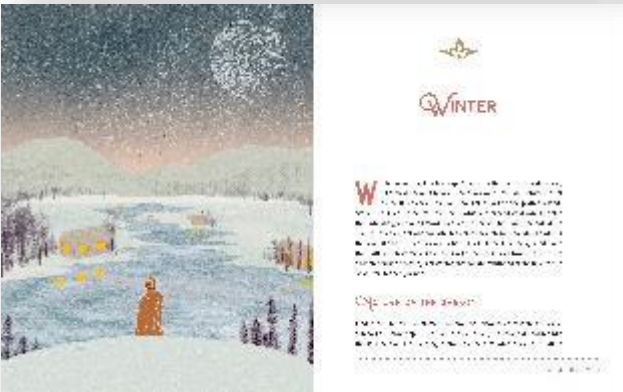
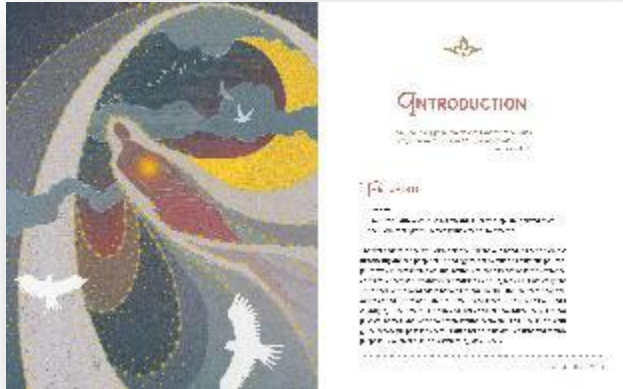
Penguin Adult HC/TR / TarcherPerigee

Taking time to nourish yourself and connect to the rhythms of the Earth can feel like a tall order when your days are packed to the brim but this beautifully illustrated handbook can make it a whole lot easier. **The Spirit Almanac provides readers with potent, accessible rituals they will want to call on again and again throughout the year to feel more grounded, aligned with their purpose, and in touch with their own innate sense of knowing.** Divided by the four seasons, this book features dozens of ideas for spirit and soul enriching rituals including: -Honor the quiet of winter and the start of the year by setting new intentions with a seed planting ritual -Come spring, try a breathwork ritual to release blocks and move forward -**Celebrate summer with a forest bathing ritual to clear your mind or a crystal ritual for an open, receptive heart** -Wind down in fall with a self-soothing full moon ceremony to reflect on the year The Spirit Almanac will infuse your life with more joy, gratitude, and a deeper connection to yourself and our Mother Earth.



The Spirit Almanac

A Modern Guide to Ancient Self-Care



Meditations and Affirmations

64 Cards to Awaken Your Spirit

Deepak Chopra, M.D.

ISBN 9780593231791

Non-traditional book

\$18.99 USA / \$24.99 Can

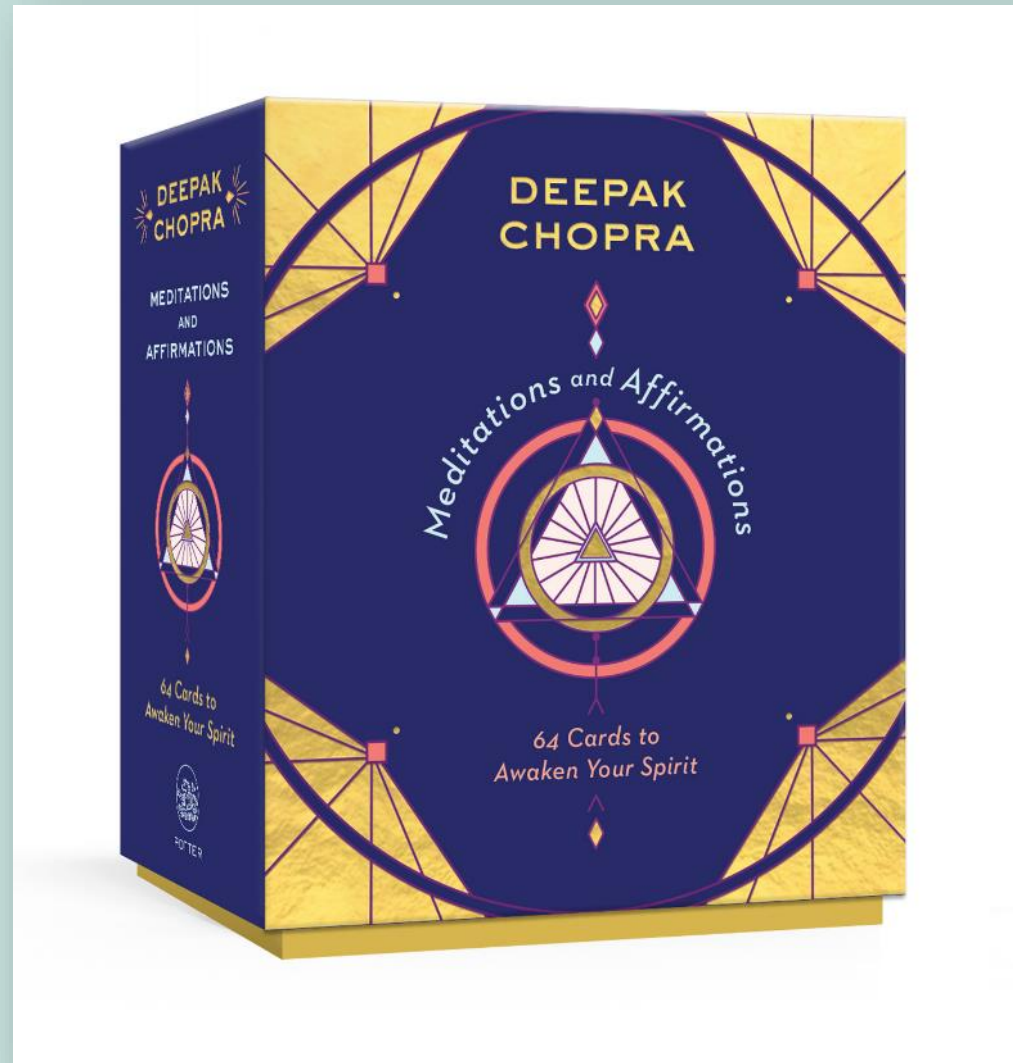
On-sale February 23, 2021

64 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

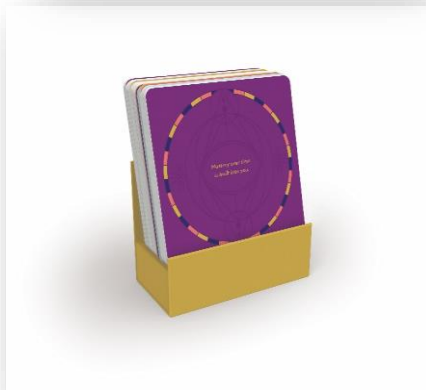
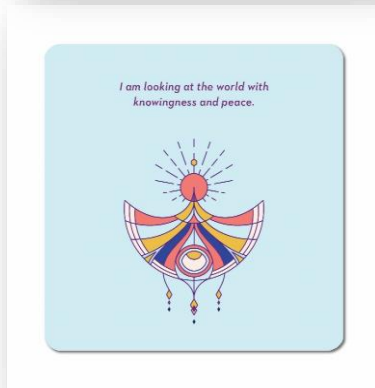
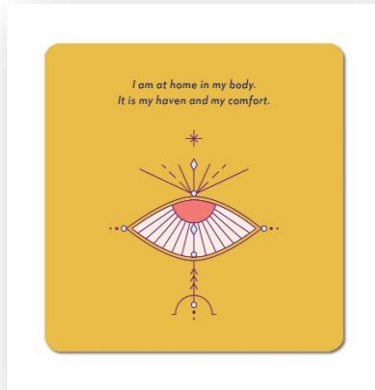
**New
Title**

For the last thirty years, Deepak Chopra has been at the forefront of the meditation revolution in the West. **With this first-ever deck of affirmation cards, you'll learn to cultivate a clear mind, heal the mind and body, and practice mindfulness in a completely unintimidating way.** Each of the **sixty-four cards** has a meditation on one side and an affirmation on the other, both embellished with original three-color art. Just pick a card, let it inspire and motivate you and help you set intentions. It's a simple daily practice that will change your life.

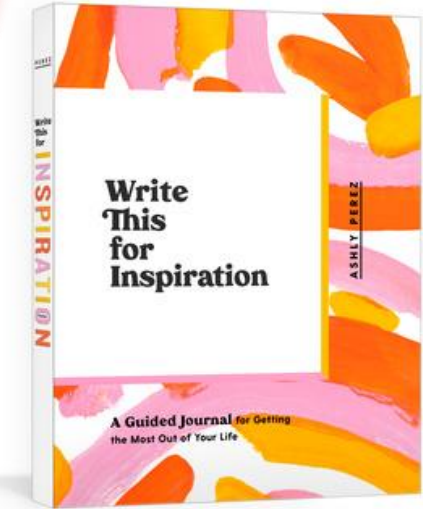
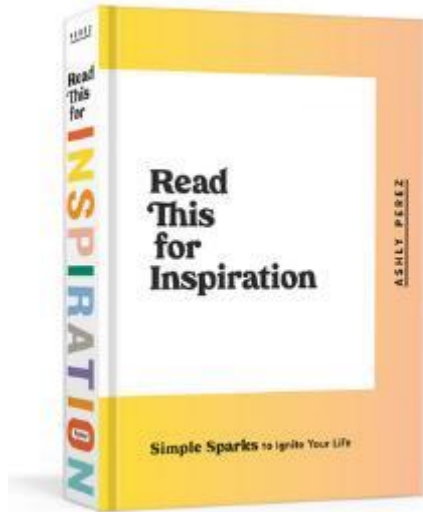


Meditations and Affirmations

64 Cards to Awaken Your Spirit



Ashly Perez Collection



Read This for Inspiration
Simple Sparks to Ignite Your Life

Ashly Perez

ISBN 9780593135334

Hardcover

\$19.99 USA / \$25.99 Can

On-sale December 1, 2020

256 Pages

Send This for Inspiration
50 Postcards for Any Occasion

Ashly Perez

ISBN 9780593135358

Non-traditional book

\$16.99 USA / \$22.99 Can

On-sale August 17, 2021

50 Pages

Write This for Inspiration
A Guided Journal for Getting the Most Out
of Your Life

Ashly Perez

ISBN 9780593135365

Non-traditional book

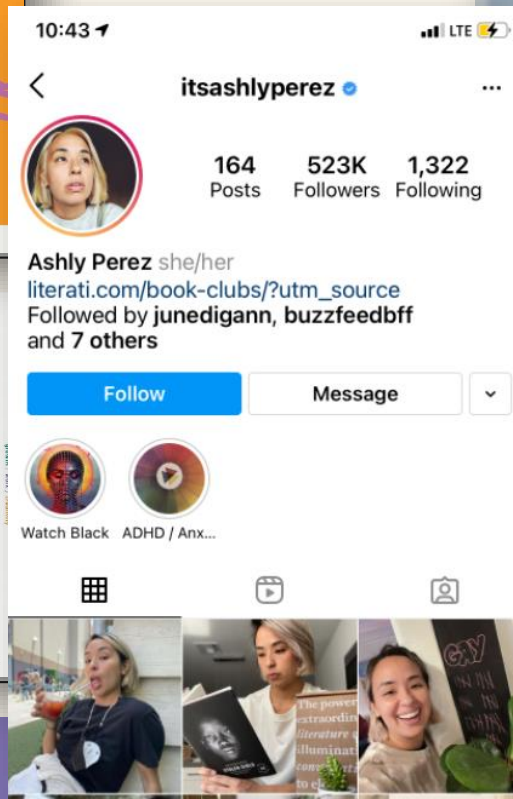
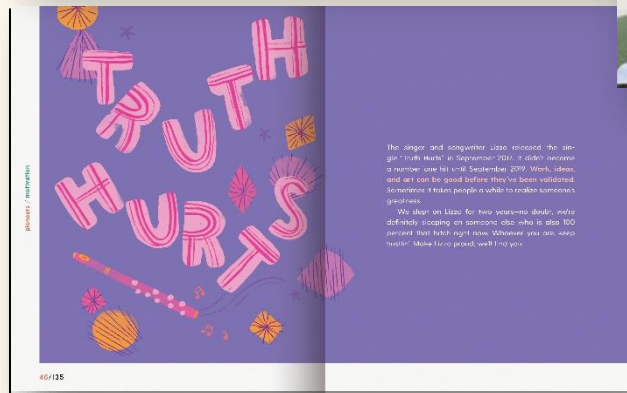
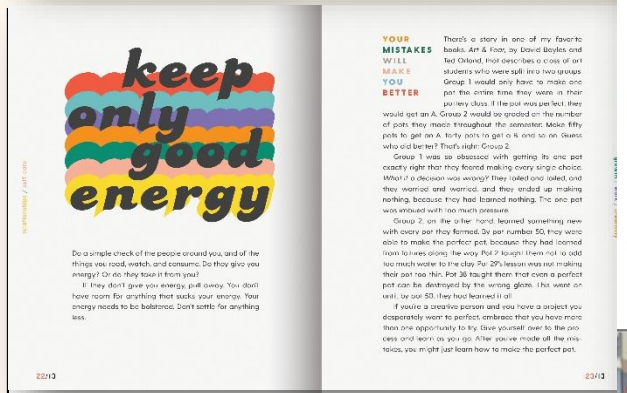
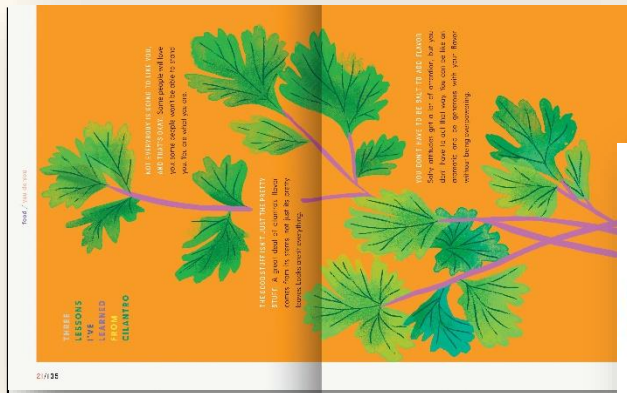
\$14.99 USA / \$19.99 Can

On-sale August 17, 2021

176 Pages

Read This for Inspiration

Simple Sparks to Ignite Your Life



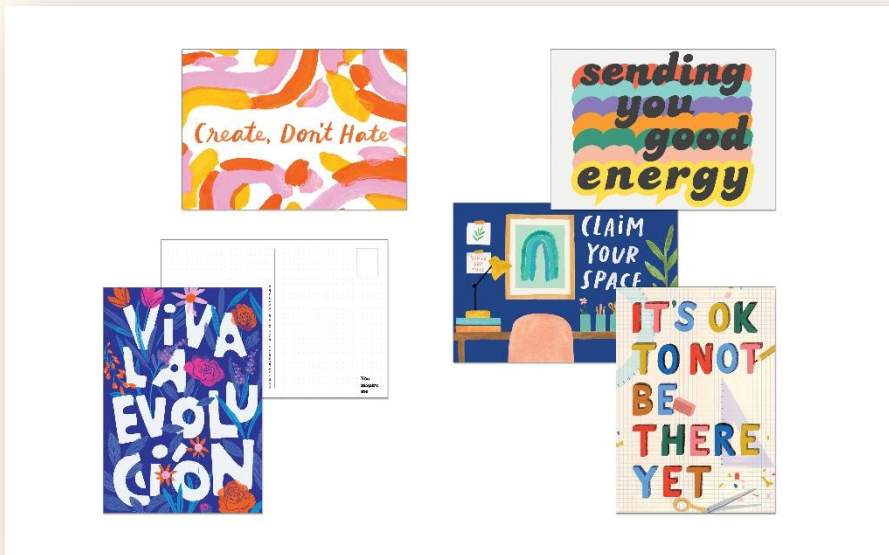
Write This for Inspiration

A Guided Journal for Getting the Most Out of Your Life



Send This for Inspiration

50 Postcards for Any Occasion



My Body, My Home

A Radical Guide to Resilience and Belonging

Victoria Emanuela and Caitlin Metz

ISBN 9781984824677

Non-traditional book

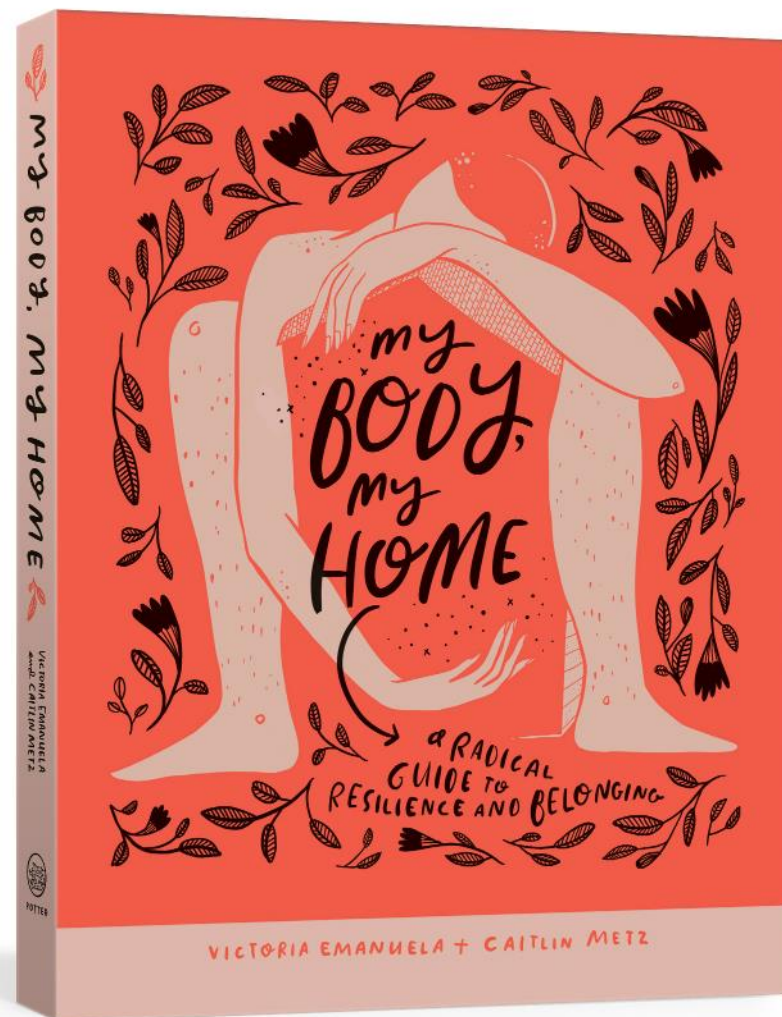
\$14.99 USA / \$19.99 Can

On-sale October 6, 2020

160 Pages

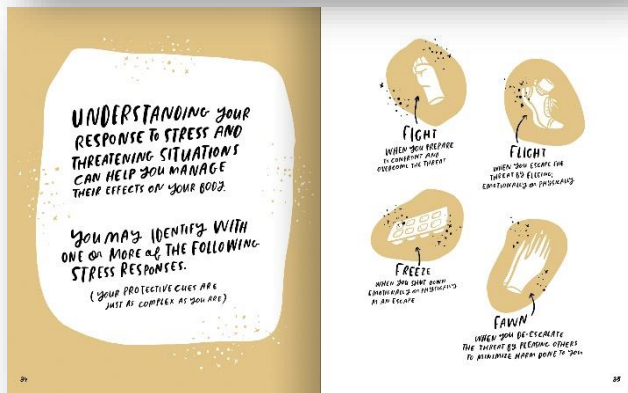
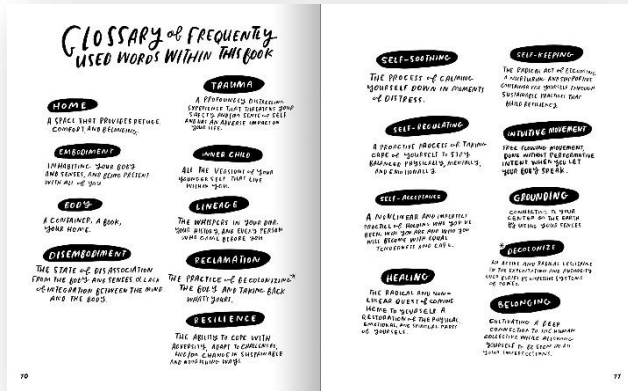
Clarkson Potter/Ten Speed / Clarkson Potter

My Body, My Home is an embodied, interactive guide to belonging. It is a path to self-acceptance, resilience, and healing the disconnect between body and mind. This book is for those of us who have left our bodies--those who needed to escape from our physical form in one way or another. **It is a gentle reminder that you belong and a guide to connecting to yourself.** With a variety of soothing meditations and prompts for reflection, this workbook focuses on the relationship between you and your body. How have you left yourself? What does it mean to feel grounded and safe? To whom, what, and where do you belong? As you reflect on your answers to these questions, write in the margins, draw what you feel, and engage with your inner child, your lineage, and your shadow self. **The authors use each page to encourage self-expression with a variety of prompted exercises, from body maps and drawings to lists and Venn diagrams.** Challenge the negative stories you tell yourself. Embrace the ways in which you belong. Practice patience with yourself as you grow, hurt, love, and find your home. My Body, My Home is at once a celebration and a tender reclamation of the miracle that is your body.



My Body, My Home

A Radical Guide to Resilience and Belonging



Moon Lists

Questions and Rituals for Self-Reflection: A Guided Journal

Leigh Patterson

ISBN 9781984822727

Non-traditional book

\$14.99 USA / \$19.99 Can

On-sale June 25, 2019

160 Pages

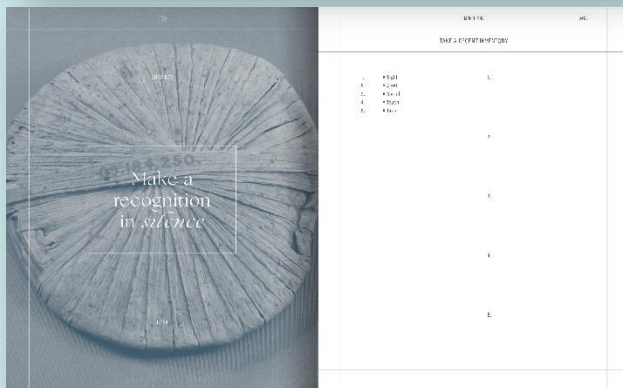
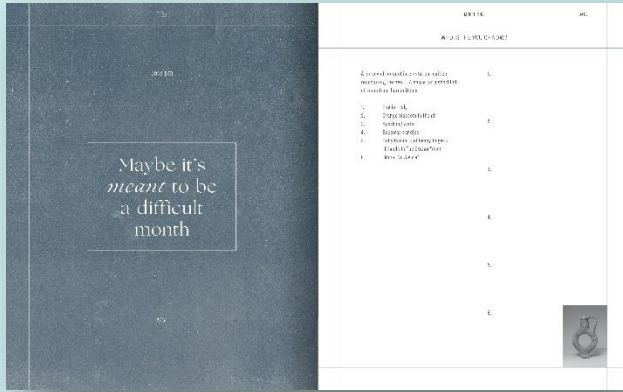
Clarkson Potter/Ten Speed / Clarkson Potter

Loosely organized around the phases of the moon and punctuated with **references to '70s astrology, architecture, and art, Moon Lists encourages journalers to stop and reflect on the precious moments in their lives before time passes them by.** A set of evolving monthly writing prompts and suggestions for physical activities can be completed individually or with a partner, and will offer readers some perspective on the present and their recent past.



Moon Lists

Questions and Rituals for Self-Reflection: A Guided Journal



Rune Reading Your Life

A Toolkit for Insight, Intuition, and Clarity

Delanea Davis

ISBN 9781623174514

Hardcover

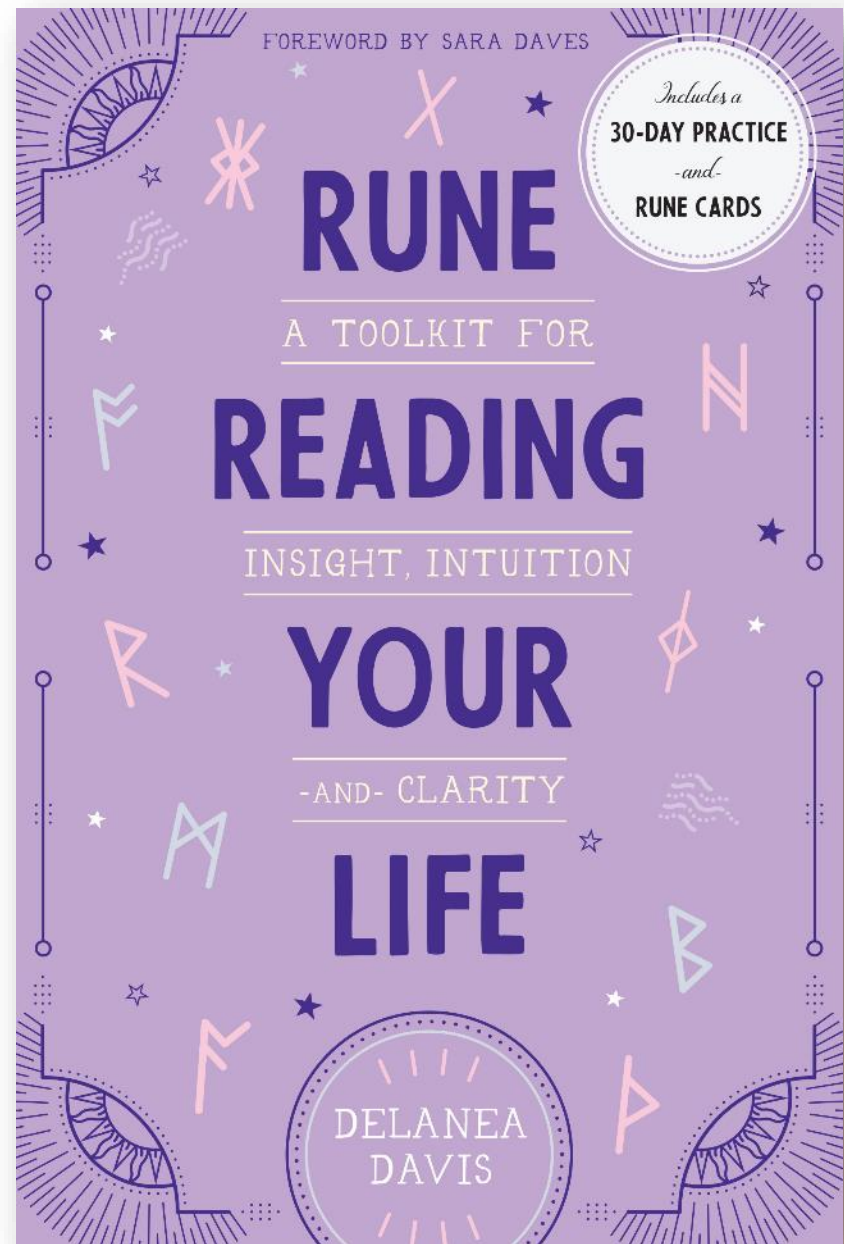
\$19.95 USA / \$25.95 Can

On-sale March 20, 2020

272 Pages

North Atlantic Books / North Atlantic Books

Reveal the wisdom of the runes--**24 Norse symbols**--to connect with your true self, master the art of being present, and fearlessly welcome your future's unfolding. Like pulling an angel card, consulting a horoscope, or reading tarot, **choosing runes with a question or intention in mind allows us to draw on the divinatory magic of these ancient symbols.** We can make space for dialogue with our inner selves, convert intentions into actions, and open ourselves to being more aware and awake than we ever thought possible. This approachable, accessible, and empowering introduction to the runes shows you how. In three practical sections, *Rune Reading Your Life* provides an **introduction to the 24 runic symbols and their history, explains their ancient meanings, and reveals their modern interpretations.** It guides you on a 30-day transformational rune reading practice, showing how to interpret and apply runic wisdom to everyday life. **Also included are removable rune cards that readers can use to begin their practice immediately.**





Notecards

Donna Wilson Critter Cards

12 Die-Cut All-Occasion Blank Boxed Notecards and Envelopes with Sticker Sheet

Donna Wilson

ISBN 9780525572862

Non-traditional book

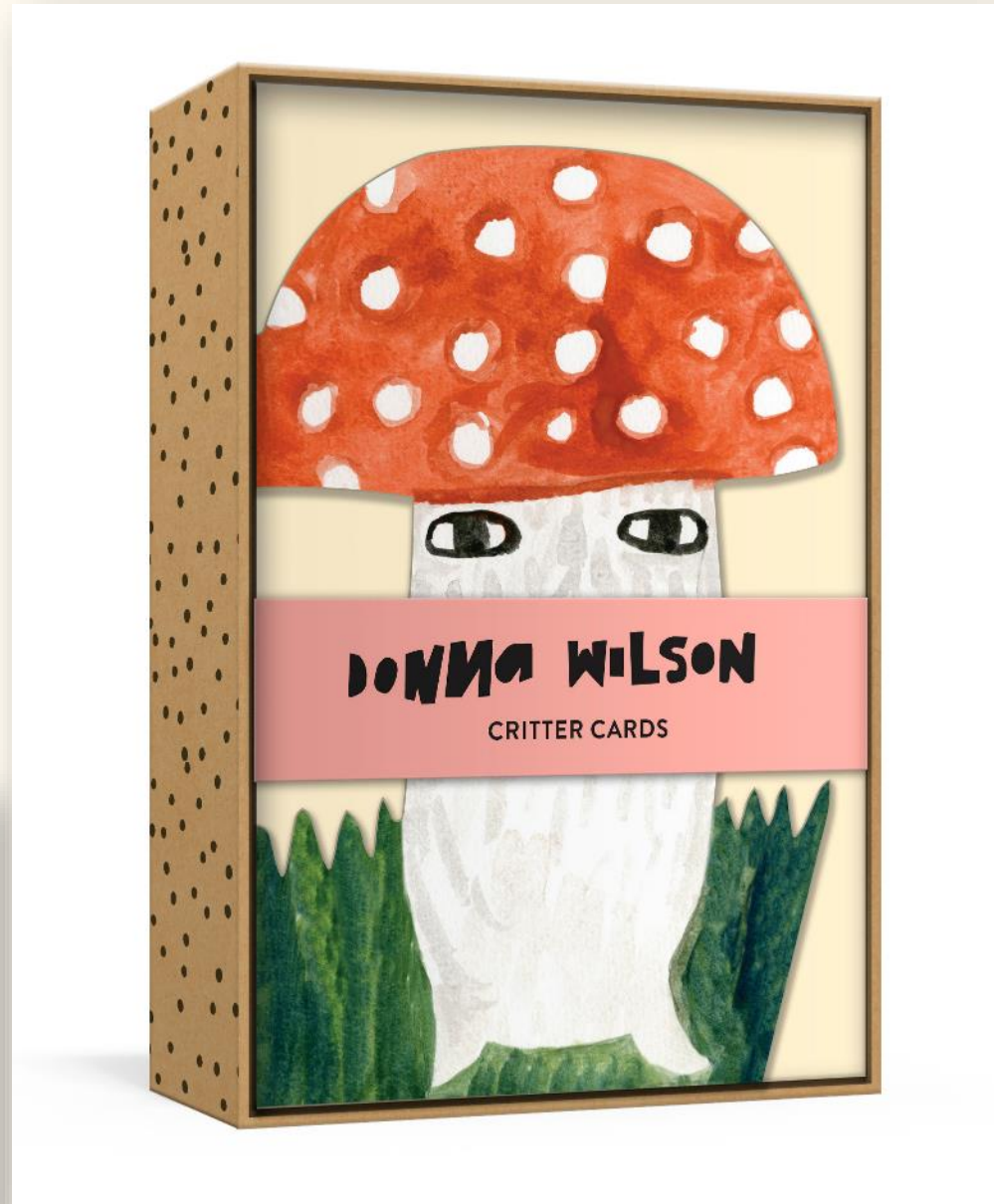
\$16.99 USA / \$22.99 Can

On-sale August 28, 2018

12 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

These twelve die-cut cards feature six of Donna Wilson's **wildly popular imaginary creatures** (two of each--one to send and one to keep) that until now have only been available in knitted versions. Expressive eyes, a button nose, and a crooked smile will be rendered in thread on each to echo the cuddly nature of the textile versions.



Flora Forager: Butterfly Notecards

Bridget Beth Collins

ISBN 9781632172167

Non-traditional book

\$14.99 USA / \$14.99 Can

On-sale April 17, 2018

16 Pages

Sasquatch Books / Sasquatch Books

A wonderful pairing with the Metamorphosis journal (also pubbing April 10, 2018) or a beautiful stand-alone gift, this notecard set includes 16 cards featuring 8 original compositions (with over 15 moths and butterflies), colored envelopes, and a gorgeous keepsake box. **The backs of the cards list the common and scientific names of each butterfly and moth as well as the organic materials used to create each piece.**





Herbal

The Rebel's Apothecary

A Practical Guide to the Healing Magic of Cannabis, CBD, and Mushrooms

Jenny Sansouci; Foreword by Frank Lipman, MD

ISBN 9780593086575

Trade Paperback

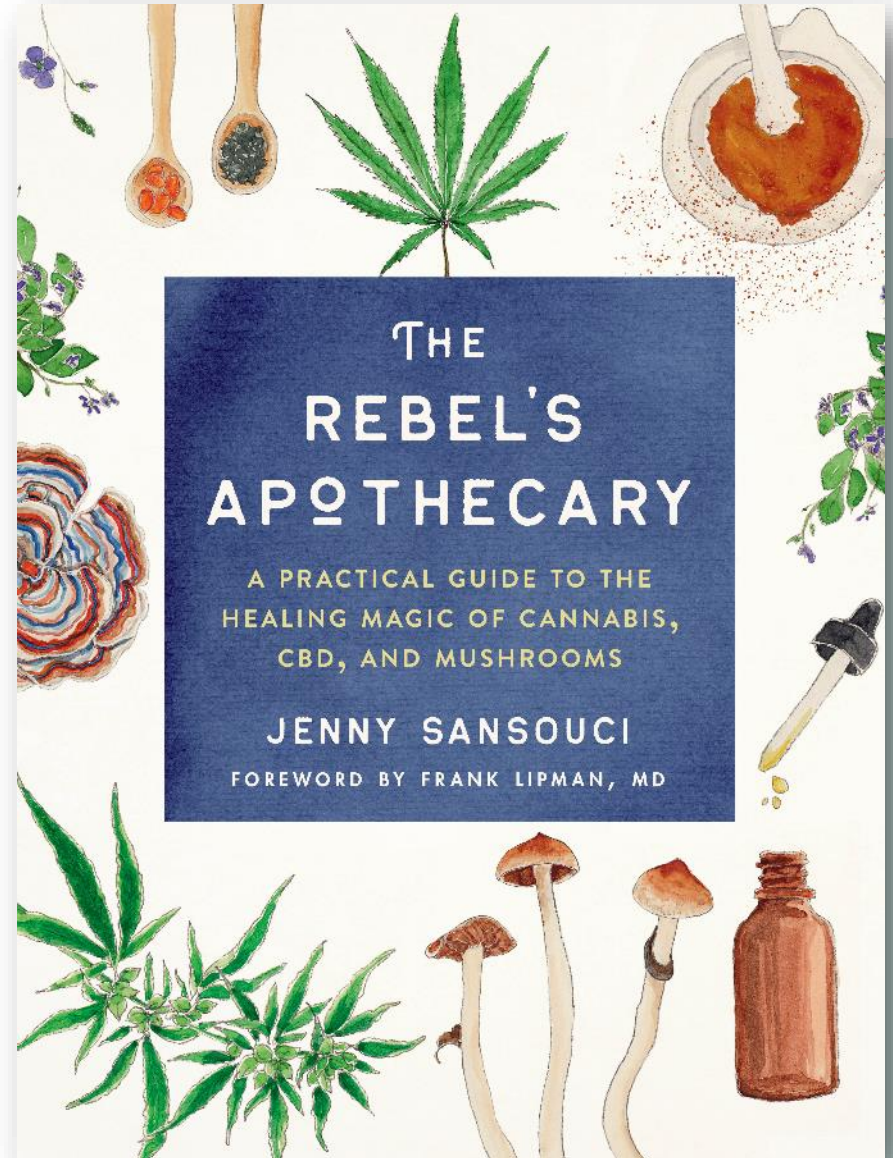
\$20.00 USA / \$27.00 Can

On-sale May 19, 2020

384 Pages

Penguin Adult HC/TR / TarcherPerigee

Complete with background information, dosing instructions, and everyday recipes, this is the essential handbook for harnessing the ancient healing powers of cannabis and mushrooms --safely, without confusion, fear, or an unwanted high. In addition to debunking myths and de-stigmatizing these powerful healing plants and fungi, The Rebel's Apothecary presents: -Specific protocols and dosage guides for wellness uses (mood, sleep, immunity, focus, energy) and managing common chemotherapy side effects -Everyday wellness routines -Recipes for delicious, easy, health-enhancing cannabis and mushroom infused smoothies, coffee drinks, teas, elixirs, gummies, and broths - **including recipes from chefs and wellness experts like Dr. Andrew Weil, Kris Carr, Seamus Mullen, Marco Canora and more** -The latest research on CBD, THC, medicinal mushrooms and psilocybin -Tips for creating a cutting-edge home apothecary of your own



The Rebel's Apothecary

A Practical Guide to the Healing Magic of Cannabis, CBD, and Mushrooms



Radical Remedies

An Herbalist's Guide to Empowered Self-Care

Brittany Ducham; illustrated by Elana Gabrielle

ISBN 9781611806724

Hardcover

\$24.95 USA / \$33.95 Can

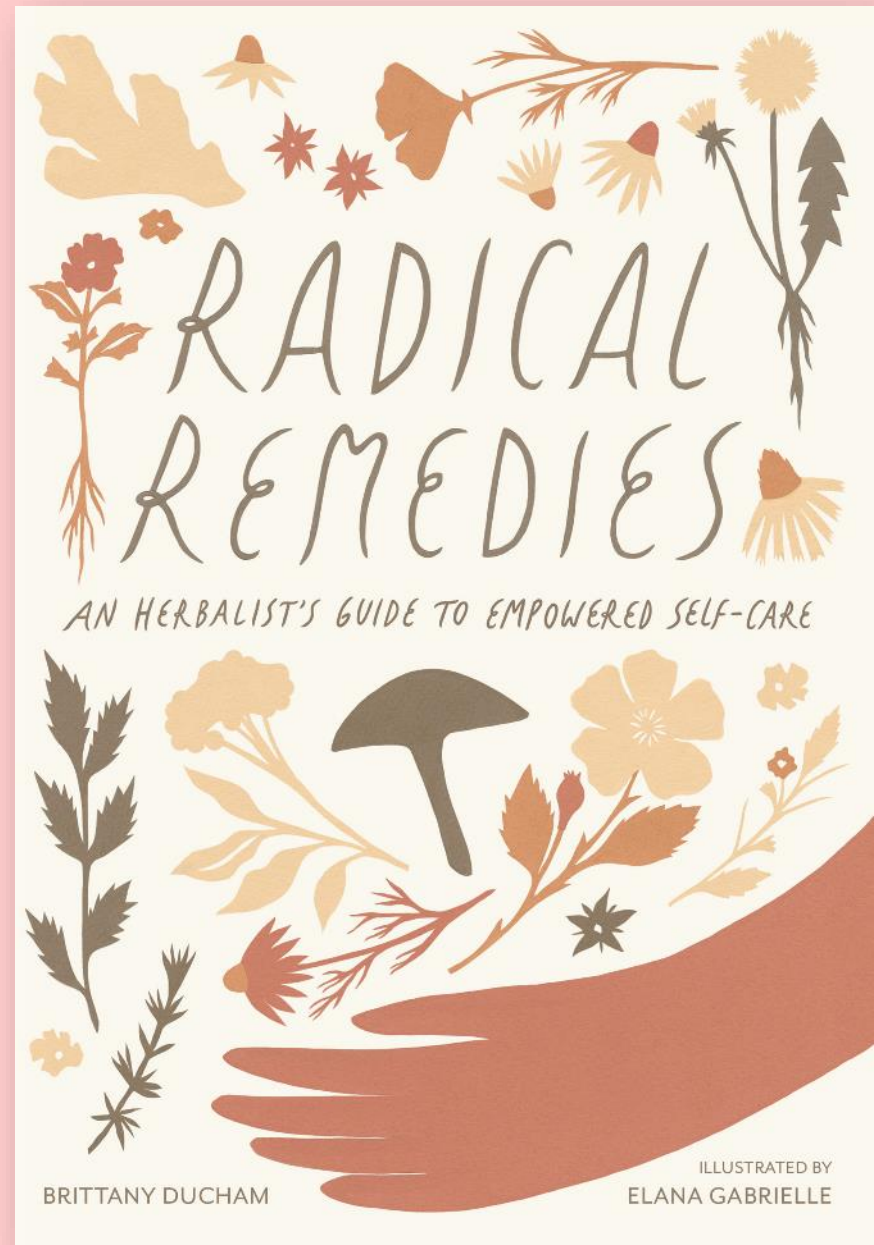
On-sale April 20, 2021

264 Pages

Shambhala / Roost Books

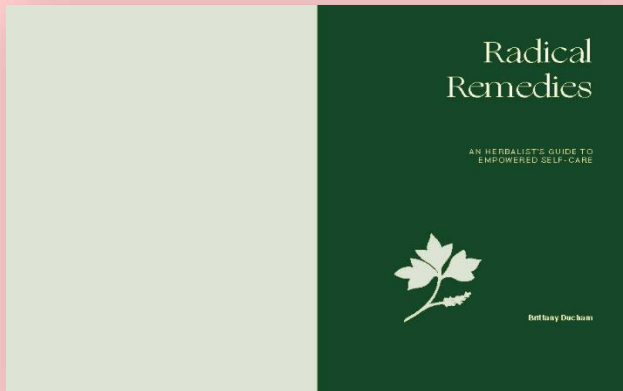
New
Title

Radical Remedies urges readers to take an active concern for their overall health and well-being by reconnecting with nature and honoring their own emotional history and experience. **Focusing on twenty-five of the most nourishing herbs, this book shows how they can be used to remedy stress, depression, and insomnia, soothe tension in the body, and comfort a broken heart.** With insights on gut health, emotional balance, and the importance of whole foods, readers will discover practices and strategies to survive and thrive every day. **Learn to make recipes like Ashwagandha Chai, Sacred Spark Infusion, Lemon Balm and Orange Peel Honey, and Banish the Blues Tincture or follow instructions for a Honey Mallow Soothing Face Mask or a Gotu Kola Rose Facial Oil.** While balance or vitality is never achieved through a singular act or quick fix, this guide details a deep well of practices and self-care that can aid you in the toughest of times.



Radical Remedies

An Herbalist's Guide to Empowered Self-Care





Crystals

Daily Crystal Inspiration

A 52-Card Oracle Deck for Finding Health,
Wealth, and Balance

Heather Askinosie

ISBN 9781401958299

Non-traditional book

\$21.99 USA / \$28.99 Can

On-sale May 12, 2020

0 Pages

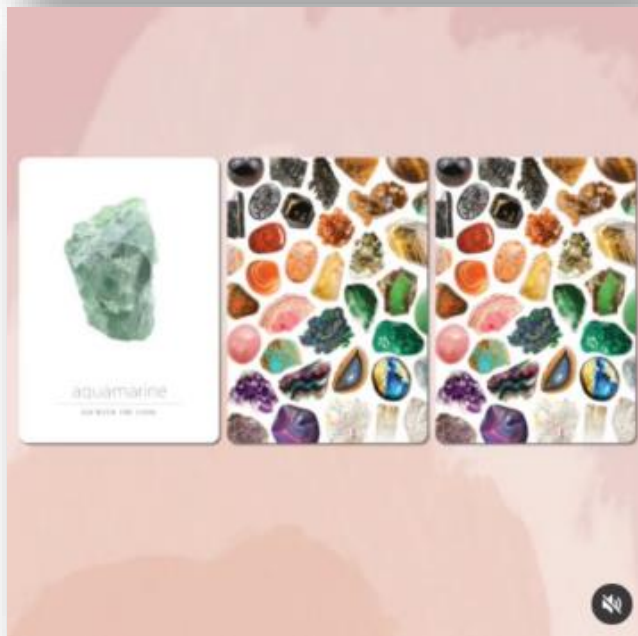
Hay House / Hay House Inc.

Are you seeking daily crystal inspiration to elevate your life and relationships? **With this easy-to-use 52-card oracle deck, all you need to do is pick a card and trust your soul's intuition. Each card features colorful photographs of Mother Earth's most energy-filled crystals and short descriptions of each crystal's strongest ability and core soul affirmation.** From Amazonite to Aquamarine, Carnelian to Jade, Moonstone to Rose Quartz, every crystal carries an energy that can help your spirit in a unique and specific way. Whether you are going through a tumultuous time in your relationship, feeling stuck financially, or have a mental block at work, your intuition will help you to pick the card you need to unlock the clarity your spirit is craving. In the deck's accompanying guidebook, Energy Muse co-founder and Crystal Muse and Crystal365 author Heather Askinosie provides **each crystal's history and properties, as well as the message that each crystal has for you and a simple ritual that you can use to take action in your life immediately.**



Daily Crystal Inspiration

A 52-Card Oracle Deck for Finding Health, Wealth, and Balance



Crystal Clear

Reflections on Extraordinary Talismans for
Everyday Life

Jaya Saxena

ISBN 9781683692034

Hardcover

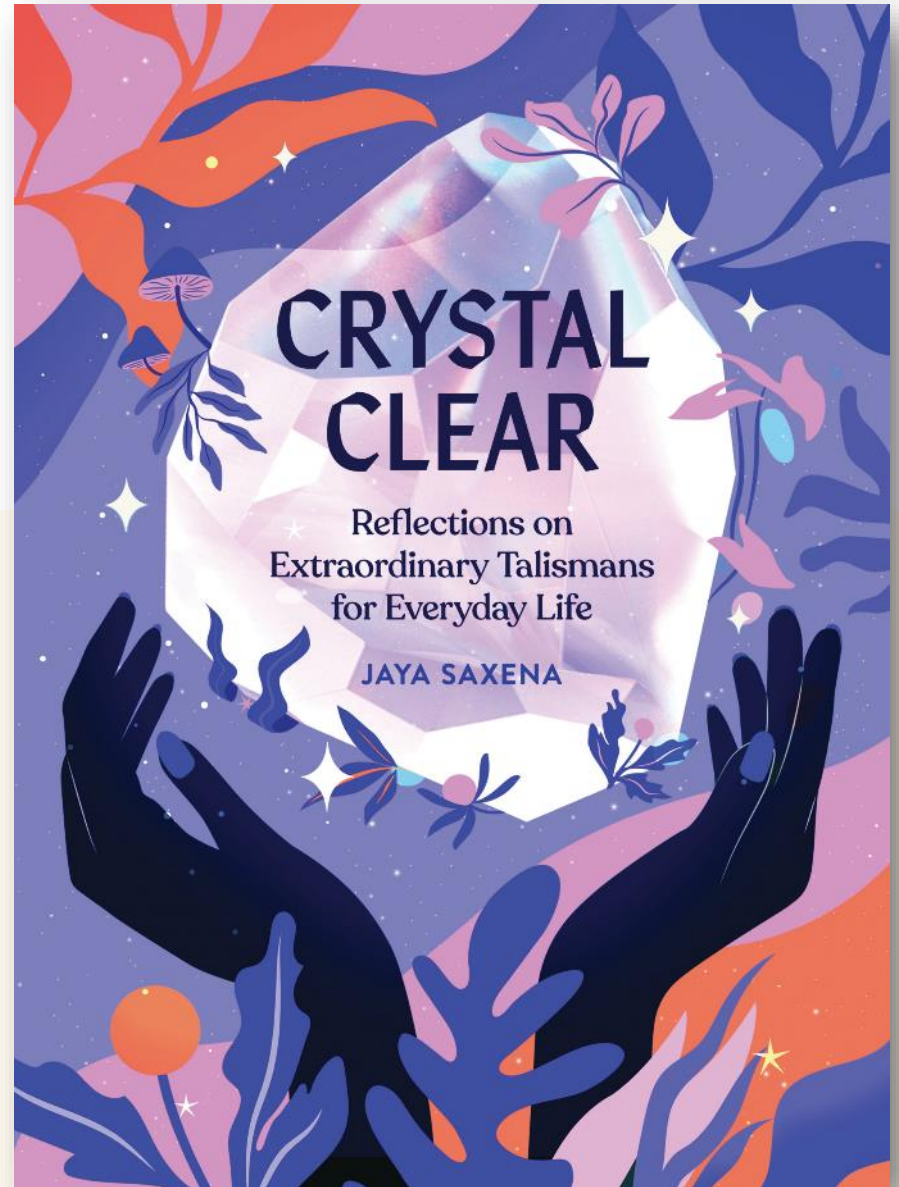
\$16.99 USA / \$22.99 Can

On-sale December 29, 2020

224 Pages

Quirk Books / Quirk Books

As Millennials, younger Gen Xers, and older Gen Zers contend with political, economic, and existential distress, a new trend has emerged: the rise of self-divinatory practices once thought to be the domain of New Age spiritual seekers. Offering a sense of ritual, guidance, and purpose, these practices have gone mainstream at a time when self-care is an important line of defense against the pressures of daily life. But how does a newcomer choose and develop a practice? Unlocking the beauty, accessibility, and self-care potential of crystals, **Crystal Clear examines twelve popular stones through twelve cultural prisms**, from black tourmaline and its importance in setting boundaries, to pyrite and its impact on imposter syndrome, to Tiger's Eye as a tool for living fearlessly. The result is personal, relatable, funny, and poignant, perfect for fans of Basic Witches looking for inspiration and clarity in their own lives.

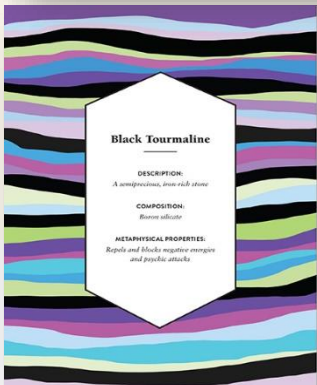


Crystal Clear

Reflections on Extraordinary Talismans for Everyday Life



Black Tourmaline AND SETTING BOUNDARIES



Black Tourmaline

DESCRIPTION:

A semiprecious, iron-rich stone

COMPOSITION:

Borax silicate

METAPHYSICAL PROPERTIES:

Repels and blocks negative energy and psychic attacks

I bought my black tourmaline in a panic. I had been laid off recently, having spent as much time interviewing for the job as I had holding it, and it was the kind of layoff that shook my worldview and made me question every choice I had made. I thought I had done the right thing in seeking a well-paying full-time job and all the stability (and health care) it promised. And now here I was, back to freelancing, scrounging for paychecks and sending desperate follow-up emails to editors “just checking in.”

My personal life was also undergoing drastic change. My relationship was moving into a new phase—a good thing, but one that required a lot of talking and emotional energy. My family was reeling from a recent death and a slew of medical emergencies. It seemed like every friend was having a crisis at the same time

and was asking me to witness and help. The country was on fire. Nothing else could happen to me, I decided. I couldn't handle it. A few months earlier a friend had gifted me a selenite wand after being told by her sister reader that no chair was complete without one. Selenite is a crystal known for its healing and soothing energy—a stone of purity, one that harnesses everything in warm, clean light and welcomes in the good. But I felt weak when I held the wand and wished for a moment's peace. I needed something stronger. I didn't need to bring the good but I needed to keep the bad out.

Black tourmaline is a shield, a bodyguard stone that protects against and eliminates negative energy. It's supposed to cleanse you of stress and bad thought patterns, the spiraling negativity and fear that leave you breathless and incapable of action, by keeping them from touching you in the first place. But more than that, it supposedly provides protection against negative people: those “moaners, whiners, complaining neighbors, or emotional vampires who burden you with their problems but do nothing to improve their situations.” This is the stone that helps you set boundaries.

I've always thought of my role as the helper, something my partner has described as “assigning myself homework on behalf of other people.” Being there for friends, thinking through their problems, and

offering solutions, or even just being a shoulder to cry on, is how I will myself to thrive. But lately I'd been flinching at every text message and Gabar, first from friends who wanted to unload their issues and ask for advice, and then from everyone. I assumed my problem was that I was too giving. I had dropped everything to answer everyone's calls so often, no matter how petty, that I had become a repository for their issues. Focusing on my needs by saying myself off seemed necessary, and far easier than being honest about the support I could reasonably give or, God forbid, asking my friends for help. It was all very self-pitying: *was it me, the put-upon woman with too many friends?* But as I fingered the selection of half-inch black tourmaline chunks in the back of the crystal store, I told myself the right one would empower me to not respond the second my friends texted, to not plan out two weeks of dinners and parties, to not spend my days trying to help everyone else instead of fixing my own problems, which I was sure I could do all by myself. In reality, my relationships weren't so one-sided. Of course my friends asked me how I was doing, too. But what was I supposed to say other than “fine”? If I wasn't the helper, I was the emotional vampire. If I wasn't giving, I was taking.

WORKS

Tourmaline comes in all colors of the rainbow, sometimes even a few at once. Because of this, it's often mistaken for other stones. According to the Gem Institute of America, when Spanish colonizers found green and blue gems in Brazil, they sent them home as sapphires and emeralds. Dutch colonizers in Sri Lanka did the same, saying they were rubies. Black tourmaline in particular is also known as schorl. The German village Zschortau, nestled in the Saxony Ore mountains, used to be known by this name since the region contained tin mines in which black tourmaline was a common by-product. Schorl is also an old mining expression meaning “faber ore”; it looks useful, but it's not the thing you actually need. It wasn't until the 1880s that tourmaline



Cosmic Botany

A Guide to Crystal and Plant Soul Mates for Peace, Happiness, and Abundance

Tanya Lichtenstein

ISBN 9780593084205

Hardcover

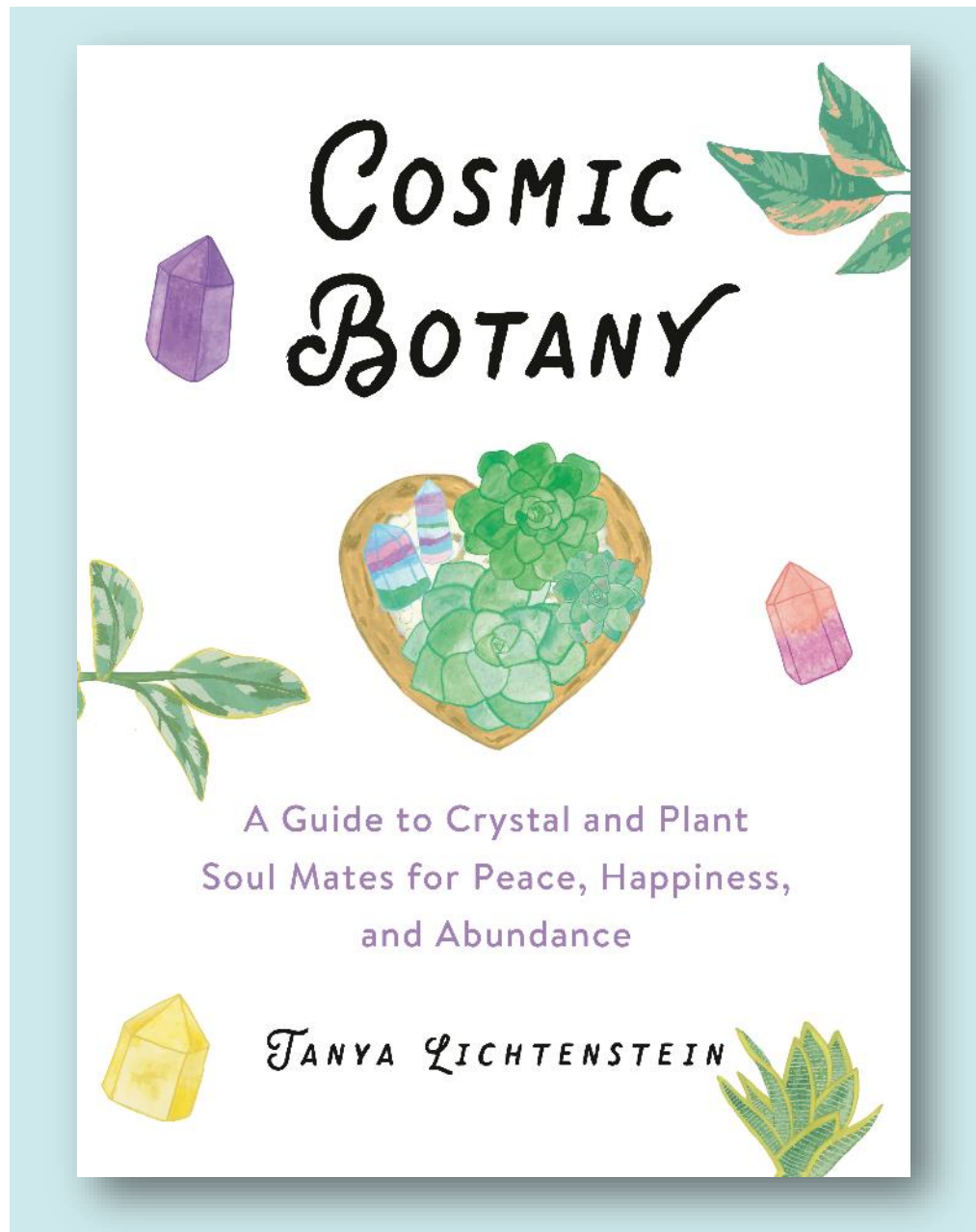
\$18.00 USA / \$24.00 Can

On-sale April 14, 2020

128 Pages

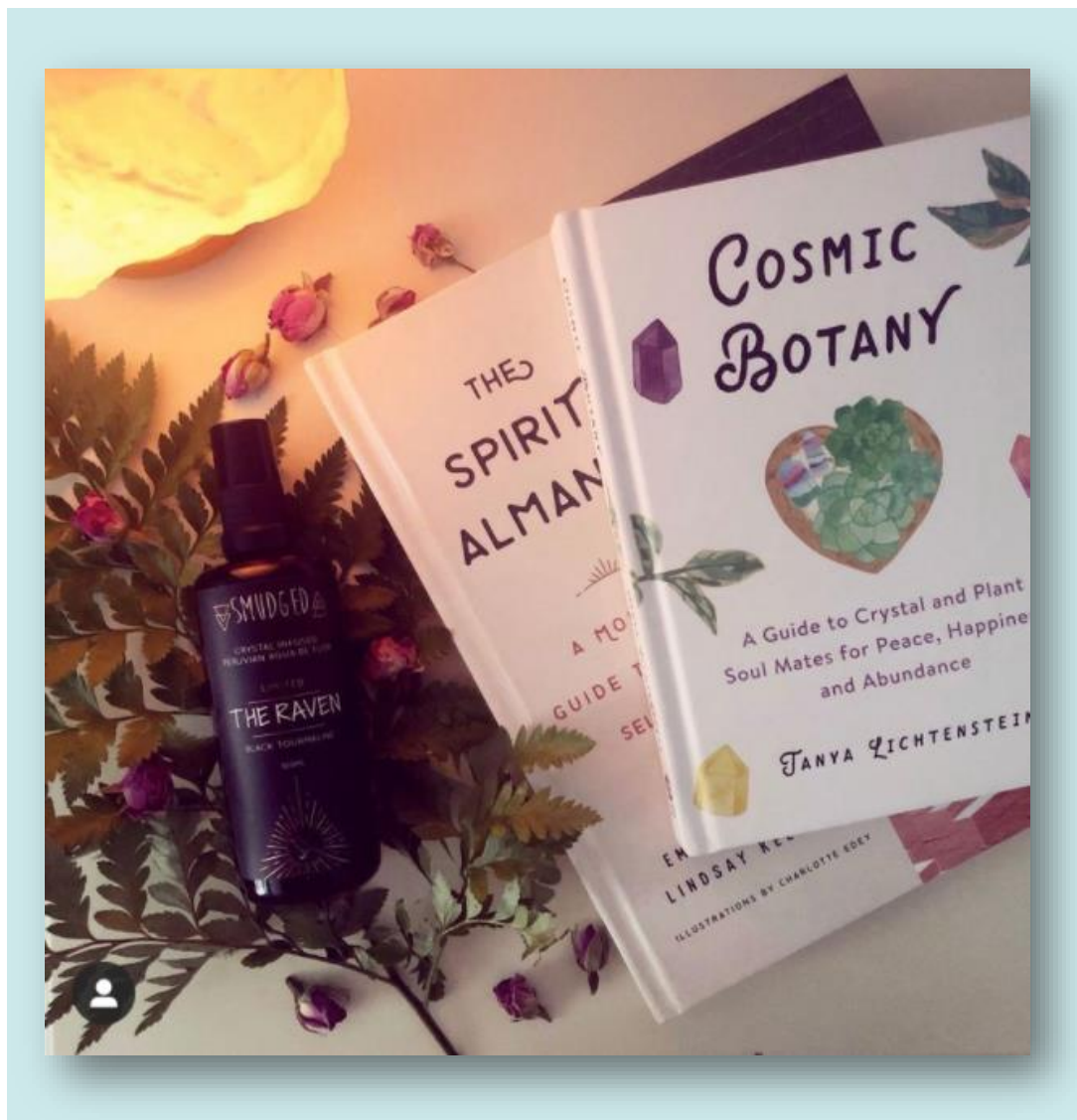
Penguin Adult HC/TR / TarcherPerigee

Greening your home is a powerful way to bring well-being and a sense of peace into any space, and adding crystals to the mix amplifies their vibrational energy and elevates those benefits to the next level. Whether you are looking for love, calm, prosperity, or merely inspiration to declutter your house and mind, Tanya Lichtenstein **demonstrates how pairing plant and crystal soul mates will help both you and them align with the flow of the universe. Plants and crystals are a timeless love story.** Become an alchemical matchmaker and learn how syncing these natural allies can help your houseplants thrive, cleanse and ignite the powers of crystals, and make your home an oasis. **Their potent synergy will allow you to reconnect with your intentions and reflect on the present moment.** Discover how to effectively use **more than 40 plant and crystal combinations**, from jade pothos and pyrite for abundance, to string-of-pearls plant and amazonite for a worry detox, to aloe vera and apophyllite for self-care.



Cosmic Botany

A Guide to Crystal and Plant Soul Mates for Peace, Happiness, and Abundance



Crystal Muse

Everyday Rituals to Tune In to the Real You

Heather Askinosie

ISBN 9781401954109

Trade Paperback

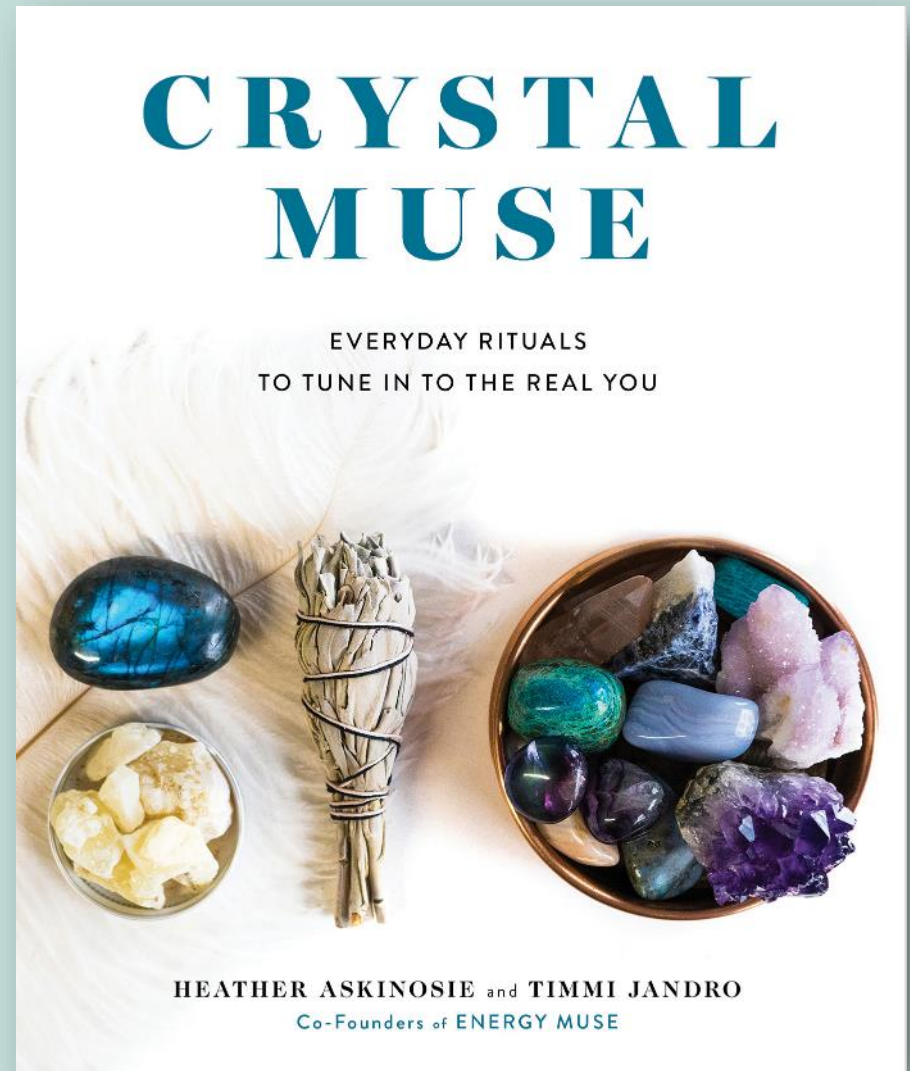
\$24.99 USA / \$33.99 Can

On-sale June 2, 2020

304 Pages

Hay House / Hay House Inc.

Crystal Muse explores how you can transform life's challenges into opportunities for growth by being equipped with the right crystals and mindset. **Learn how you can connect with crystals and empower your life by using this guide to set such transformational intentions as:** --Attracting love through learning to love yourself --Relieving anxiety by surrendering to meditation - -Becoming a magnet for prosperity --Crystallizing a breakthrough - -Consciously conceiving a new life --Cutting your unhealthy energy cords --Getting rid of insomnia to sleep with your mind fully at rest --Cultivating the connection with your creative spirit --Aligning with the energy of the moon --Grounding yourself with the energy of the earth; and --Finding the temple within **These practices are a collection of over 25 years of rigorous research, world travel, and spiritual quests by holistic healer and crystal expert, Heather Askinosie.** For over two decades, Heather and her business partner, Timmi Jandro, have been offering insights into crystals through their crystal healing business, Energy Muse. Throughout Crystal Muse, Heather and Timmi share their personal stories on the path toward alternative practice, and explain how these remedies can work for the reader's life too.





Humor & Lifestyle

Divine Your Dinner

A Cookbook for Using Tarot as Your Guide to Magickal Meals

Courtney McBroom and Melinda Lee Holm

ISBN 9780593232149

Hardcover

\$22.99 USA / \$29.99 Can

On-sale September 28, 2021

192 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

**New
Title**

With a flick of the wrist and a shuffle of your favorite tarot deck, you're on your way to a life of kitchen witchery. In *Divine Your Dinner*, tarot priestess Melinda Lee Holm and chef Courtney McBroom have conjured up a feast for the mind, body, and spirit. **Each of the 78 recipes in this cookbook interprets a specific tarot card and its energy. Pull a card-at random or with intent-from your deck, flip to the card's corresponding recipe, and you'll find magickal ingredients to infuse your meals with spiritual energy from the Tarot.** - Boost your powers of reflection with The Moon's Pumpkin Corn Bread -Fight Five of Swords anxiety with Salt and Juniper Berries: Confit a Duck! -Relax into The Empress's nurturing love with A Rose Is a Rose Is a Rose Punch Making magick has never been so deliciously easy.



Divine Your Dinner

A Cookbook for Using Tarot as Your Guide to Magical Meals



EIGHT OF SWORDS FORMING A WORLDVIEW

This isn't your "flat" world. Your journey through life has taken you on a ride through new gut passions, relationships, and situations that you've encountered a pretty basic ability to read a room. So when, in fact, that whole basic worldview all your own is coming into focus. The lens you see the world through informs all of your decision-making and how you think about yourself and others.

When it comes to the future, and you're thinking together about the long-term to work for you now and well into the future. Get creative and push your boundaries at this point in the process, so they'll still work for you later. Cinnamon and ginger are great oils at that point to reach your imagination.

MAGICAL INGREDIENTS: CINNAMON, GINGER, TURMERIC, SAFFRON, DASTAG (SEE ALLIUM), GILANTRO, ONION (SEE ALLIUM), LEMON, SUGAR

ODE TO CHICKEN TAGINE

The history of tagine is long and varied, with the earliest mention of this cooking style found in the medieval recipe book of the Moroccan sultan, Sultan Muhammad V. It is a slow-cooked dish, often made with lamb or chicken, and is a staple of Moroccan cuisine. The tagine is a unique and delicious ode to the cooking and food, not to mention the people. It's a recipe that's been passed down for generations, and it's a testament to the power of food to bring people together. Don't let the length of the recipe and the ingredients list scare you off. It's worth it. And don't forget to serve it with a bowl of couscous on the side!

- 2 tablespoons unsalted butter**
1 cup sliced almonds
8 bone-in, skin-on chicken thighs
1/2 cup salt and freshly ground black pepper
2 tablespoons extra virgin olive oil
1 large yellow onion, sliced
1 teaspoon cayenne pepper
1 teaspoon ground turmeric
1/2 teaspoon ground allspice
1/2 teaspoon ground cinnamon
1/2 teaspoon ground cloves
1/2 teaspoon ground cardamom
1/2 teaspoon ground ginger
1/2 teaspoon ground garlic
1/2 cup olives, chopped
1 tablespoon tomato paste

45



KNIGHT OF CUPS FIRE OF WISDOM * OFFERING THE JEWEL

Your heart is reaching for the boiling point, urging you to leave your comfort zone for a new connection. Whether romantic, platonic, or fraternal, seeking out love... it can be so hard to be successful in your offering out your heart. Yes, it means you risk being disappointed, but not taking the risk leaves us with that meddlesome feeling, forever, and doesn't that sound like a lot worse?

When it comes to the future, and you're thinking together about the long-term to work for you now and well into the future. Get creative and push your boundaries at this point in the process, so they'll still work for you later. Cinnamon and ginger are great oils at that point to reach your imagination.

MAGICAL INGREDIENTS: VANILLA, LEMON

CITRUS PUDDING CAKE

This cake is very moist like a cobble, yielding a soft, moist, custardy texture that is simply divine. It's a simple recipe that is easy to make and is a great way to use up your citrus. The recipe is a simple one, and it's a testament to the power of food to bring people together. Don't let the length of the recipe and the ingredients list scare you off. It's worth it. And don't forget to serve it with a bowl of vanilla ice cream on the side!

- 4 large eggs, separated**
1 1/2 cups whole milk
1 cup sugar
2 tablespoons unsalted butter, melted and cooled to room temperature
1 tablespoon ground citrus zest
2 tablespoons finely chopped citrus juice
1 teaspoon pure vanilla extract
1/2 teaspoon kosher salt
1/4 cup all-purpose flour

105



KING OF WANDS AIR OF FIRE * VOICING MAGIC

All words are magical words. Our statements are incantations, reverberating through the universe, attracting change, grace and more. You wish a lot in your life and you possess the strategic vision to speak your mind when and how it will be most powerful. Be mindful of language you use casually. If you stay your cards right, you could make big changes just by speaking them out loud.

When it comes to the future, and you're thinking together about the long-term to work for you now and well into the future. Get creative and push your boundaries at this point in the process, so they'll still work for you later. Cinnamon and ginger are great oils at that point to reach your imagination.

MAGICAL INGREDIENTS: COCOA, CINNAMON, BROWN ONION POWDER, SUGAR, VANILLA

ANCHO CHILE BROWNIES

If you are looking for an easy to make recipe that is both delicious and healthy, this is a great one. It's a simple recipe that is easy to make and is a testament to the power of food to bring people together. Don't let the length of the recipe and the ingredients list scare you off. It's worth it. And don't forget to serve it with a bowl of vanilla ice cream on the side!

- 1 stick (4 ounces) unsalted butter, melted**
1 cup sugar
1/2 cup Dutch process cocoa powder
2 large eggs
1 teaspoon pure vanilla extract
1 1/2 teaspoons ancho chile powder
1/2 teaspoon ground cinnamon
1/2 teaspoon kosher salt
1 cup chopped toasted pecans or walnuts (optional)

81

The Piercing Bible, Revised and Expanded

The Definitive Guide to Safe Piercing

Elayne Angel with Jef Saunders

ISBN 9781984859327

Trade Paperback

\$21.99 USA / \$28.99 Can

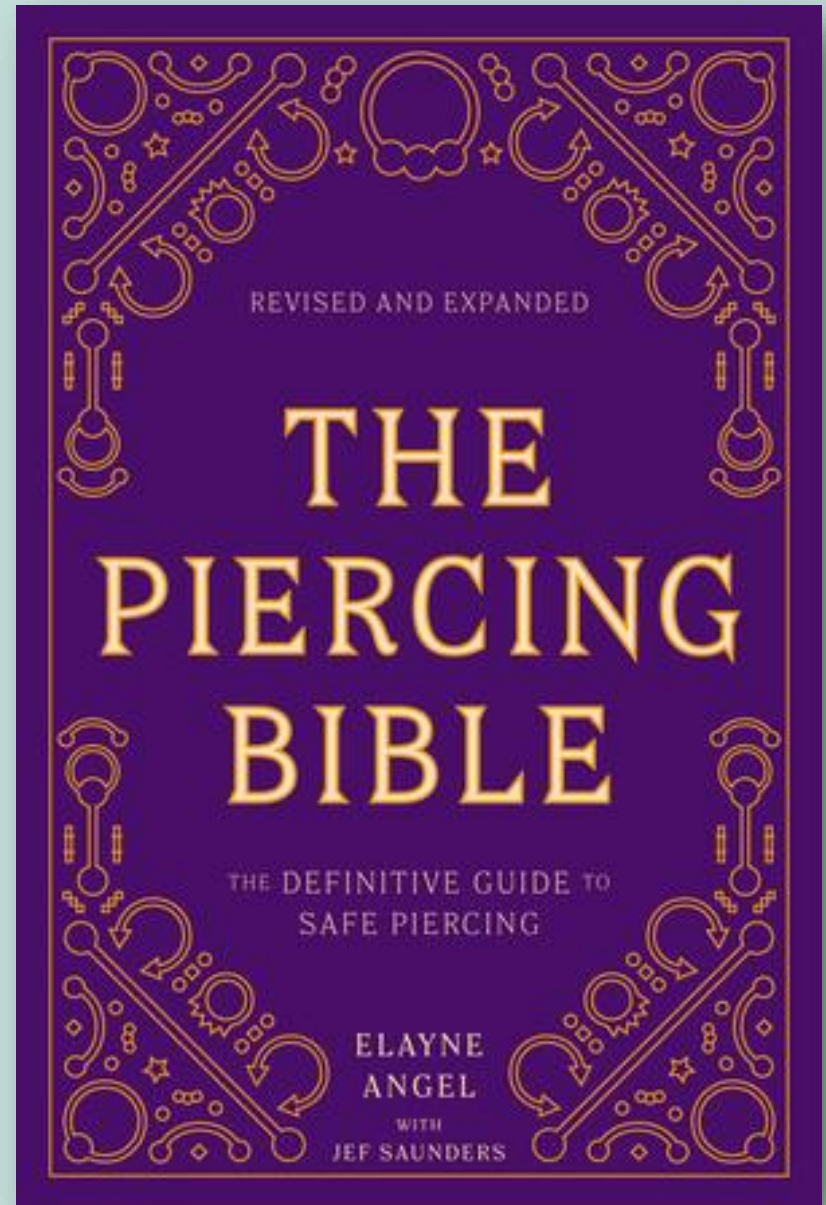
On-sale June 1, 2021

384 Pages

Clarkson Potter/Ten Speed / Ten Speed Press

Piercing expert Elayne Angel has performed over 50,000 piercings since the 1980s and has pioneered many placements, including tongue piercing and the triangle, lorum, and other genital piercings. Her authoritative and groundbreaking guidebook has been the definitive resource on body piercing since its publication in 2009. Many people are unaware of the elevated risks of getting pierced at a mall kiosk, by an untrained tattoo artist, or by a novice piercer; a skilled professional is necessary for safety and optimal results, whether piercing the ear, nose, or elsewhere. **This is the only comprehensive reference book available to help readers navigate the entire piercing process**, including: -The best piercings and placements for various body parts and body types - Terminology, techniques, and tools of the trade -Vital sterility, sanitation, and hygiene information -Jewelry designs, sizes, materials, and quality -Piercing aftercare and troubleshooting advice for successful healing -How to become a piercer, piercing in modern culture, and the future of body piercing **The Piercing Bible, Revised and Expanded, includes essential medical and technical updates, as well as refreshed illustrations and jewelry photography, to reflect today's standards and best practices for safe, professional piercing.**

**New
Title**



The Piercing Bible, Revised and Expanded

The Definitive Guide to Safe Piercing

RISKY PIERCINGS		
ANATOMY	Facial and Oral	RISK
Eye	Eye	Discolored and swollen corners of eye, blindness
Ear	Ear	Swollen, itchy, painful, bleeding
Horizontal (transverse) tongue and inside evert	Horizontal (transverse) tongue and inside evert	Swollen, itchy, painful, bleeding, tooth injury, gum injury
Penetrating the tip of the tongue (above the roof)	Penetrating the tip of the tongue (above the roof)	Tooth injury, bleeding
Chisel (deep in the ear canal)	Chisel (deep in the ear canal)	Punctured eardrum, dizziness, pain, infection, see "The World Piercing Club," page XX
Vertical (with the forehead) forehead (above the brow)	Vertical (with the forehead) forehead (above the brow)	Swollen and sore eyes, bleeding
Medial (down the tip) through soft palate (underneath the lip)	Medial (down the tip) through soft palate (underneath the lip)	Gum and bone recession, bleeding, color, swelling
Tattoo		
On the face	On the face	Headache, pain, infection
Heavy, too small or too intricate or scratchy	Heavy, too small or too intricate or scratchy	Itching, redness, swelling
Includes a lot of blackwork, too colorful	Includes a lot of blackwork, too colorful	Hemorrhage, nerve damage, potentially life-threatening (due to poor maintenance)
Vulva		
Size a deep, sharp, dull, or long form (beyond the obvious or top of the hood)	Size a deep, sharp, dull, or long form (beyond the obvious or top of the hood)	Hemorrhage, nerve damage
Deep VCH piercing (from inner to the hood by passing through excessive tissue)	Deep VCH piercing (from inner to the hood by passing through excessive tissue)	Hemorrhage, nerve damage
Penis and Scrotum		
Deep, sharp, dull, or long or excessive old piercing	Deep, sharp, dull, or long or excessive old piercing	Hemorrhage, nerve damage
Additional Areas of Concern		
Low, short, heavy necklace that hangs in the front of the face	Low, short, heavy necklace that hangs in the front of the face	Loss of jewelry or nose or foreign material in the eye
Piercing close to the eye or through a tear duct or sinus	Piercing close to the eye or through a tear duct or sinus	Infection, redness, swelling
Flaming (barbells from the sides) or other extensive, extensive	Flaming (barbells from the sides) or other extensive, extensive	Hemorrhage, nerve damage, loss of function and piercing
Use well-illuminated systems for piercers of facial piercings or prosthetic hands	Use well-illuminated systems for piercers of facial piercings or prosthetic hands	Infection, high risk, rejection, redness, swelling

RISKS, MYTHS, AND WARNINGS

LESS OBVIOUS RISKS

It's easy to understand that a piercing could become infected or snag on some thing and get torn, but some risks are subtle. Though body art is more accepted than it used to be, a person with abnormal facial piercings could still experience discrimination. It might be not as subtle as dirty looks or comments, or more extreme, like problems with school, family, or employment. These consequences deserve consideration if they are relevant to you. For example, if you're reliant on your appearance for tuition or other support, there are many ways to cause relationship problems. If your genital jewelry is not enjoyable for your lover.

MYTHS AND MISCONCEPTIONS

One frequent (and sometimes amusing) misconception is that a piercer who posts a license or certificate must have some training or skill. Find out much more about piercers in chapter 6, "You and Your Piercer."

Luckily, most sores heal, but recent illness, bleeding or post-piercing pain require attention. Of course, some bleeding is a normal consequence of any piercing. Though many do not bleed at all, there is no "typical" or "average" patient can heal to cause painless from any traditional piercing. Now is the easy way to artery located in the pathway of the most popular piercing sites.

Excessively puncture the smallest and most peripheral of the vessels and nerves with an ill-fitted, whatever. Piercing through capillaries, nerves (small veins), and arteries (tiny arteries) is an inevitable part of the process. See "What to Expect," page XX.

One misadventure that remains widespread, even in the professional realm, is that piercings always represent a doorway to the inside of the body. This is wrong. A healed piercing is a sealed channel of tissue from end to end (in medical terms, a fistula), and only when a piercing is healing, injured, or expanding a fistula, is it an open wound, or gateway into the body. See "The Wound Healing Process," page XX, for details.

Information throughout this book will clear up numerous myths, falsehoods, and mistaken beliefs about piercings.

- Many think that piercers in a good mind for new piercings, and gold is a bad one, but that's backward. Learn more in chapter 10, "Jewelry in: Size, Shape, and Materials," especially the section "Gold," page XX.
- You should not twist or move your jewelry to prevent it from getting stuck, nor should you use antibacterial soap, alcohol, peroxide, or ointment during healing. See chapter 15, "Essential Guide to Healing and Aftercare," for instructions.

THE PIERCING BIBLE

SUPPLY AND DEMAND

During the late 1990s, one of my biggest challenges as manager of the Clubnet was creating an adequate supply of jewelry for our piercing needs because only one company in the country was making body jewelry at the time—and their inventory changed.

THE BASIC SHAPES

There are two basic shapes of body jewelry: the ring (a hoop) and the bar (or barbells) (post with a ball, disc, or other shape on each end). Variations on these two forms comprise the most popular and "standard" styles that are available for the majority of fresh piercings.

There are two basic types of rings, though they are very similar in appearance:

- Circular (hoop) ring
- Flat (hoop) ring

And there are two basic styles of bars:

- Straight barbells
- Curved barbells



A closed (hoop) ring and an open hoop (flat) ring.



An uncurved (straight) barbell and a curved barbell.



A straight barbell and a curved barbell.

Another standard style is essentially a combination of a ring and a bar: it's similar in shape, but the curves work like those on a barbell. For practical purposes, we'll include that with straight jewelry.

- Circular barbell (sometimes called a "horseshoe")

Even though a studio technician might be vast, the majority of items will be adaptations and modifications of these simple designs.

JEWELRY: SIZE, SHAPE, AND MATERIALS

SIZES AND MEASUREMENTS

Body jewelry can be confusing because of the tremendous array of sizes and the various old-gauge system (not so) used to measure the thickness. A more detailed ruler or gauge (see page XX) is recommended.

Each piece of jewelry is measured using two dimensions:

- Gauge (thickness)
- Length (for the post of bars, curved barbells, nostril screws, and genital devices) or inside diameter (for ring-style jewelry)



A selection of various pieces of jewelry in a range of gauges and diameters.

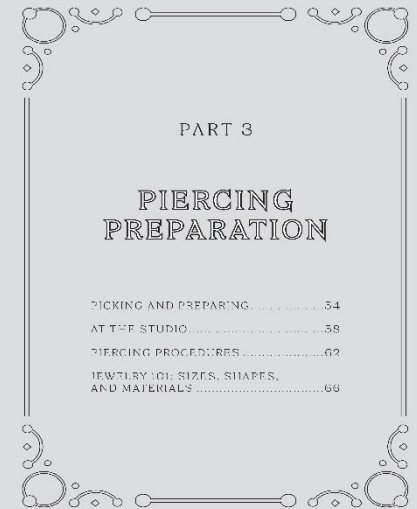
GAUGE MEASUREMENTS

The thickness of body jewelry made in the United States is measured using a system called American Wire Gauge (AWG) or Stone's Gauge (SWG) Gauge Conversion Chart, page XX. In the United States, the thicker the material, the larger the number. A 20-gauge is thin and wiry, whereas a gauge is very thick (and not a standard size for a new piercing). The thicker the gauge, the bigger the bumps, sores, and scars. In practice, when we refer to a gauge, we mean the thickness of the material that passes through your skin. Large ear jewelry like tunnels and plugs is so the same reference to as "gauges," much in the change of piercers. To us, gauge refers to a curved measure, not a direct.

Most conventional earrings are about .8-gauge or 20-gauge. The typical "initial minimum" for below-the-neck piercings is a little thicker: 14-gauge. Sometimes, counterweight, the gauge string (or "needle") needles is not the same size used for piercing needles and jewelry. A 16-gauge medical needle and a 14-gauge piercing needle are equal in size. More generally, outside the United States, everything is generally measured in millimeters.

DIAMETER OR LENGTH

In the United States, we generally size body jewelry using imperial units (fractions of an inch). Rings are measured across the inside diameter, or the widest part. Barbells are measured by the length of the bar from one end of the post to the other. Balls or other ends are never included in the measurement.



PART 3

PIERCING PREPARATION

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- AT THE STUDIO 58
- PIERCING PROCEDURES 62
- JEWELRY (G): SIZES, SHAPES, AND MATERIALS 66

Tattoo Design Journal

Emma Grace Larkin

ISBN 9781632173768

Non-traditional book

\$18.95 USA / \$18.95 Can

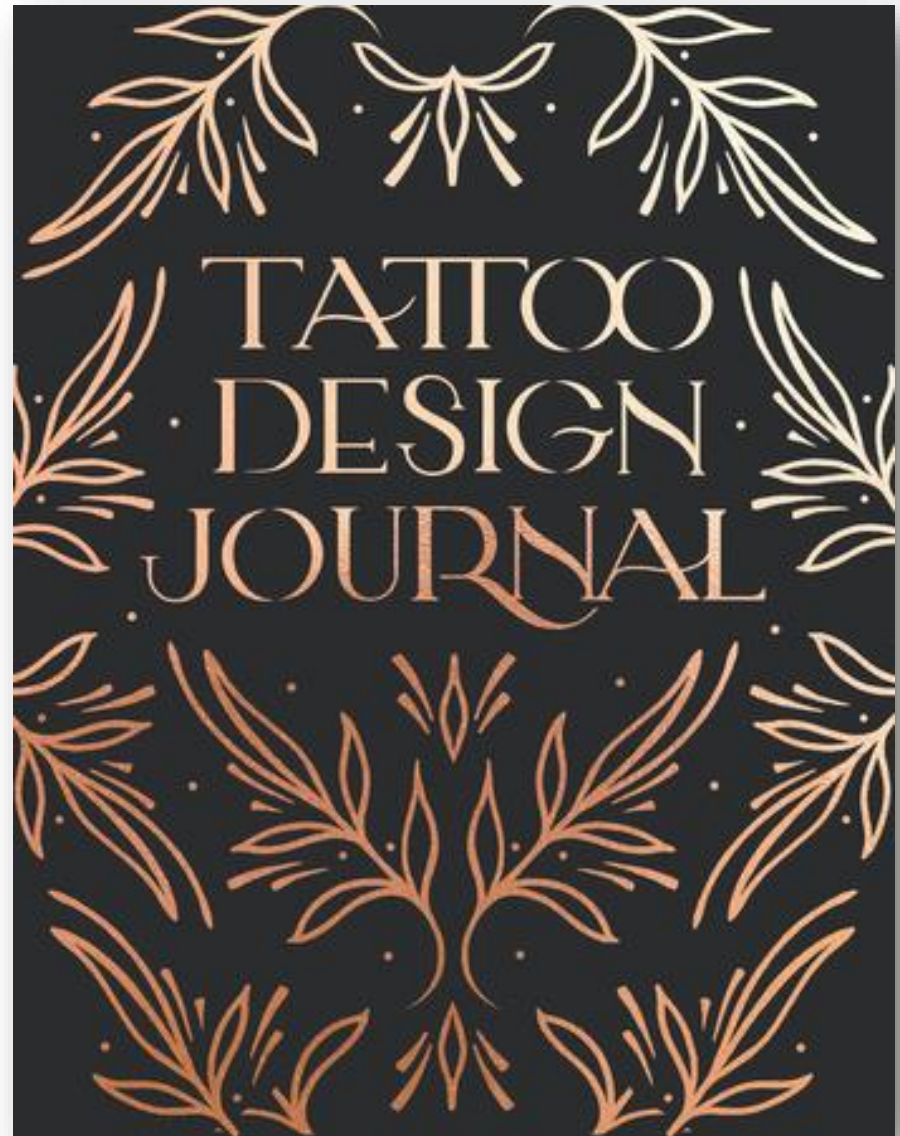
On-sale November 9, 2021

144 Pages

Sasquatch Books / Spruce Books

**New
Title**

Let noted tattoo artist Emma Grace Larkin's **prompts guide you to come up with meaningful tattoo ideas for body art you'll be happy to show off forever.** A brief history of tattooing, notes on the emotional and spiritual aspects of getting a tattoo, and descriptions of the different styles of tattoos set you up to **follow the prompts to figure out what kind of imagery would make the most meaningful tattoo for you.** Favorite places, cherished memories, beloved people and pets; symbols, equations, and quotes; works of art and original sketches-- use the blank spaces to develop your ideas. **This innovative guided journal leads to greater self-understanding and helps you and your chosen artist to create a tattoo (or more than one) that is a genuine reflection of your true self.** Design the perfect tattoo for you!



Tattoo Design Journal

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18 - TATTOO STYLES

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Tattoo Styles

Here is an overview of some of the more common styles of tattooing and their characteristics to help you understand and speak about style. This list is by no means comprehensive, especially with regard to contemporary styles, which are constantly being changed and developed by artists all over the world. However, looking into some of the more common styles of representation can give you helpful visual reference points when working out your own design or talking to an artist.

Tribal

Tribal tattoos, meaning those practiced traditionally by indigenous cultures, generally use only black ink and are composed mostly of repeated shapes or patterns. Some of these patterns and elements have specific meanings, transmitting information such as familial relations, status in the community, or notable accomplishments. The most common authentic tribal styles used today are Samoan and Maori, from their respective cultures in the Pacific Islands. The "tribal" tattoos that were popular in North America and Western Europe in the 1980s were inspired by traditional tattooing from other cultures, but generally do not carry the same meanings. They can be abstract or figural, and are characterized by large areas of solid black with curved edges and pointed ends.

Japanese Traditional

Japanese traditional tattooing has a very distinct style of fluid compositions covering a large area of the body. They are generally composed of central figures like tigers, kai fish, dragons, or demons surrounded by pattern filler elements such as water, clouds, or flowers. They generally use bold lines and bright colors as well as gray tones.

Old School/American Traditional

Often referred to as "old school," American traditional style tattooing is characterized by thick black lines, very basic shading, and a fixed palette of solid colors. The color palette usually includes a bright red, a single shade of yellow, green, and/or blue, as well as one or two shades of brown or gray. The designs are often figurative, with common themes of ships, sparrows, anchors, hearts, roses, bunnies with text, and pinup style women. This type of tattooing came about when the Western world rediscovered tattooing through its exploratory naval voyages to places where tribal tattooing had long been a part of the culture.

Neotraditional

Neotraditional tattooing is one of the most popular styles of figurative tattooing today. Much like traditional tattooing, it uses heavy black lines and large areas of solid or shaded color. The color palette is much more inclusive than traditional styles, making use of many of the bright colors and muted gray tone inks that have been developed in recent years. These types of tattoos, if done correctly, hold up very well over time, but usually require a medium- to large-size area.

Realistic

A realistic tattoo replicates an image of a real object or figure as accurately as possible, in either gray scale or color. Realistic tattoos tend to be larger in size so that they can capture the detail necessary to make an image look real. Realism, especially color realism, is considered one of the most difficult styles of tattooing, and also one of the most expensive.



The History and Meaning of Tattoos

A tattoo is a permanent mark—a record, scored into a living body, of a specific moment in time. It is the outward representation of an inner life—an imprint of conscious will and self-selection. The decision to mark your body is not something you can learn from a book. The urge comes from somewhere deep in our brains where language and art were born. It is the manifestation of a desire to record the lines and nature of our inner world, to wear them on our skin like altars, weave our stories into myth, and build legends from the ghosts of our memories so that we may face with valor both life and death.

A tattoo, like a scar, is physical evidence that a person has lived, has moved in the world, has experienced passion and endured pain. These outward marks, etched into the space of the body, represent a consciousness recorded across the time of a human life span, reflecting an self and its social and cultural context. They are proof of an awareness of one's own appearance and a willingness to alter the skin—the interface through which we experience much of the world. The journey of marking one's skin is necessarily one of self-discovery—an examination of one's history, personal story, and unique perspective. It is a deeply personal journey, of which this book can at best be a starting point or a signpost along the way.

Though tattooing is one of the oldest art forms known to humanity, evidenced as far back as the Neolithic period and on every continent, its history has been troubled. Banned by religious groups and governments in some countries, and forcibly eradicated by colonizers coming into societies where it was practiced traditionally, it has until fairly recently been a practice relegated to the fringes of Western society. Only in the last few decades have tattoos shed much of their "deviant" stigma and become not only

Bob Ross' Happy Little Night Before Christmas

Art by Bob Ross, Written by Robb Pearlman

ISBN 9781637740187

Hardcover

\$17.00 USA / \$23.00 Can

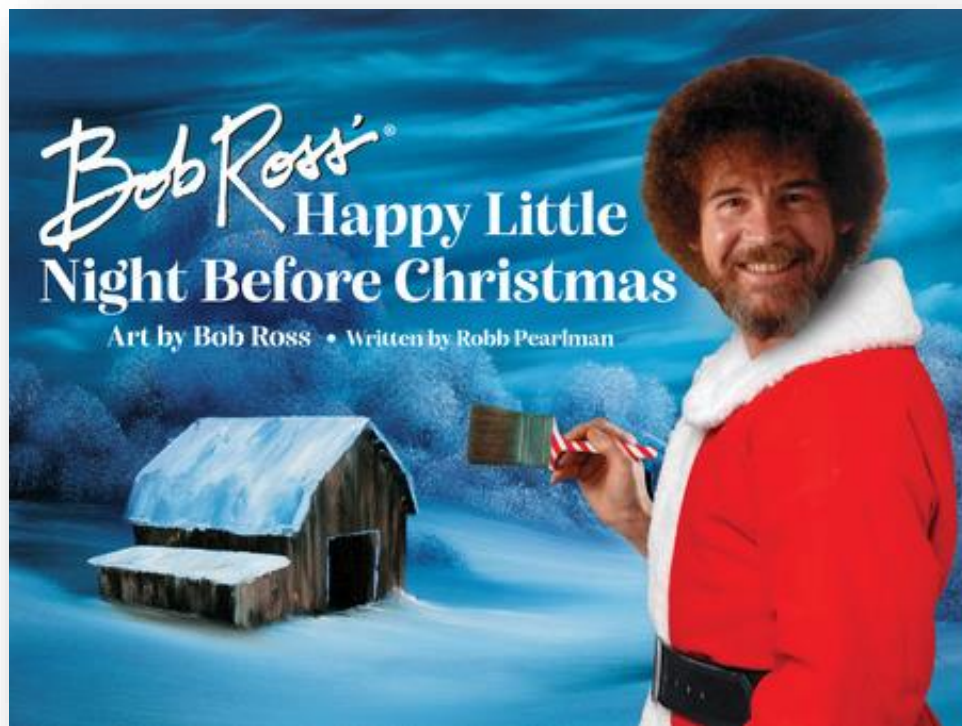
On-sale October 19, 2021

32 Pages

BenBella Books / Smart Pop

Even after more than 20 years after his death, pop culture icon, painter, host, and teacher Bob Ross has never been more heralded than he is today. His memorable quotes, friendly face, and signature hairstyle grace merchandise and memes around the world. But what makes Bob as beloved as he is are ultimately his core values, and his peaceful, joyful demeanor that encouraged his students and viewers to not only appreciate their natural talents but to appreciate the natural world around them. Bob was, in many respects, the embodiment of the classic holiday spirit which encourages peace on Earth and good will toward men. **Now, for the first time, inspired by the classic Clement C. Moore's story, this fully-authorized tale of a painter (and his little squirrel friend) on a cold winter night pairs Bob Ross's most beautiful wintertime landscapes with a meditation on embracing not only your inner creativity, but the beauty of nature, and the feelings of peace,** friendship, and harmony that blankets the entire holiday season like a happy little snowfall. Perfect for families, fans, and painters of all ages, Bob Ross's Happy Little Night Before Christmas is the perfect addition to any holiday tradition.

**New
Title**



Bob Ross' Happy Little Night Before Christmas



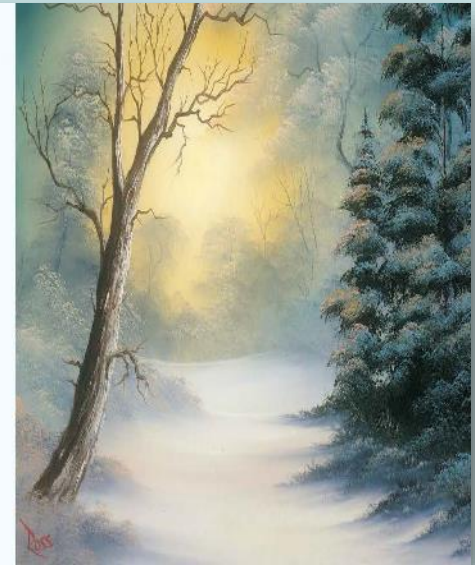
Bob Ross' Happy Little Night Before Christmas

Art by Bob Ross • Written by Robb Pearlman

SMART
POP

Smart Pop Books
and more...
Delia, TX

It was the night before Christmas when all through the trees,
the moonlight shone down on frost-covered leaves.



Frosted the Squirrel and left his cold
nest
To nap in Bob's pocket, safe and warm
near his chest.



Bob and Pearlman as he looked
and to see
a glow gleaming off every rock, bush,
and tree.
The bright white snow glistened, the
beauty lies alone,
as the cold winter wind went from
whisper to moan.

Leaf Supply Deck of Plants

50 Indoor Plant Profiles

Lauren Camilleri & Sophia Kaplan

ISBN 9781922417435

Non-traditional book

\$24.95 USA / \$33.50 Can

On-sale October 5, 2021

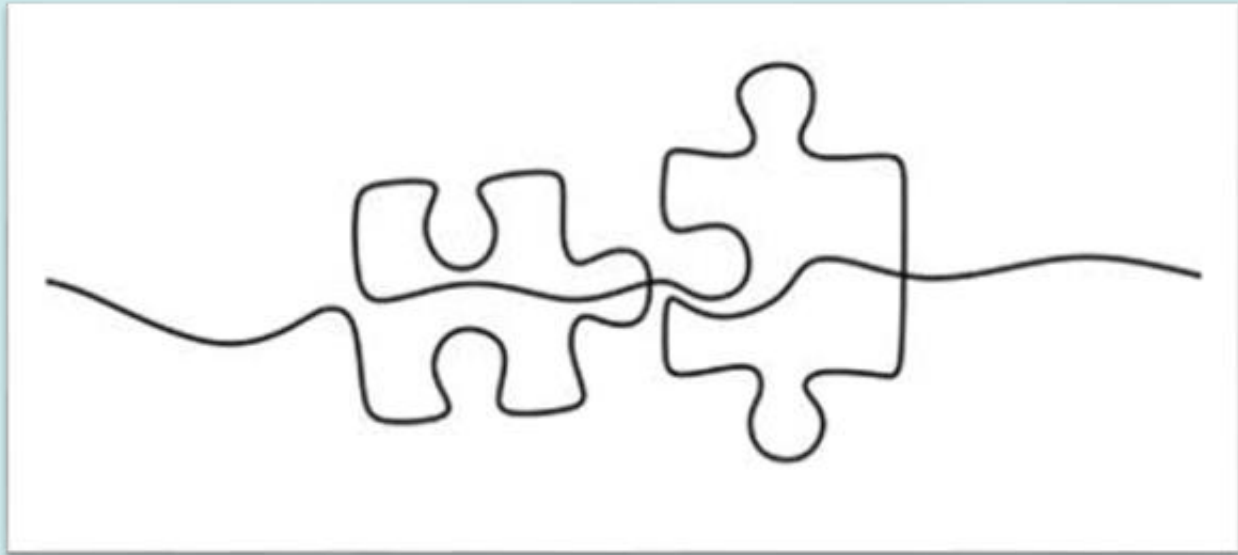
50 Pages

Rizzoli / Smith Street Gift



Staring at plants in the nursery but don't know what to pick? Need some quick help reviving your favorite fern? Maybe you want to impress your other plant-loving (read: have no more flat surfaces) friends with your trivia? **This deck of cards has everything you need to keep your plants thriving and become an expert on different varieties.** From Lauren Camilleri and Sophia Kaplan of the Leaf Supply nursery comes this definitive deck for house plant care. **Each of the 50 cards in the hardback box features a photo of a botanical beauty with a guide to care on the flip side.** Perfect for anyone from a novice to an expert, this deck will help you keep your plants alive and happy. With an elegant design and plenty of useful facts, this is the ultimate deck for plant lovers or anyone dipping their toe into a creating a lush space indoors.





Puzzles

Leaf Supply: The House Plant Jigsaw Puzzle

1000-Piece Jigsaw Puzzle

Lauren Camilleri & Sophia Kaplan

ISBN 9781922417411

Non-traditional book

\$24.95 USA / \$33.50 Can

On-sale September 7, 2021

0 Pages

Rizzoli / Smith Street Gift

**New
Title**

For anyone without the room for any more plants, the women behind Leaf Supply - Lauren Camilleri and Sophia Kaplan - have a solution: a beautifully packaged jigsaw puzzle. Featuring a gorgeous collection of botanical illustrations by Edith Barrett, it's a perfect way to spend the afternoon in your own indoor jungle. **With 1,000 pieces, it's sure to keep you occupied until your plants need to be watered again. (Just make sure to keep these ones dry.)**



Tarot of the Divine Puzzle

An Enchanting 1000-Piece Jigsaw Puzzle

New
Title

Yoshi Yoshitani

ISBN 9780593235140

Non-traditional book

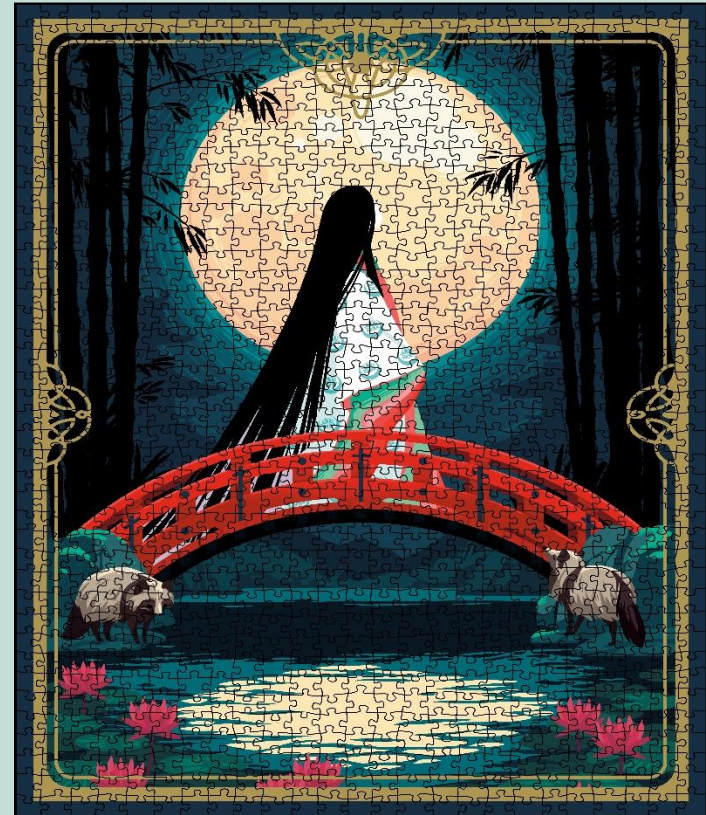
\$19.99 USA / \$25.99 Can

On-sale November 2, 2021

1,000 Pages

Clarkson Potter/Ten Speed / Clarkson Potter

Tarot of the Divine Puzzle features Yoshi Yoshitani's striking representation of the Japanese fairy tale Princess Kaguya, representing themes of trickery, melancholy, and illusion. Connect **1000 sturdy, premium-quality puzzle pieces to complete this 20 x 27-inch work of art.** This jigsaw will delight anyone looking to get offline and into a soothing groove.



Rainbow Mountain

A Zenspire 1000-Piece Puzzle for Adults

Brita Lynn Thompson

ISBN 9781950968640

Non-traditional book

\$19.95 USA / \$27.95 Can

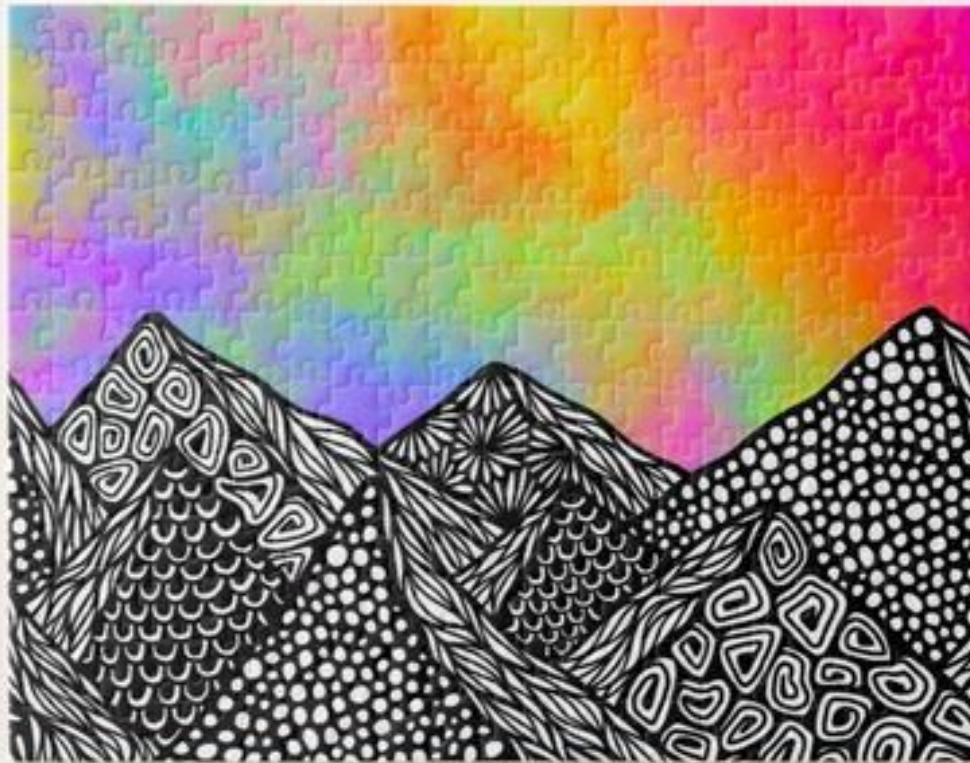
On-sale November 2, 2021

0 Pages

Blue Star / Blue Star Press

New
Title

This **1,000 piece jigsaw puzzle of the Rocky Mountains at sunset** features bright and unique zentangle patterns designed by bestselling artist Brita Lynn Thompson (@zenspiredesigns). This puzzle features: - 1000 pieces - 19.68" x 27.55" dimensions



Late-night Ramen

1000- Piece Jigsaw Puzzle

Alice Oehr

ISBN 9781922417428

Non-traditional book

\$24.95 USA / \$33.50 Can

On-sale September 7, 2021

0 Pages

Rizzoli / Smith Street Gift

New
Title

Not often does a recipe for ramen require **1,000 jigsaw pieces**. That's where the Ramen Puzzle comes in... **Featuring stunning illustrations by Australian artist Alice Oehr, this jigsaw will have you noodling away for hours.** Naturally, this puzzle is best completed alongside some home-delivered ramen from your favorite local Japanese restaurant. Just be careful where you slurp.

